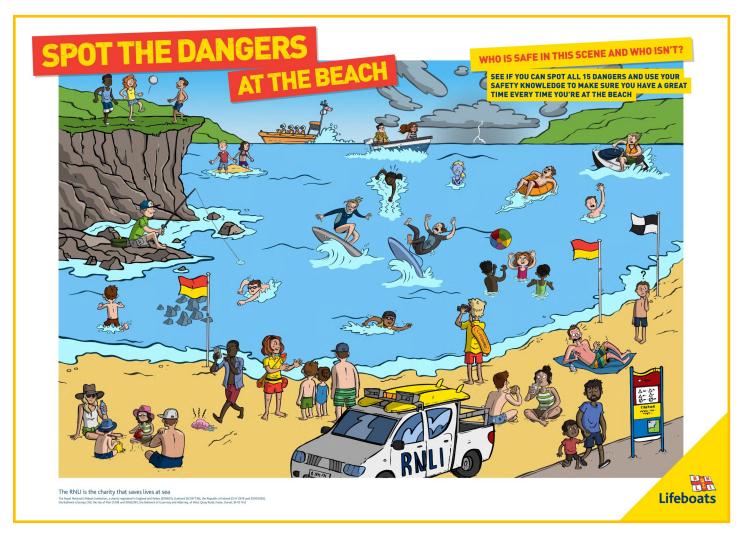


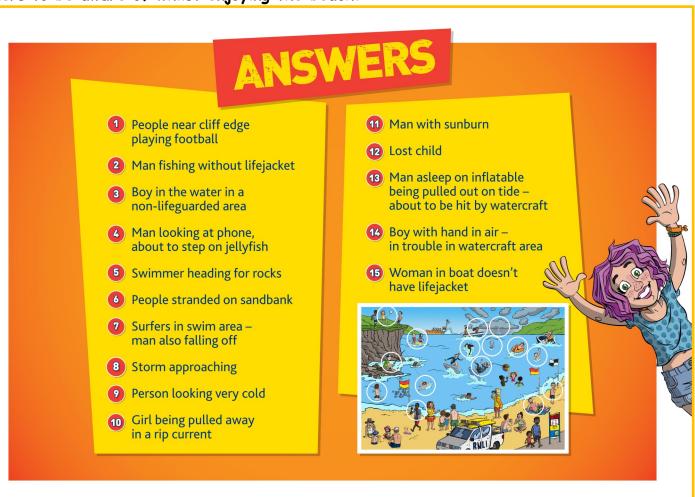
# abergele

Hâf / Summer 2023

Rhifyn / Edition 61



Stay safe this summer on the beach! Cover the answers below and see if you can spot the dangers to be aware of whilst enjoying the beach?



NEGES Y MAER MAYOR'S MESSAGE

#### Annwyl Ddarllenydd

Roedd yn anrhydedd a braint enfawr cael fy ethol yn Faer gan fy nghyd-aelodau o Gyngor y Dref yn ystod ein Cyfarfod Cyffredinol Blynyddol ar Fai 15fed, ac rydw i'n hapus iawn bod fy ngwraig, Gaynor, wedi cytuno i gymryd y rôl o Faeres. Fe hoffwn longyfarch y Cynghorydd Diane Green a etholwyd fel y Dirprwy Faer, ac edrychaf ymlaen at gyd-weithio efo hi drwy gydol y flwyddyn.

Mae'r Cynghorydd Alan Hunter a'i wraig, Cheryl, wedi gwneud gwaith rhyfeddol yn cynrychioli'r dref dros y ddwy flynedd a hanner diwethaf. Roedd eu brwdfrydedd a'u balchter yn y rôl yn amlwg i'w weld, ac mae wedi bod yn bleser cefnogi'r ddau ohonyn nhw fel Dirprwy Faer.

Mae Abergele'n lle ffantastig i fyw ynddo. Rydym wedi'n bendithio gyda golygfeydd trawiadoil a thraeth hardd, ond yn fwy na hyn i gyd mae yna ymdeimlad gwirioneddol o gymuned. Mae Cyngor y Dref yn chwarae rhan allweddol yn gwarchod, meithrin a chryfhau hyn trwy gefnogi'n grwpiau cymunedol, gwella'n hamgylchedd naturiol, a threfnu digwyddiadau cymunedol i bawb eu mwynhau. Rydw i wrth fy modd yn gweld datblygiad prosiect Gele Gwyrdd gyda nifer sylweddol o goed newydd yn cael eu plannu yn ein parciau, ac fe ges i'r pleser, ynghyd â gwirfoddolwyr eraill o

gymryd rhan mewn digwyddiad plannu cymunedol i gyfoethogi'r Ardd Dawel ym Mharc Pentre Mawr.

Dros yr wythnosau nesaf fe fydd fy ngwraig a mi'n mynd i wasanaethau Dinesig y Maerau yn ein trefi cymdogol. Mae bob amser yn bleser cynrychioli'r dref yn y digwyddiadau hyn, ac maen nhw hefyd yn cynnig y cyfle i rwydweithio gyda chynghorwyr eraill, i rannu syniadau ac i chwilio am ffyrdd newydd i gefnogi'n cymunedau.

Enw achos da y byddaf i'n ei gefnogi eleni ydy Cardiac Risk in the Young. Nod yr achos da ydy darparu sgrinio calon ar gyfer pobl ifanc i ganfod cyflyrau calon sydd heb eu darganfod??, a'r mwyafrif helaeth o'r rheiny'n rhai y gellir eu trin yn rhwydd. Fe ddefnyddir unrhyw arian a gesglir i gynnal sesiwn sgrinio rad ac am ddim i drigolion lleol. Rydw i eisoes wedi ymgymryd â chodi arian ar gyfer yr achos da hwn yn dilynl cysylltiad gyda pherson lleol, Adrian Standerwick, a sefydlodd y gronfa goffa Sam Standerwick yn dilyn colled drasig ei fab Sam. Fe deimlais bwysigrwydd hyn ddwy flynedd yn ôl yn dilyn colled dorcalonnus fy nai 24 oed, a fu farw yn ei gwsg o gyflwr calon heb ei ddarganfod y gellid bod wedi ei drin yn hawdd.

Rydw i'n wirioneddol edrych ymlaen at y flwyddyn i ddod, ac os bydd yna unrhyw ddigwyddiad yr hoffech chi i mi fod yn bresennol ynddo, cysylltwch â Neuadd y Dref os gwelwch yn dda, Diolch i chi i gyd. Y Cynghorydd Charlie McCoubrey, Maer Abergele 2023 - 2024

#### Dear Reader

It was a huge honour and a privilege to have been elected Mayor by my fellow Town Council members at our Annual General Meeting on the 15th of May and I am delighted that my wife Gaynor has agreed to take on the role of Mayoress. I would like to extend my congratulations to ClIr Diane Green who was elected as Deputy Mayor and I look forward to working closely with her throughout the year.

Cllr Alan Hunter and his wife Cheryl have done an amazing job representing the town for the last two and a half years. Their enthusiasm and pride in the role was clear to see and it has been a pleasure supporting them both as Deputy Mayor.

Abergele is a fantastic place to live. We are blessed with stunning scenery and a beautiful beach but above all there is a really strong sense of community. The Town Council plays a vital role in protecting, nourishing and supporting this growing by community groups, improving our natural environment and organising community events for all to enjoy. I am delighted to see the progress of the Green Gele project with substantial numbers of new trees being planted in our parks and I had the pleasure along side other volunteers of taking part in community planting event to enhance the Quiet Garden in Pentre Mawr park.

Over the next few weeks my wife and I will be attending the Civic services of Mayors in our neighbouring towns. It is always a pleasure to represent the town at these events and they also provide the opportunity to network with other councillors, share ideas and look for innovative ways to support our communities.

The charity I will be supporting this year is called Cardiac Risk in the Young. The aim of the charity is to provide heart screening for young people to pick up undiagnosed heart conditions, the vast majority of which are eminently treatable. Any monies raised will be used to host a free screening session for local residents. I have previously been involved in fundraising for this charity after being contacted by a local resident Adrian Standerwick who set up the Sam Standerwick memorial fund following the tragic loss of his son Sam. The importance of this was tragically brought home to me two years ago following the heart breaking loss of my 24 year old nephew who passed away in his sleep from an easily treatable but sadly undiagnosed heart condition.

I am really looking forward to the following year and if there are any events that you would like me to attend please contact the Town Hall. Diolch y galon i chi gyd.

Cllr Charlie McCoubrey, Abergele Mayor 2023 - 2024

# Cyfarfod Blynyddol 2023



Above Mayor Cllr McCoubrey (centre) with Chair of Llanddulas (left) and Towyn & Kinmel Bay Mayor (right)



Mayor Cllr Charlie McCoubrey



Mayor Cllr Charlie McCoubrey (centre) with Brian Roberts and Richard Waters 'The Freemen of our Town'

Fe fu Cyfarfod Blynyddol cyntaf wyneb-yn-wyneb y Cyngor yn dilyn y pandemig ddydd Llun, Mai 15fed, 2023.

Fe gyflwynodd y Cynghorydd sy'n ymddeol, Alan Hunter, Wobr Flynyddol y Maer am gyfraniad eithriadoli'r gymuned i Pam Lake o'r Hummingbirds, a diolchodd iddi am ei holl waith caled dros y flwyddyn. Yna fe gyflwynodd y Cynghorydd Hunter Dystysgrif Cydnabyddiaeth i George Frost a Carl Bishop am eu teyrngarwch i Glwb Camera Abergele ac am gofnodi cymaint am ein tref dros y blynyddoedd.

Fe roddodd y Cynghorydd Alan Hunter drosolwg o'r ddwy flynedd a hanner diwethaf fel Maer a'r digwyddiadau teimladwy a oedd wedi bod yn ystod ei gyfnod, gan gynnwys y pandemig Covid a'r dychwelyd araf i fywyd normal, agor nifer o fusnesau yn y dref, ymweliadau i ysgolion, cartrefi gofal a llochesi cysgod. Fe aeth o a'r Faeres i bron bob un digwyddiad y cawsant wahoddiad iddyn nhw, gan gynnwys Jiwbili Platinwm y Frenhines a goleuo'r Ffagl. Dri mis yn unig yn ddiweddarach daeth y cyhoeddiad am farw'r Frenhines Elizabeth II, ac i ddilyn hynny Gyhoeddi'r. Brenin Charles III.

Eleni fe wahoddwyd y Cynghorydd Faer sy'n ymddeol i fynd i Goffadwriaeth yr Holocost am y tro cyntaf ers tair blynedd, a chafodd yr anrhydedd o oleuo un o'r chwe channwyll , pob un yn cynrychioli 1 miliwn o fywydau Iddewig a gymerwyd yn ystod yr Holocost.

Fe gefnogodd o nifer o achosion da, ac fe elwodd Sant Cyndeyrn o fwy na £12 mil, gyda cherdded asgell awyren diweddar y Faeres yn codi £4 mil o'r cyfanswm terfynol.

Fe ddiolchodd y Maer newydd, y Cynghorydd McCoubrey, i'w gyd-aelodau am yr hyder a ddangoswyd ynddo. Dywedodd y Cynghorydd McCoubrey ei fod wedi symud i Lansansiôr yn 1992, gyda chariad at rygbi, a symud i'r dref yn 2000. Yna fe roddodd drosolwg o'i amser gyda Chlwb Rygbi Abergele, a'r croeso cynnes a gafodd gan y gymuned. Dywedodd ei fod yn falch o Gyngor y Dref a rôl y Maer.

Cllr Mayor McCoubrey with his Chaplain Rev. Kate Johnson





Deputy Mayor Cllr Diane Green



# Annual Meeting 2023



Mayor and Mayoress Gaynor McCoubrey



Members of Abergele Town Council (above centre)



Mayor & Deputy Mayor

The first face-to-face Annual Meeting of the Council following the Covid Pandemic took place on Monday 15<sup>th</sup> May 2023.

The Retiring Mayor Cllr. Alan Hunter presented the Annual Mayor's Award for outstanding achievement in the Community to Pam Lake from the Hummingbirds and thanked her for all her hard work over the year. The Retiring Mayor then presented a Certificate of Recognition to George Frost and Carl Bishop for their dedication to the Abergele Camera Club and recording so much of our town over the years. The Retiring Mayor Cllr. Alan Hunter, gave an overview of the last two and a half years as Mayor and the

The Retiring Mayor Cllr. Alan Hunter, gave an overview of the last two and a half years as Mayor and the poignant events that had taken place during his reign including the Covid pandemic, and the slow return to normal life, the opening of numerous businesses in the town, visits to school, care homes and sheltered accommodation. He and the Mayoress attended almost every event that they were invited to, including the Queen's Platinum Jubilee and the lighting of the Beacon. Just three months later came the announcement of the passing of Queen Elizabeth II, followed by the Proclamation of King Charles III.

This year the Retiring Mayor was invited to attend the Holocaust Memorial in person for the first time in three years and was privileged to light one of six candles, each representing 1 million Jewish lives taken during the Holocaust.

He supported several charities and St Kentigern benefitted in excess of £12k with the Mayoress' wing walk recently raising over £4k of the grand total.

The new Mayor Cllr. McCoubrey thanked his fellow members for the confidence placed in him. Cllr McCoubrey stated that he moved to 5t George in 1992, with a passion for Rugby and moved to the town in 2000. He then provided an overview of his time with Abergele Rugby Club, and the warm welcome he was given by the Community. He stated that he is proud of the Town Council and the role of Mayor.



Retiring Mayor Cllr Alan Hunter presenting his
Annual Award to Pam Lake of from
Hummingbirds (right) and presenting
Certificates of Recognition to Carl Bishop &
George Frost (centre)





#### Y BRENIN CORONI / KING'S CORONATION 2023

Abergele Town Council were pleased to be able to provide local clubs and organisations with grants of up to £250.00 each to support a celebration of the King's Coronation. Here are some of the celebrations that took place.



Fe ddigwyddodd llawer o ddathliadau!



Lots of celebrations took place!







#### Coronation Celebration - Abbeyfield House

At Abbeyfield House in Abergele and to celebrate the Coronation of King Charles III, residents, families, 'The Friends of Abbeyfield' and Staff joined together and enjoyed a wonderful Coronation Lunch on May 7th. This was all home made and prepared by House Manager Helen and Area Manager Gill and was certainly fit for a King.

While enjoying both a cold and hot buffet which included a lovely Coronation Cake, all were entertained by local musicians Rosa and Mike who sang songs from different eras with the residents joining in. Later in the afternoon some even took to the floor with their own version of Strictly Come Dancing!

A wonderful time was enjoyed by all and grateful thanks go to Abergele Town Council for the grant received towards the celebration at Abbeyfield House.

#### Coronation Celebration - Dewi Sant Drop In

Thanks to our special Coronation grant from Abergele Town Council, the weekly Dewi Sant Drop In at Canolfan Dewi Sant Centre was able to have a right royal celebration on Thursday 4<sup>th</sup> May!

The whole room was decked out in an array of red white and blue, with bunting, flags, table cloths, special party plates and cups - and every one had a golden (cardboard) crown to wear if they wanted tol

Everyone enjoyed a gorgeous, sumptuous buffet with both savoury and sweet food available. There was music to keep everyone entertained and even some games of Pass The Parcel which resulted in lots and lots of fun and laughter around the room.

It was a wonderful event, enjoyed by everyone who attended. A great big thank you to Abergele Town Council for the special grant - Diolch yn fawr.

#### Y BRENIN CORONI / KING'S CORONATION 2023

Cystadleuaeth y Maer - Ffenestr Coroni'r Brenin / The Mayor's - Kings Coronation Window Competition















Safle Cyntaf / First Place Flamingo Babywear

Ail Safle / Second Place North Clwyd Animal Rescue

Trydydd Safle / Third Place **Edwards Opticians** 

Diolch i'r holl fusnesau a sefydliadau a gymerodd ran / Thank you to all the businesses and organisations that took part.









#### Newyddion Cyngor y Dref parhad...

Gele Gwyrdd - Mae Pwyllgor y Cynllun Lleoliad wedi bod yn cadw golwg ar y gwaith sydd wedi ei wneud ar Gele Gwyrdd. Mae hwn yn fuddsoddiad ar raddfa fawr yn ein mannau gwyrdd agored lleol, yn helpu i'w gwneud yn lleoedd gwell ar gyfer bioamrywiaeth a pheillwyr. Fe fydd yna hefyd ardal ddigwyddiadau ddynodedig newydd yn cael ei chreu ym Mharc Pentre Mawr. Y bwriad ydy i alluogi grwpiau cymunedol i gynnal digwyddiadau sydd yn hylaw i bawb, ac i'w gwneud yn haws i gael cerddoriaeth fyw, ffeiriau, sesiynau addysg awyr-agored, a.y.y.b.

Dros y ddau fis diwethaf fe fu yna 6 digwyddiad plannu Cymunedol. Diwrnod ardderchog gyda disgyblion Ysgol Glan Morfa, yn dysgo 100 o ddisgyblion sut i blannu planhigion peillio-gyfeillgar, a pham yr ydym yn gwneud hynny. Roedd yna sesiynau plannu rhagorol yn ystod hanner tymor, ac yn ystod y nosweithiau, gyda llawer o drigolion yn gwirfoddoli eu hamser i blannu'r ardd dawel. Fe ddaeth Sgowtiaid Abergele hefyd i helpu gyda'r plannu un gyda'r nos.

Mae'n ardderchog cael cymaint o berthynas gyda natur - yr union ganlyniad yr oedd y prosiect yn anelu ato. Mae gan y plannu gytundeb cynnal a chadw dwy flynedd yn gysylltiedig ag ef, er mwyn gofalu bod gan y planhigion y cyfle gorau i ffynnu.

Prosiect Jiwbili'r Frenhines - Fe anrhydeddwyyd Jiwbili'r Frenhines ar draws Abergele gydag amrywiaeth o brosiectau gwyrddu. Fe blannwyd twnnel helyg byw ym Mharc Pentre Mawr, yn agos at y pyllau dŵr, fel man chwarae naturiol i blant. Fe fydd yr helyg yn ychwanegu at Incredible Edibles Butterfly Garden, a dros amser yn caniatáu i brysgoed helyg ddatblygu'r ardd ymhellach.

Fe blannodd gwirfoddolwyr gweithgar Eglwys Sant Mihangel wrych o amrywiol rywogaethau hardd ar hyd ymyl y fynwent. Fe fydd hwn yn darparu cynefin gwych i adar nythu, a phaill i wenyn a thrychfilod.

Fe osoodd Ysgol Gynradd Llansansiôr dwnnel helyg arall, ac ychwanegu bwa helyg. Fe olyga hyn ardal dawel hardd i'r disgyblion eistedd, darllen ac i werthfawrogi natur.

Gobeithio y byddai Ei Mawrhydi, y Frenhines Elizabeth II, yn cymeradwyo'r buddsoddiad hwn mewn natur ac yn addysg ein plant.

Angen Gwirfoddolwyr - Mae gan y Cyngor lawer o syniadau rhagorol ar gyfer Abergele, ond er mwyn gallu eu gwireddu mae arnyn nhw angen pobl ragorol hefyd. Os gallwch chi wirfoddoli, hyd yn oed am awr neu ddwy'n unig y mis, yna fe fyddai 'In Bloom Group', Friends of Abergele Train Station, Abergele District Action Group ac Incredible Edible i gyd yn hapus iawn i glywed gennych. Cysylltwch â Chyngor Tref Abergele am fwy o anylion: info@abergeletowncouncil.gov.wales

#### Town Council News - Place Plan

Green Gele - The Place Plan Committee has been overseeing the work carried out on Green Gele. This is a large scale investment in our local green spaces, helping to make them better for biodiversity and pollinators. There will also be a new designated events space created in Pentre Mawr Park. The intention is for community groups to be able to host events that are accessible for everyone, and to make it simpler to have live music, fairs, outdoor education sessions etc.

Over the last couple of months there have been six Community planting events. A fabulous day with Ysgol Glan Morfa, teaching 100 students how to plant pollinator friendly plants and why we do it. There were some great planting sessions during half term and in the evenings, with many residents volunteering their time to help plant up the quiet garden. Abergele Scouts also came along one evening to help with the planting too.

It's wonderful to have so much engagement with nature - exactly the outcome the project was aiming for. The planting has a two year maintenance contract attached to it, in

order to ensure



that the plants have the best chance of flourishing.

Queen's Jubilee project - The Queen's Jubilee was honoured across Abergele through a variety of greening projects. A living willow tunnel was planted in Pentre Mawr Park, near the ponds, as a natural play feature for children. The willow will add to Incredible Edibles Butterfly Garden and over time provide willow coppice to develop the garden further.

The hard working volunteers at St Michael's Church planted a lovely mixed species hedge along the border of the cemetery. This will provide wonderful habitat for nesting birds, pollen for bees and insects.

St George Primary School installed another willow tunnel and added a willow dome. This will make for a beautiful quiet space for children to sit, read and appreciate nature.

Hopefully HM Queen Elizabeth II would approve of this investment in nature and our children's education.

Volunteers needed - The Council have many great ideas for Abergele but to implement them they require great people too. If you can volunteer, even just for an hour or two a month then the 'In Bloom' group, Friends of Abergele Train Station, Abergele District Action Group and Incredible Edible would all be most happy to hear from you. Please contact the Abergele Town Council for more details: info@abergeletowncouncil.gov.wales

#### Newyddion Cyngor y Dref parhad...

#### Town Council News - Place Plan

Blaenoriaeth rhestr Cynllun Lleoliad. Bydd y prosiectau'n cysylltu gyda phwy a fydd yn eu rheoli/Place Plan Priority list - The projects we will be consulting on and who manages them

Mae wedi bod yn 7 mlynedd ers y Ymgynghoriad Cynllun Lleoliad cyntaf. Gyda swyddog Cynllun Lleoliad yn bod, a nifer o brosiectau wedi eu cwblhau, ac ar fynd, mae'n amsed da i adolygu'r ymgynghoriad gyda thrigolion Abergele. Cadwch lygad am yr Hyfforddwr Cynllun Lleoliad allan ac o gwmpas, yn cynnal gweithdai ar arolygon i gasglu'ch meddyliau chi. Fe fydd cyfle i roi adborth ar y cynlluniau'n bersonol, mewn ysgrifen a thrwy gwestiynau ar-lein.

It has been seven years since the initial Place Plan Consultation. With a Place Plan officer in position and a number of projects both completed and underway, it is a good time to review the consultation with the residents of Abergele. Please keep an eye out for the Place Plan Facilitator out and about, hosting workshops and surveys to gather your thoughts. There will be an opportunity to give feedback on the plans in person, through written and online questionnaires.

Managed by Place Plan and Abergele Town Council

in conjunction with community groups and Conwy

#### Yn cael eu Lleoliad gan y Cynllun Rheoli a Chyngor Tref Abergele ynghyd â grwpiau cymunedol a Chyngor Bwrdeistref Sirol Conwy.

- Prosiect cyfeirbwyntiau
- Cyfleusterau cyhoeddus
- Gwella ar du blaen siopau
- Glanhau strydoedd
- Hyrwyddo'r Promenâd
- Trefi harddach
- Wi-Fi ar gyfer y Promenâd
- Hyrwyddo Menter Yr Iaith Gymraeg
- Rhaneiroedd
- Hyrwyddo safleoedd hanesyddol
- Gwella Parc Pentre Mawr
- Cefnogwyr Dryswch Meddwl
- Sied y Dynion/Hwb Cymunedol Sied y Merched
- Datblygu Pensarn a Belgrano

# Dementia Champions Men shed/She shed Community hub Pensarn and Belgrano development

Menter Iaith - Welsh Language Promotion

#### Yn cael eu rheoli gan Lywodraeth Cymru, Cyngor Bwrdeistref Sirol Conwy, a'r Bwrdd Adfywio.

- Maint ysgolion a chynllun ar gyfer gwelliant
- Rheoli'r traeth triphlyg SSI ym Mhensarn i Dŷ
   Crwn
- Rheoli trafnidiaeth
- Datblygiad Pensarn a Belgrano
- Datblygu'r mynediad o'r dwyrain
- Maes chwaraeon 4G a chyfleusterau
- Cynlluniau teithio gweithredol
- Y fynwent
- Llwybr y pwmp
- Pontydd Ffordd y Môr a Primrose Hill

## Managed by Welsh Gov, Conwy Borough County Council and the Regeneration Board.

- School capacity and improvement plan
- Beach management of triple SSI at Pensarn to Ty Crwn
- Traffic management

Borough County Council.

Waymarker project

Public conveniences

Enhance Promenade

Wi-Fi for Promenade

Promotion of Historical sites

Improve Pentre Mawr Park

Street Cleaning

Smarter Towns

Allotments

Improve shop fronts

- Pensarn and Belgrano development
- Eastern Gateway development
- 4G Sports pitch and facilities
- Active travel schemes
- Cemetery
- Pump track
- Sea Road and Primrose Hill Bridges





# COED WOR GARDEN MAKEOVER



Jan Williams, Community Champion form Tesco Abergele recently undertook a makeover at Coed Mor Residential Home in Abergele. The home backs on to Tesco and has been very patient since Tesco was built with additional noise, traffic and footfall; which was the reason behind Jan and her helpers wanting to give something back to them.



Abergele Town Council Deputy Mayor Cllr Diane Green attended the garden makeover celebration, along with other councillors and guests, who enjoyed the new plants and accessories, along with refreshments and sweet treats provided by both Coed Mor Residential home and Tesco.

The project was also supported by both Men's Shed and SheShed in Abergele, their help and involvement was greatly received.



Community Champion Jan Williams, pictured above right, along with her colleague Mary, left and Coed Mor Manager Sammy centre, told us that her book stall in Tesco also helped provide funds for the makeover project; she is grateful customers who donate and purchases the books which provide funds for projects such as this.



Left: Jan Williams, Community Champion for Tesco Abergele Branch with the bench made, engraved and donated by Abergele Men's Shed.

Right: Some of the new garden accessories and plants, some of which were provided from the Tesco store with support from the new Store Manager, Liam Cahill.



S E Please list in order of your priority the top five priorities that you feel that Abergele Town Council should consider during this election period. This could be as part of a joint partnership with other bodies such as Conwy County Borough Council on matters for example traffic management, lighting schemes or matters that the Town Council can carry out alone. This can be part of a project or a matter for Council to consider as part of its best practice i.e. Abergele Placeplan; Sustainable Development; use of resources; community engagement etc.

Please return your completed form to the Town Hall by 31/08/23 for collation and members future observations. The top five priorities, once approved, could then be issued to the public for their consideration as part of the community engagement process.

Priority Number	Project Title	Brief description of the project	For Office use
1			
2			
3			
4			
5			

#### Rhestr Blaenoriaethau 2023

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Rhestrwch yn nhrefn eich blaenoriaeth y pum blaenoriaeth uchaf y teimlwch y dylai Cyngor Tref Abergele eu hystyried yn ystod cyfnod yr etholiad hwn. Gallai hyn fod fel rhan o bartneriaeth ar y cyd â chyrff eraill megis Cyngor Bwrdeistref Sirol Conwy ar faterion er enghraifft rheoli traffig, cynlluniau goleuo neu faterion y gall y Cyngor Tref eu cyflawni ar ei ben ei hun. Gall hyn fod yn rhan o brosiect neu'n fater i'r Cyngor ei ystyried fel rhan o'i arfer gorau h.y. Cynllun Lle Abergele; Datblygu cynaliadwy; defnydd o adnoddau; ymgysylltu â'r gymuned ac ati.

Dychwelwch eich ffurflen wedi'i chwblhau i Neuadd y Dref erbyn 31/08/23 i'w choladu a sylwadau'r aelodau yn y dyfodol. Gallai'r pum prif flaenoriaeth, ar ôl eu cymeradwyo, gael eu cyhoeddi wedyn i'r cyhoedd eu hystyried fel rhan o'r broses ymgysylltu â'r gymuned.

Rhif blaenoriaeth	Teitl y Prosiect	Disgrifiad byr o'r prosiect	At ddefnydd y Swyddfa	A
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# Canolfan Dewi Sant Centre - What's On...

Canolfan Dewi Sant Centre in Pensarn is very busy with a packed diary of various activities and groups available.

Everyone is welcome to the weekly Church in Wales Service which takes place here on Tuesdays at 10.30am. There are many community support groups here plus Pensarn Food Share; Martial Arts for all ages with Pritchard's Martial Arts; Habit Fitness; Walk Fit Aerobics classes, Yoga and Chair Yoga; Children's Clothes Share; Citizens Advice Conwy; Abergele Stroke Club; Abergele U3A groups; Welsh Blood Service; Singsation Pop Choir; Hearing Aid Clinic; Eat Well Spend Less programme.

Jo Leslie of the North Coast of Wales Centre of Mission also has various community groups here including a Community Meal, Young at Heart for over 55s, a Menopause Café, BB's Brunch Bunch and a Transform Service at 11am on Sundays.

The Dewi Sant Drop In takes place here every Thursday from 9.30am to 12 noon. This is open to everyone to drop in for a cuppa and a chat.

To find out more about any of these activities or to enquire about booking rooms here, please contact Theresa Curran on 07975 543020, find Canolfan Dewi Sant Centre on Facebook, email <a href="mailto:dewisant@btconnect.com">dewisant@btconnect.com</a> or go to <a href="https://www.dewisantcentre.com">www.dewisantcentre.com</a>





Open to everyone Join us for a cuppa, a chat and some company

Canolfan Dewi Sant Centre, South Parade, Pensarn



#### ABERGELE BRANCH, ROYAL BRITISH LEGION

Time flies past, it is now not very far away from our 100th year of helping the ex service community and their families. The Branch, your Branch, still carries out this task, although the ex service community is gradually shrinking.



To bolster your spirits and to let you see what is done, the Branch, in conjunction with the wonderful staff of Gwrych Castle, will hold a Militaria style day on Saturday 18th May 2024, seems a long way off, but, it will soon be here. We are looking for any Ex Service Organisation who would like to place a stand on that day and, or, any type of display, involving militaria. Please help, even by volunteering yourself.

There will be Church Services at Abergele and Towyn and we hope to run two "thank you" events, dates and venues to be confirmed.

Please watch out for more info, or contact us, we would love to meet you. This event is important to us as it should be to you.

Iain on 07539372589 or Ken on 07450117086.

Thank you.

# Sesiynau Chwaraeon yr Haf AM DDIM 2023







5 to 12 mlwydd oed

Every Dydd Mawrth starting 25th Gorffennaf Gele Park, Abergele 10am till 11am Pentre Mawr Park, Abergele 1pm till 2pm

Every Dydd Iau starting 27th Gorffennaf

Pentre Mawr Park, Abergele 10am till 11am Gele Park, Abergele 1pm till 2pm



CARIBBEAN CHWARAEON



**SCAN ME** 

l archebu lle cymryd llun o'r cod QR uchod neu defnyddiwch y cyswllt isod

https://bookwhen.com/kickitsports



07738764274

# FREE Summer Sports Sessions 2023







5 to 12 Years Old

### **Every Tuesday Starting 25th July**

Gele Park, Abergele 10am till 11am Pentre Mawr Park, Abergele 1pm till 2pm

### **Every Thursday Starting 27th July**

Pentre Mawr Park, Abergele 10am till 11am Gele Park, Abergele 1pm till 2pm





SCAN ME

To book a place please take a photo on the QR code above or use the link below

https://bookwhen.com/kickitsports



07738764274

#### St Kentigern Hospice Fundraiser Events

#### Pamper Party

Celebrate, Recognise and Network was the idea behind the Pamper Party at Abergele Golf Club organised by Rhian Clarke in aid of St Kentigern Hospice. Rhian is an active member of the Abergele Support Group which was established in the Spring of 2010 in an effort to raise funds and awareness for St Kenitgern Hospice by holding events and functions all year round.

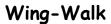
Guests were welcomed with a glass of Prosecco and home-made canapes. Businesses within the local area who provide products or services in the beauty and healthcare industries were invited to set up market stalls at the event. Also in attendance were local Ambassadors of Tropic Skincare.

Rhian said "the party was a way to celebrate and value what wonderful opportunities we have on our doorstep and to recognise and have time to reflect on how we can take better care of ourselves. A time to catch up

with old friends and make new ones whilst knowing that all funds raised would be going to a very much needed local provider of specialist cancer care. My sincere thanks for every single person who made this goal a reality".

Jennifer Mainstone, Chair of the Abergele Support Group said "we are eternally grateful to the local community for always stepping up and supporting the numerous events which we organise every year and look forward to sharing a few more surprises with you in the next few months - watch this space!"

St Kentigern Hospice wishes to thank Rhian Clarke for her efforts in organizing the event and for raising an incredible £1,076.60 for St Kentigern Hospice. All donations for the Hospice go towards providing specialist palliative care for the local community.



On the 22nd April Cheryl Hunter took to the skies to complete a Wing-Walk to raise money for the hospice in memory of her father, James Miller Irvine.

She raised an incredible £4019.70 doing this thrilling challenge which will go a long way to supporting the hospice in providing care and support for patients.

This is something Cheryl has been excited about doing for a few years, she admitted "I'm actually looking forward to it.

"It's strange because I would never do a bungee jump; I would not put an elastic band around my ankles and jump off something. But after seeing a picture of someone wing-walking a couple of years ago I just thought that I would love to do it, and why not fundraise while doing it." Cheryl thanked all those who supported her and gave donations.

Cheryl's fantastic journey started from Leeds East Airport where the biplane rose to 700ft and hit speeds of 110mph.

Will Holliday Hospice champion & community fundraiser said "We here at the hospice are so grateful for Cheryl's amazing fundraising efforts and her immense bravery"

If this is a challenge you would like to take get in touch with the fundraising team on 01745 585221 or email mail@stkentigernhospice.org.uk









#### **Newyddion Lleol**

#### **Local News**



#### Foodbank opening hours

Mondays <u>Abergele</u> 10am – 2pm
Tuesdays <u>Kinmel Bay Church</u> 11am - 1pm
Wednesdays <u>Abergele</u> 10am – 2pm
Thursdays <u>Abergele</u> 10am – 2.00pm
Fridays <u>Kinmel Bay Church</u> 11am - 1pm



Thank you to all our supporters for your generous donations of time, money, and food. Without you we would not be able to do what we do!

The Foodbank continues to provide compassionate support to people facing increasing difficult situations.

If you need help with emergency food, benefits advice or are finding that you are struggling with debt then please contact us and we will see what we can do to help.

Abergele Foodbank: 07851 982512 (speak to Sam)

Kinmel Bay Foodbank: 01745 369450 (speak to Elaine)

E-mail: info@abergeledistrict.foodbank.org.uk

#### Abergele Foodbank

Booking Office at Platform 2, Abergele & Pensarn Station, Station Approach,

Pensarn

LL22 7PQ

OPEN Mondays, Wednesdays and Thursdays

10am - 2pm

#### Kinmel Bay

Kinmel Bay Church 83 St Asaph Avenue

Kinmel Bay LL18 5EY

**OPEN** Tuesdays and Fridays

11am - 1pm



#### HYSBYSEBU RHAD!

Fe hoffai Cyngor Tref Abergele groesawu busnesau newydd sydd wedi agor yn ddiweddar yn Abergele / Pensarn.

Mae hawl gan unrhyw fusnes lleol i ofod rhad ar ein gwefan, ac fe gynhwysir eich cyflwyniad ar ein tudalennau cyfrwng cymdeithasol hefyd Peidiwch ag oedi.

Ymwelwch â'n gwefan heddiw.

www.abergelepensarn.co.uk

#### FREE ADVERTISING!

Abergele Town Council would like to welcome new businesses which have recently opened in Abergele/Pensarn.

Any local business is entitled to a free listing on our website and your submission will be posted on our social media pages too.

Don't delay, visit our website today...

www.abergelepensarn.co.uk

THE VIEWS AND/OR OPINIONS EXPRESSED IN THIS NEWSLETTER DO NOT NECESSARILY REFLECT THOSE OF THE TOWN COUNCIL NID YW'R SAFBWYNTIAU A FYNEGIR YN Y CYLCHLYTHYR HWN O REIDRWYDD YN ADLEWYRCHU SAFBWYNTIAU CYNGOR Y DREF



#### CHWARAE ALLAN - ABERGELE



#### **Pryd: Dydd Iau**

Dyddiad: 17 Awst & 31 Awst

Lle: Pentre Mawr, Abergele, **LL22 7LL** 

Amser: 1:30 - 3:30

ARIENNIR GAN LYWODRAETH CYMRU



Llywodraeth Cymru Welsh Government



Mae chwarae allan yn gyfle i chwarae, mwynhau, gwlychu, baeddu a gwneud ffrindiau.

Mae pob sesiwn yn agored, sy'n golygu bod plant yn gallu mynd a dod fel maent yn dymuno.

Mae croeso i blant dan 5 oed ddod ond mae'n rhaid iddyn nhw fod yng nghwmni oedolyn cyfrifol.







#### PLAYING OUT - ABERGELE

When: Thursday's Date: 17th Aug & 31st Aug

Where: Pentre Mawr, Abergele, **LL22 7LL** 

Time: 1:30pm - 3:30pm

SESSION HAVE BEEN FUNDED BY WELSH GOVERNMENT



Llywodraeth Cymru Welsh Government



Playing out is the chance to play, have fun, get wet, messy and muddy and make friends.

All sessions are open access, which means that children are able to come and go as they please.

Under 5's are welcome but must be accompanied by a responsible adult.





# Professional & Friendly Advice from

Abergele's only Insurance Broker



MOTOR

**BUSINESS** 

LANDLORDS

TRAVEL

STATIC CARAVANS

MOTOR BREAKDOWN

Contact us on: 01745 825142 Email us at: enquiries@abergeleinsurance.co.uk

Call in to: 17 Chapel Street, Abergele LL22 7AW

Mongole Insurance Canoultants List is Authorised and Pagulated by the Financial Conduct Authority.





Prefer to receive a digital copy of the Newsletter straight to your inbox? Please email on the address below and we will add you to our electronic mailing list.

info@abergeletowncouncil.gov.wales







# abergele



#### https://www.abergelepensarn.co.uk

Mae'r wefan yma i helpu i hyrwyddo diddordebau, gweithgareddau a gwybodaeth am ardal Abergele i bawb sy'n dymuno gwybod.

Os ydych am i'ch neges gyrraedd y gymuned , ymwelwch a'r wefan i weld sut y gallai weithio i chi. Boed y ddigwyddiad cymunedol, yn apel am wirfoddolwyr, neu ddim ond poster i ddweud pwy ydych a beth yr ydych yn ei wneud, anfonwch eich gwybodaeth i:

The website is here to help promote interests, activities and information about the Abergele area to all who want to know.

If you want to get your message out to the community, visit the website to see how it could work for you. Whether it's a community event, an appeal for volunteers or just a poster saying who you are and what you do, send your information to:

info@abergeletowncouncil.gov.wales



#### Abergele Stroke Club / Clwb Stroc Abergele



Have you survived a Stroke?

Abergele Stroke Club meets on a Thursday every fortnight at the Canolfan Dewi Sant, Pensarn and we welcome all stroke survivors and their helpers

We continue to have lots of fun and informative sessions planned and we welcome new members and volunteers.

You can email us on: abergelestrokeclub@hotmail.com



Abergele Town Council would like to offer all clubs, associations, and charities the opportunity to inform our readers what is available to them in Abergele. We ask you to send no more than a 150 word article in a Word document together with one jpeg file of your logo or a photo no later than the closing date on the rear page of the Newsletter.

Fe hoffai Cyngor Tref Abergele gynnig y cyfle i bob clwb, sefydliad ac elusen i hysbysu'n darllenwyr beth sydd ar gael iddyn nhw yn Abergele. Gofynnwn i chi anfon erthygl o ddim mwy na 150 gair mewn dogfen Word, ynghyd ag un ffeil jpeg o'ch logo neu lun, ddim hwyrach na'r dyddiad cau ar dudalen ôl y Cylchlythyr.



#### CLWB RYGBI **ABERGELE**

Another successful season for each of the groups. Despite a slow start, the men's team have built a strong squad of players and finished a credible mid position with table

some impressive results in the latter part of the season.

The women's section are in pole position to again be crowned North Wales Women's League Champions, pending some decisions on cancelled matches, and are looking to organise some cross border fixtures next season to ensure more 'game time'.

The future is looking bright as; for the first time in a number of years; we will have a men's youth team. These are players who joined the mini section of the club and have gone through the age groups and are now getting ready to join the senior section. The club now host Dreigiau Glanau; the women's local U18's hub, which should also provide the senior women's team with our players of the future.

The junior section continue to grow with new players joining the 'Clwb Rygbi Abergele family' on a weekly basis.

All sections have had their end of season prize giving and dinners or fun days and are already looking forward to the start of training for the new season.

We currently have over 300 players across the 3 sections but we are always on the lookout for players of virtually any age and ability and also volunteers who feel they could find a little time each week to out. The Club website is: abergele.rfc.wales and Facebook page: https:// www.facebook.com/CRAbergele/ please log on to keep up to date with your local rugby team.

1st Abergele cubs have been **SCOULS** involved in planting at Pentre Mawr Park with ATC Placeplan 1st Abergele (St. Michael's) facilitator Jesse Locke which Conwy/Eryria Môn

was enjoyed by all on a lovely warm summer evening.

The Scouts have lots of fun activities being held during the summer including visits to the Llyn Brenig, joint camping trip with Colwyn Bay group and other summer activities.

Please contact Group Scout Leader Nick for more information: twohootsnow@aol.com

1st Abergele(St Michael's) Scout Group



Abergele 1st Rainbows for ages 4—7 meet on Wednesdays (Term-Time ONLY) 5.30pm—6.30pm in the Old People's Club, Church Walks, Abergele. For more information please contact:

2ndabergelerainbows@gmail.com

07752745421-Helen



Abergele 2nd Brownies for ages 7—10 years, meet on Wednesdays (Term-Time ONLY), 6.45pm—7.45pm in the Old People's Club, Church Walks , Abergele. For more information please contact:

2ndabergelebrownies@gmail.com

07752745421-Helen



Abergele 1st Guides for ages 10—14, meet on Wednesdays (Term-Time ONLY), 8pm—9pm, in the Old People's Club, Church Walks, Abergele. For more information please contact:

2ndabergeleguides@gmail.com

07752745421-Helen

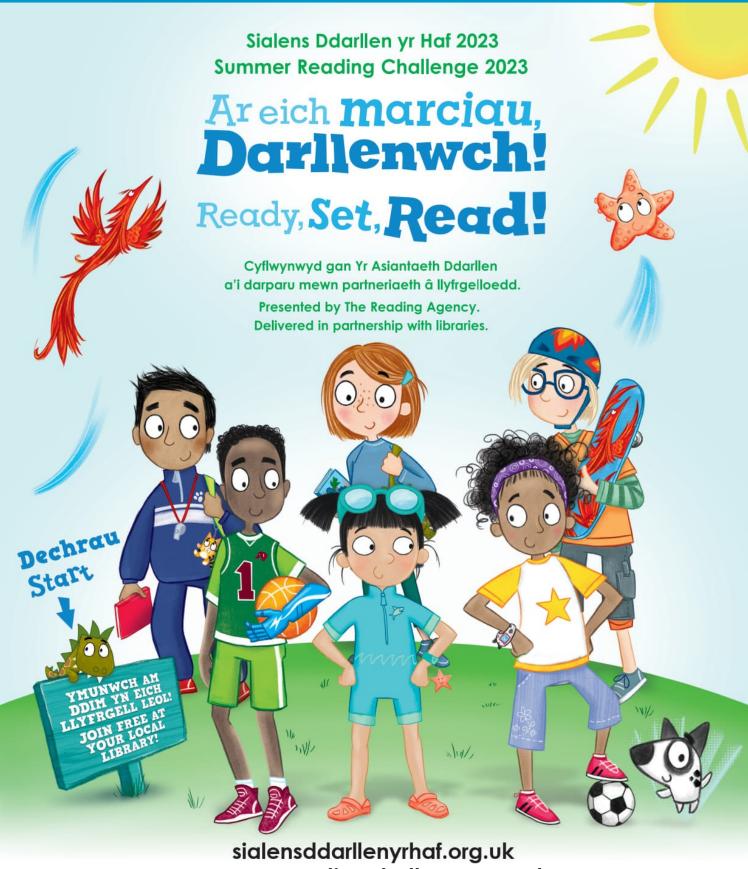




/DementiaFriends

Here at Abergele Youth Shed we run activities throughout the week and half term including our workshops and activities based between ages of 10-20.

We have sessions and activities all through the week during the summer holiday, we will also be working with Conwy Connect to bring ASD sessions to the shed at least one session a week. All information and updates will be on our website and facebook page: <a href="https://www.abergeleyouthshed.org">www.abergeleyouthshed.org</a>



















# YMUNWCH A'R **CHWYLDRO** DDARLLEN

CYFARFOD POBL RHANNU TEIMLO'N GYSYLLTIFDIG

## OIN THE READING REVOLUTION

MEET PEOPLE SHARE **EXPERIENCES** FEEL CONNECTED

#### **Rhowch Gynnig ar** Grŵp Darllen ar y Cyd yn Llyfrgell Abergele

#### Beth ydi o:

Mae grwpiau darllen ar y cyd yn dod â phobl at ei gilydd drwy lenyddiaeth wych i siarad, chwerthin a rhannu. Galwch heibio am baned ac i fwynhau gwrando ar stori neu gerdd - does dim pwysau arnoch i siarad na darllen

Bydd y digwyddiad yma yn Saesneg.

Ble: Llyfrgell Abergele

Pa bryd: Bob yn ail ddydd Iau 14:00-15:30.

Oes gennych ddiddordeb? Cysylltwch â Llyfrgell Abergele gan ddefnyddio'r manylion isod:

Phone: 01492 577505

Email: abergele.library@conwy.gov.uk















#### Try Shared Reading in **Abergele Library**

#### What we do:

Shared Reading groups bring people together through great literature to talk, laugh and share. Just drop in, grab a cuppa and enjoy listening to a story or poem - no pressure to talk or read.

This event will be held in English.

Where: Abergele Library

When: Thursdays fortnightly 14:00-15:30.

Are you interested? Please contact Abergele Library using the

details below:

Phone: 01492 577505

Email: abergele.library@conwy.gov.uk















## **BECOME A VOLUNTEER HOST**



RECRUIT NEW VOLUNTEERS WHO ARE PASSIONATE ABOUT CULTURE IN CONWY

PROMOTE YOUR VOLUNTEERING OPPORTUNITIES!

As volunteer hosts you will be fully supported by the Amdani! Conwy team.

Amdani! Conwy Will: Organise and deliver training and induction Cover out of pocket expenses for travel

Provide subsistence cover for shifts lasting longer than 4 hours Enable Disabled, d/Deaf and neurodivergent people to access volunteering



Find out more on: www.diwylliantconwy.com | Amdani@cvsc.org.uk

## DDOD YN GEFNOGWYR **GWIRFODDOLWYR**



RECRIWTIO GWIRFODDOLWYR NEWYDD SY'N FRWD AM DDIWYLLIANT YNG NGHONWY

HYRWYDDO EICH CYFLEOEDD GWIRFODDOLI!

Caiff pob gwirfoddolwr eu cefnogi gan dîm Amdani! Conwy.

#### Byddwn yn:

Trefnu a darparu hyfforddiant a chyfarfod sefydlu ar gyfer gwirfoddolwyr Ad-dalu treuliau teithio rhesymol

Talu costau cynhaliaeth ar gyfer sifftiau sy'n para mwy na 4 awr Galluogi i bobl anabl, b/Byddar a niwrowahanol gael mynediad at gyfleoedd awirfoddoli



Mwy o wybodaeth: www.diwylliantconwy.com | Amdani@cvsc.org.uk

























Neuadd y Dref a Swyddfa'r Cyngor/ Town Hall & Council Offices Ffordd Llanddulas / Llanddulas Road Abergele Conwy LL22 7BT info@abergeletowncouncil.gov.wales 01745 833242

Fe gynhelir cyfarfodydd y Cyngor sydd i ddod ar y nosweithiau Llun ac Iau canlynol, gan ddechrau am 6.45y.h. Mae croeso i aelodau o'r cyhoedd ymuno â'r cyfarfodydd yn rhithiol, a dylent gysylltu â'r Clerc i gael linc y cyfarfodydd wedi ei anfon iddyn nhw trwy ebost.

Forthcoming meetings the Council will be held the on following Monday and Thursday evenings commencing at 6.45pm. Members of the public are welcome to join the meetings and should contact the Clerk for the meeting link to be sent to them by e-mail.

#### CYFARFODYDD I DDOD / FORTHCOMING MEETINGS

Dyddiad / Date	Cyfarfod / Meetings
20fed Gorffennaf / 20th July 2023	Cyfarfod Cyffredinol / Ordinary / Pwyllgor Polisi A Chyllid / Policy & Finance
27ain Gorggennaf / 27th July 2023	Cynllun Lleoliad / Place Plan
17eg Awst / 17th August 2023	Cyngor Gweithredol / Executive
14eg Medi / 14th September 2023	Amcanion Cyffredinol A Chynllunio / General Purpose & Planning
21ain Medi / 21st September 2023	Cyfarfod Cyffredinol / Ordinary / Pwyllgor Polisi A Chyllid / Policy & Finance
28ain Medi / 28th September 2023	Place Plan / Cynllun Lleoliad
12fed Hydref / 12th October 2023	Amcanion Cyffredinol A Chynllunio / General Purpose & Planning
19eg Hydref / 19th October 2023	Cyfarfod Cyffredinol / Ordinary / Pwyllgor Polisi A Chyllid / Policy & Finance

#### ADNABOD EICH CYNGHORWYR / KNOW YOUR COUNCILLORS:

#### Pentre Mawr

Cyngh/Cllr. Maria Davies Cyngh/Cllr. Diane Green Cyngh/Cllr. Vacancy

Cyngh/Cllr. Paul Edwin Luckock\* Cyngh/Cllr. Charles McCoubrey\*

Cyngh/Cllr. Ann Williamson

Gele

Cyngh/Cllr. Paul Fletcher Cyngh/Cllr. Pauline Heap-Williams

Cyngh/Cllr. John Jones

Cyngh/Cllr. Shirley Jones-Roberts

Cyngh/Cllr. Andrew Wood\* Cyngh/Cllr. Keilah Yarwood

#### Pensarn

Cyngh/Cllr. Tracey Brennan Cyngh/Cllr. Alan Hunter\* Cyngh/Cllr. Nick Williams

Llansansiôr/St.George Cyngh/Cllr. D Fetherstonhaugh

\*hefyd Cynghorwyr Bwrdeistref Sirol Conwy

\*also Conwy County Borough Councillors

Clerc y Dref / Town Clerk Mrs Mandy Evans

Ffôn / Tel 01745 833242



#### CYDNABYDDIAETH /ACKNOWLEDGEMENT

Council articles translated by Mr John Ffrancon Griffith





#### Y RHIFYN NESAF/ NEXT ISSUE

Dyddiad cau derbyn erthyglau ar gyfer y rhifyn yr Haf fydd: The closing date for receipt of articles for the Winter issue will be:

14.10.2023

info@abergeletowncouncil.gov.wales



@abergelecouncil