

#### Annwyl Ddarllenydd

Cyng Alan Hunter Maer Abergele 2022/2023

ddangosodd tudalen flaen Cylchlythyr yr haf oleuo ffaglau'r Jiwbili i noɗi a dathlu 70 mlynedd teyrnasiad y Frenhines Elizabeth. Dri mis yn unig yn ddiweddarach fe glywsom y newyddion trist iawn bod ei Mawrhydi'r Frenhines wedi marw, ac aethom i'r cyfnod o alaru.

Fy nyletswydd swyddogol nesaf oedd darllen y Datganiad Brenhinol yn cyhoeddi esgyniad y Brenin Charles 111 i'r orsedd. Fe ddarllenwyd y Datganiad yn Neuadd y Dref gydag aelodau o'r Cyngor, y Clerc, ei thîm, ac aelodau o'r cyhoedd yn bresennol.

Roedd y llyfr cydymdeimlad hefyd ar agor yn Neuadd y Dref yn ystod holl gyfnod y galaru, ac roedd ardal ar gael ar gyfer teyrngedau blodau o

flaen Neuadd y Dref.

Roedd yn hynod o drist i fynd o ddathlu teyrnasiad hir acymroddgar ei Mawrhydi i'r cyhoeddiad am farw'n Mawrhydi o fewn amser mor fyr.

Fe olygodd fy mhlymio codi arian gyda'r Sharks ar gyfer fy Elusen Faerol elw o £2,600 i Sant Cyndeyrn. Fy niolch i bawb am eu cefnogaeth. Mae'r Faeres wedi penderfynu y bydd hi'n cynnal y codi arian Maerol eleni er budd Sant Cyndeyrn, trwy wneud cerdded ar asgell yn y flwyddyn newydd.

Unwaith eto fe gynhaliwyd fy Ngwasanaeth Dinesig Maerol yn Eglwys Gymuned Dewi Sant. Fe ofynnwyd i westeion wneud cyfraniad neu barsel bwyd i gefnogi gwaith Banc Bwyd Abergele. Fe hoffwn ddiolch i bawb a oedd yn bresennol am eu cefnogaeth garedig.

Fel y nesawn at y Nadolig a'r Flwyddyn Newydd mae'r Faeres a mi'n edrych ymlaen i ymweld â'r cartrefi gofal a'r cartrefi cymorth byw. Ar adeg dḋewis y llun ysgrifennu hwn rydyn ni newydd buddugol ar gyfer cerdyn Nadolig y Maer. Fe ddewisir y y cerdyn allan o gynigion ysgolion cynradd Abergele, ac mae bob amser yn ddewis hynod o anodd, gan fod cymaint i ddewis ohonyn nhw. Maen nhw i gyd yn wych, ac rydw i'n diolch i bob un o'r bobl ifanc a gymerodd ran.

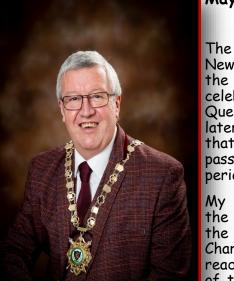
Ar fy rhan i a'r Faeres, aelodau'r Cyngor, y Clerc a staff Neuadd y Dref, fe hoffwn i ddymuno Nadolig Llawen a Blwyddyn Newydd Iach i chi i gyd.

Y Cynghorydd Alan Hunter

Maer Abergele 2022/23

#### Dear Reader

Clir Alan Hunter Mayor of Abergele 2022/2023



The front cover of the Summer News Letter showed the lighting of the Jubilee Beacon to mark and celebrate the 70 years reign of Queen Elizabeth. Just 3 months later we heard the very sad news that Her Majesty the Queen had passed away and we went in to the

period of mourning.

My next official duty was to read the Royal Proclamation announcing the accession to the throne of King Charles III. The Proclamation was read at the Town Hall with members of the Council, the Clerk, her team and members of the public present.

The book of condolence was also open in the Town Hall for the whole of the time of mourning and an area to lay floral tributes was available at the

front of the Town Hall.

To go from a celebration of Her Majesty's long and dedicated reign to the announcement of our Monarch's passing in such a short space of time was deeply saddening.

My Dive with Sharks fund raiser for my Mayor's Charity saw St Kentigerns Hospice benefit from £2600. My thanks go to everyone for their support. The Mayoress has decided she will carry out this Mayoral year's fund raiser in aid of St Kentigerns for her to do a wing walk in the New Year.

My Mayoral Civic Service was once again held in the Community Church of Dewi Sant. Guests were asked to make a donation or a food parcel to support the work of Abergele Foodbank. I'd like to thank everyone who attended for their kind support.

As we move towards Christmas and the New Year the Mayoress and I are looking forward to visiting the local Care homes and Assisted Living Homes. At the time of writing, we have just chosen the winning picture for the Mayor's Christmas card. The card is picked from entries from the Abergele Junior schools and it is always a hugely difficult choice, as there as so many entries to choose from. They are all brilliant and I thank each and everyone of the youngsters who entered.

On behalf of myself, the Mayoress, Council Members, the Clerk and the Town Hall team I would like to wish you all a Merry Christmas and a Happy and Healthy New Year.

Cllr. Alan Hunter

Mayor of Abergele 2022/23

#### Seremoni Datganiad er Anrhydedd

#### EF, y Brenin Charles III

Fe ddisgrifiodd y Maer, y Cynghorydd Alan Hunter, fod bod yn ôl yn siambr Cyngor y Dref i ddarllen y

Datganiad ar gyfer y Brenin newydd fel braint. Fe ddiolchodd i'w gyd-gynghorwyr ac aelodau'r cyhoedd a oedd yn bresennol i fod yn rhan o'r digwyddiad cwbl arbennig. Fe ddiolchodd y Cynghorydd Hunter hefyd i Gadeirydd Cyngor Conwy, y Cynghorydd Ifor Lloyd, am y darlleniad Cymraeg o'r Datganiad, ac i Glerc y Dref a staff Neuadd y Dref am eu holl help a'u cymorth.



#### Proclamation Ceremony in Honour of HM King Charles III

The Mayor Councillor Alan Hunter described being back in the Town Council chamber to read the

Proclamation for the New Sovereign as a privilege, he gave thanks to his fellow Councillors and the members of the public who attended to be part of the very special event. Cllr Hunter also gave thanks to the Chair of Conwy Council, Cllr Ifor Lloyd for the Welsh reading of the Proclamation and to the Town Clerk and the Town Hall team for all their help and support.

**DUW GADWO'R BRENIN** 

**GOD SAVE THE KING** 

#### Er Cof am EM, y Frenhines Elizabeth II In memory of HM Queen Elizabeth II



#### Dydd Sul Dinesig a Dathliadau Cyraeddiadau Cymunedol

Fe enwebwyd y Cynghorydd Alan Hunter gan ei gyd-gynghorwyr i barhau yn ei rôl o Faer tan fis Mai, 2023. Fe ddigwyddodd ei Sul Dinesig ddydd Medi 25ain, Sul, Nghanolfan Dewi Sant. draddodiadol gwasanaeth ydy Sul ddathlu Dinesig i aelodau 0 sefydliadau lleol sydd wedi cyfrannu'n gadarnhaol i'w cymuned.

Eleni fe dderbyniodd Cath Smith y Wobr Faerol am ei holl waith cymunedol. Cath ydy warden tai Bamford Hesketh yn Abergele, ac mae ei rôl yn golygu gofalu am anghenion yr holl breswylwyr. Fe wyddys bod Cath yn mynd y tu hwnt i bob disgwyl i helpu eraill, ac mae hynny wedi ei werthfawrogi'n fawr gan yr holl bobl y mae hi wedi cyffwrdd â'u bywydau.

Cath hefyd a gychwynnodd, ac sy'n gofalu am y clwb gemau bore Iau yng Nghlwb yr Henoed, Rhodfa'r Eglwys. Mae'r aelodau sy'n mynychu'n mwynhau gemau bwrdd, tenis bwrdd, bingo, neu dim ond sgwrs uwchben paned o de/coffi a chacen. Gyda'i gwên barod a'i natur siriol mae'r grŵp cymunedol hwn yn tyfu fel y daw mwy i wybod amdano. Fe enwebodd aelodau o'r giang-dydd-Iau Cath am y wobr . Doedd ei charedigrwydd ddim wedi mynd yn angof. Mae'n ymddangos bod ei chalon o aur yn ysbrydoli pawb sy'n ei chyfarfod.

## Civic Sunday and Celebrations of Community Achievements

Cllr Alan Hunter was nominated by his fellow Councillors to continue in the role of Mayor until May 2023. On Sunday, 25th September at Canolfan Dewi Sant his Civic Sunday took place. Traditionally, Civic Sunday is a service to celebrate members of local organisations who have positively contributed to their community.

This year Cath Smith received the Mayoral Award for all her community work. Cath is the warden of The Bamford Hesketh Almshouses in Abergele and her role involves looking after the care and needs of all the residents. Cath is known to go above and beyond to help others and this has been really appreciated by all the people whose lives she has touched.

Cath also started and runs the Thursday morning Games club, held at the Old People's Club, Church Walks. Members who attend enjoy board games, table tennis, bingo or just a chat over a cup of tea/coffee and cake. With her ready smile and cheerful disposition, this community group is growing as word gets out. Members of the 'Thursday gang' nominated Cath for the award; her kindness had not gone unnoticed. It seems that her heart of gold inspires all who meet her.

#### Sialens Goleuadau Nadolig

Yn anffodus fe effeithiwyd yn anffafriol ar ddigwyddiadau Goleuadau Nadolig 2021 o ganlyniad i ymchwydd o ynni ar ôl Storm Arwen. Golygodd hynny na allodd y preswylwyr nac ymwelwyr fwynhau'r goleuadau yr oedden nhw wedi dod i'w hadnabod yn eu cymuned.

Fe fydd Cyngor Tref Abergele'n cyflwyno cynllun newydd goleuadau Nadolig ar gyfer 2022. Fe fydd y rhain yn oleuadau ynni isel wedi eu dewis gan eu bod yn fwy amgylcheddol gyfeillgar, ac yn lleihau ein hôl-troed carbon yn ogystal â chwtogi ar gostau ynni.

Er mwyn bod yn fwy cynaliadwy mae coed Nadolig yn eu gwreiddiau'n cael eu plannu mewn nifer o leoliadau. Fe fydd oleuadau nodwedd hefyd am y tro cyntaf - felly camerâu'n barod.

### Christmas Lights Challenge

Unfortunately the 2021 Christmas Lighting Events were adversely effected by a power surge following Storm Arwen, this meant the residents and visitors did not get to enjoy the lights that they had come to recognise in their community.

Abergele Town Council will be presenting the new Christmas lighting scheme for 2022, these will be low energy lights and have been chosen as they are more environmentally friendly and will reduce our carbon footprint as well as lowering energy costs.

To be more sustainable, root balled Christmas trees are being planted in several locations. Feature lighting will also be making a debut; so cameras at the ready.



#### Cystadleuaeth Cerdyn Nadolig Y Maer 2022

Unwaith eto fe gafodd y Maer a'r Faeres y pleser o fynd drwy'r holl ymdrechion ar gyfer ei gystadleuaeth Cerdyn Nadolig Faerol, gyda chynigion gan bob un o'r tair ysgol elfennol.

Mae'r enillydd eleni o Ysgol Glan Morfa ac fe'i cyflwynir gyda'r cerdyn wedi ei fframio gan y Maer cyn y Nadolig.



#### The Mayor's Christmas Card Competition 2022

Once again the Mayor and Mayoress had the pleasure of going through all the entries for his Mayoral Christmas Card competition, with entries from all three local Junior schools.

This year's winner is from Ysgol Glan Morfa and they will be presented with their framed card by the Mayor before Christmas.



#### Addewidion Gwyrdd

Fel rhan o'n Haddewidion Gwyrdd rydyn ni wedi

clustnodi £1,200 ar gyfer gwelliannau dros 2 flynedd i Neuadd y Dref. Fe fyddwn yn gosod 2-3 cafn dŵr a fydd yn ein galluogi i gasglu'n dŵr ein hunain.

Fe fydd hyn yn arbed arian yn ein biliau dŵr, a helpu i daclo llifogydd trwy arallgyfeirio dŵr ar yr wyneb i gafnau storio. Fe fyddwn hefyd yn gosod baddon adar ac thrychfilod i hyrwyddo hygrededd bioamrywiaeth ar gyfer y safle.

Bydd y cyngor hefyd yn gwneud ein tomen gompost ein hunain trwy ddefnyddio casgen gompostio. Fe all yr uned hon sydd wedi ei selio'n gyflawn gymysgu gwastraff bwyd gydag ychydig o doriadau

lawnt a deilbridd i greu compost ffrwythlon a fydd yn ei dro'n cael ei ddefnyddio ar y planwyr yn y dref. **Abergele yn ei Blodau** 

Mae Hyrwyddwr y Cynllun Lleoliad wedi bod yn gweithio gyda grŵp cymunedol i ddatblygu eich 'Abergele yn ei Blodau' ar gyfer 2023. Fe ellir cyflwyno unrhyw brosiect gwyrddu fel rhan o gynnig llawn. Fe fydd pob prosiect yn gais 'Yn eich Cymdogaeth', ond bydd hefyd yn help i gyfrannu at feirniadu Abergele gyfan. Os oes gennych chi ofod gwyrdd yr hoffech

iddo fod yn rhan o 'Abergele yn ei Blodau', neo os hoffech fwy o wybodaeth am sut i gymryd rhan, aadewch i ni wybod trwy'r e-bost isod.



As part of our Green Pledges the Town Council have

dedicated £1200 of improvements over 2 years for the Town Hall. We will install 2-3 water butts which will enable us to harvest rainwater.

This will save money on water bills, and help to tackle flooding by diverting surface run off water into storage butts. We will also install a bird and insect bath to encourage our biodiversity credentials for the site.

The Council will also create their own compost through the use of a barrel composter. This completely sealed unit can mix food waste with small amounts of lawn clippings and leaf mould to create a nutritious compost that in turn will be used on the town planters.



#### Abergele In Bloom

The Place Plan Facilitator has been working with a community group to develop your 'Abergele In Bloom' offer for 2023. Any greening project can be submitted as part of an overall bid. Each project will be an 'In your Neighbourhood' applicant but will also help contribute to the overall Abergele judging. If you have a green space that you would like to be a part of 'Abergele In Bloom' or you would like more info on how to get involved then please let us

know at the email below.

info@abergeletowncouncil.gov.wales

#### Newyddion Cyngor y Dref parhad...

#### Ynni Gwyrdd ar gyfer adeiladau cymunedol

Mae'r Cynllun Lleoliad wedi bod yn cefnogi prosiect a sicrhaodd gyllid i gwblhau deuddeg o asesiadau ynni ar adeiladau cymunedol. Ar adeg ysgrifennu hwn mae deg o'r asesiadau hyn wedi eu cwblhau a'u rhannu gyda'r grwpiau cymunedol perthnasol. Fe fyddan nhw rwan yn edrych ar gyllid cam 2, i gynorthwyo gyda chyflwyno ynni ac argymhellion arbed costau yn yr adroddiad. Fe estynodd Cyngor y Dref ddiolch mawr i CVSC, Gwynt-y-Môr a DEG am eu gwaith partneriaeth ar y prosiect yma.

#### Town Council News - Place Plan

#### Green Energy for Community buildings

The Place Plan has been supporting a project which secured funding to complete twelve energy assessments on community buildings. At the time of writing, ten of the assessments have been completed and shared with the relevant community groups. They will now be looking at phase 2 funding, to assist with the implementation of energy and cost saving recommendations in the report. The Town Council gave a huge thank you to CVSC, Gwynt Y Mor and DEG for their partnership work on this project.



#### Prosiect Ynni Gwyrdd

Yr haf yma mae Cyngor y Dref wedi bod ynn gweithio gyda Chyngor Conwy a phenseiri tirlunio TEP i ddatblygu cynllun safleoedd gwyrdd llawn ar gyfer Abergele. Y prif fannau ydy Parc Pentre Mawr a Pharc Gele, er y bydd y prosiect yn dylanwadu ar ardaloedd eraill. Ffocws y prosiect ydy datblgu'n hardaloedd gwyrdd gyda phobl a bywyd gwyllt mewn golwg. Fe fydd hyn yn golygu buddsoddiad sylweddol mewn plannu coed, rheoli dolydd blodau gwyllt a nodweddion chwarae naturiol. Mae ymgynghori wedi digwydd dros yr haf, gan gynnwys digwyddiad hyfryd ym Mharc Pentre Mawr, sef Parti yn y Parc. Er na all y cynllun ddiwallu holl ofynion yr ymgynghori, mae'r Cynllun Lleoliad yn edrych ar sut i ddatblygu rhai o'r syniadau a gafwyd o'r broses yma. Mae Hyrwyddwr y Cynllun Lleoliad yn edrych ymlaen at gynnal plannu nifer o goed, a digwyddiadau bioamrywiaeth dros y flwyddyn nesaf, er mwyn cwblhau a sefydlu'r prosiect.

#### Arwyddion Cyfeirio a Llwybrau Cerdded

Mae'r prosiect Arwyddion Cyfeirio yn barod i fod yn ei le y gaeaf yma. Mae'r dylunio ar gyfer y roundels a'r byrddau interpretation wedi ei gwblhau a'i drosi. Unwaith y bydd wedi ei argraffu fe fyddwn yn gweithio gyda grwpiau cymunedol a gosod yr arwyddion. Fe fydd swsyddog y Cynllun Lleoliad yn cynnal rhai teithiau cerdded dan arweiniad, fel rhan o lawnsiad y Llwybrau Cyfeirio.

#### Green Gele Project

This summer the Town Council have been working with Conwy Council and TEP Landscape Architects to develop a green spaces masterplan for Abergele. The primary spaces are Pentre Mawr Park and Park Gele, although the project will have an impact in other areas. The focus of the project is to develop our green spaces with both people and wildlife in mind. This will involve looking at significant investment in tree planting, wildflower meadow management and natural play features.

Consultation has been carried out over the summer including a lovely event in Pentre Mawr Park called Party in the Park. Whilst the project cannot meet all of the consultation requests, the Place Plan is looking at how to develop some of the ideas that have come from this process.

The Place Plan Facilitator is looking forward to hosting a number of tree planting and biodiversity events over the coming year to complete and install the project.

#### Waymarkers and Walking Routes

The Waymarker project is ready for installation this winter. The graphic design for the roundels and interpretation boards has been completed and translated. Once printed we will work with community groups to install the signs. The Place Plan Facilitator will host some guided walks as part of the launch of the Waymarker routes.

#### Newyddion Cyngor y Dref parhad...

#### Town Council News - Continued...

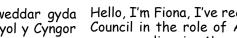
#### Clerc Cynorthwyol Newydd

Helo. Fiona ydw i. Rydw i wedi ymuno'n ddiweddar gyda Chyngor Tref Abergele yn rôl Clerc Cynorthwyol y Cyngor

ym mis Mehefin. Rydw i'n byw yn Abergele, gyda'm gŵr a dau o blant, ac wedi byw yma drwy f'oes. Fe es i i'r ysgolion lleol fel ag y gwnaeth fy merch, ac yn awr fy mab.

Mae Abergele'n lle arbennig i mi, ac rydw i'n angerddol ynghylch y dref, ei phreswylwyr a'i chyfleusterau., ac mae gen i deimlad cryf o berthyn yma, ac rydw i'n mwynhau'r teimlad o gymuned sy'n perthyn i'r dref. Teimlaf yn ffodus iawn o fod yn byw yn Abergele, sy'n lle hyfryd i fagu teulu, ac rydw i'n ddiolchgar am yr amgylchedd hyfryd a'r cyfleusterau sydd gan Abergele i'w cynnig.

Rydw i wedi treulio'r 12 mlynedd diwethaf yn gweithio gyda'r GIG, ac rydw i'n dwyn gyda mi gyfoeth o brofiad trefnyddol ac ysgrifenyddol. Rydw i'n mwynhau bod yn ymwneud â'n cymuned. Rydw i'n llywodraethwraig yn ysgol fy mab,; rydw i'n wirfoddolwraig yn y clwb rygbi lleol, a hefyd o fewn Tîm Lles, ble'r ydym yn cynnig gwasanaeth / pabell Lles mewn gwyliau a digwyddiadau, sy'n gallu bod yn ddiddorol a boddhaus. iawn. Rydw i'n dal yn newydd yn fy rôl, ond yn barod yn teimlo wedi setlo'n iawn, ac yn mwynhau'r gwaith amrywiol a'r cyswllt gyda'r preswylwyr a'r Cynghorwyr, ac yn edrych ymlaen at y dyfodol yn fy rôl gyda Chyngor Tref Abergele.



New Assistant Clerk

Hello, I'm Fiona, I've recently joined the Abergele Town Council in the role of Assistant Town Clerk in June. I

live in Abergele with my husband and two children, and have done so all my life; I attended the local schools as did my daughter and now my son.

Abergele is very special to me and I am passionate about our town, its residents and facilities. I have a deep sense of belonging here and love the community feel our town has. I feel very lucky to live in Abergele, which is a lovely place to bring up a family, and am grateful for the beautiful surroundings and amenities Abergele has to offer.

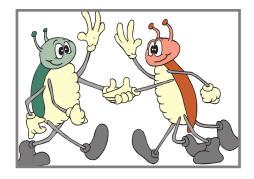
I have spent the last 12 years working in the NHS and bring with me a wealth of organisational and secretarial experience. I enjoy being involved in our community, I am a

Governor in my son's school, volunteer at the local rugby club and also within a Welfare Team, whereby we offer Welfare service/tent at festivals and events, which can be very interesting and rewarding!

I'm still new in my role, but already feel really settled, and am enjoying the varied work, and the engagement with the residents and Councillors and am looking forward to the future in my role with the Abergele Town Council.

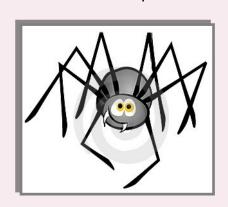


Yn anffodus fe fu raid i Gyngor y Dref symud y trychfilod 'celebrity' yn dilyn cwyn i adran gynllunio CBSC nad oedd gan Cyngor y Dref ganiatâd i'r pryf cop fod yno'n barhaol. Yn dilyn asesiad cost gan y Cyngor i gael caniatâd cynllunio i'r ddau drychfil, a chael archwiliad diogelwch arnyn nhw, fe deimlodd y Cyngor, yn anffodus, nad oedd yn ymarferol yn ariannol nac yn ddefnydd da o arian trethdalwyr i'w gosod. Maen nhw i gyd yn awr yn ddiogel mewn storfa tra bydd asesu posibliadau'n cael ei ystyried. Ar adeg ysgrifennu hwn does dim penderfyniad ynghylch eu dyfodol wedi ei wneud.



#### Abergele Bugs & Ghosts

The Town Council has sadly had to remove the celebrity bugs following a complaint to CCBC Planning that the Town Council did not have permission for the spider to be installed permanently. Following a cost assessment by the Council for Planning permission to be granted for each of the bugs and for them to have a safety inspection carried out, the Council regrettably did not feel that it was financially viable and good use of taxpayers money to leave them installed. They are now all safely in storage whilst an assessment on options is considered. At the time of writing, no decision on their future has yet been taken.



## Dydd y Codoediad / Cofio 2022 Armistice Day / Remembrance Sunday 2022

Fe ymunodd y Maer, y Faeres ac Aelodau'r Cyngor gyda chyn-aelodau o'r lluoedd arfog, ynghyd â phlant bach ac athrawon Ysgol Glan Gele, a phreswylwyr, ar yr unfed awr ar ddeg o'r unfed dydd ar ddeg o'r unfed mis ar ddeg i nodi Dydd y Cadoediad ac i ddangos eu parch yn y dref. Yn dilyn y ddau funud o dawelwch, pan safodd y stryd heb symud ac yn cofio am y rhai a gollwyd ac a frwydrodd, fe ymwelon nhw wedyn â'r Gofeb yn Eglwys Sant Mihangel ble y gosodwyd torchau a ble yr offrymwyd gweddïau.

The Mayor, Mayoress and Council Members joined with ex service personnel on the eleventh hour on the eleventh day of the eleventh month to mark Armistice day and mark their respects in the town, joined by children and staff from the local infants school Ysgol Glan Gele and residents. Following the two minute silence when the streets stood still and remembered those who had been lost and fought, they then visited the Cenotaph at St Michael's Church where wreaths were laid and prayers said.











## Gorymdaith a Gwasanaeth Sul y Cofio 2022 / Remembrance Sunday Parade and Service 2022

Fe ddaeth y Maer, aelodau o Gyngor y Dref, y Lleng Frenhinol Brydeinig, Ysgolion Glan Morfa, Emrys ap Iwan, a Sant Elfod, a'r Sgowtiaid, yr Heddlu, y Gwasanaeth Tân, a grwpiau eraill ynghyd ddydd Sul, Tachwedd 13eg, i goffáu'r rhai a gollwyd mewn gwrthdrawiadau. Fe arweiniwyd yr orymdaith i Eglwys Sant Mihangel gan yr Everton & District Pipe Band. Fe groesawodd y Parch. Kate Johnson eglwys orlawn i'r gwasanaeth arbennig hwn, ac fe anrhydeddodd Carl Bishop a oedd yn cynrychioli'r Lleng Frenhinol Brydeinig trwy osod y Faner am y tro olaf ar ôl chwe blynedd yn y rôl.Fe gynhaliwyd gwasanaeth o goffáu hefyd ar yr un pryd yn Eglwys Llansansiôr.

The Mayor, Members of the Town Council, Royal British Legion, Ysgol Glan Morfa, Emrys ap Iwan and Sant Elfod, together with Scouts, Police, Fire Service and other groups came together to commemorate those lost in conflict on Sunday, 13<sup>th</sup> November. The parade was led by the Everton & District Pipe Band to St. Michaels Church. The Rev Kate Johnson welcomed a packed church to this special service and honoured Carl Bishop who was representing the Royal British Legion by laying of the Standard for the last time after six years in the role. A Service of Remembrance was also held in St George's Church at the same time.









THE VIEWS AND/OR OPINIONS EXPRESSED IN THIS NEWSLETTER DO NOT NECESSARILY REFLECT THOSE OF THE TOWN COUNCIL NID YW'R SAFBWYNTIAU A FYNEGIR YN Y CYLCHLYTHYR HWN O REIDRWYDD YN ADLEWYRCHU SAFBWYNTIAU CYNGOR Y DREF

## Abergele Fireworks 2022



The firework display returned to Abergele and Pensarn on Saturday 5th November on Pensarn Beach following two years away during the pandemic. The event, which was put on by Abergele Roundtable and supported by Abergele Town Council, was a huge success with visitors flocking to the promenade to enjoy two firework displays, an earlier display for younger children which was a smaller and quieter display, followed by the main display later in the evening. To celebrate the return of Abergele Roundtable's Firework Display entry to the event was free of charge with a request for donations on the night, The Mayor gave thanks to the wonderful generosity of the visitors to the Abergele Pensarn Firework Display who raised a staggering £4,284.61 for St Kentigerns Hospice, The Mayor's chosen charity.







#### Light up a Life Appeal

#### November 25 @ 6:00 pm - Abergele December 2 @ 7:00 pm - St Asaph

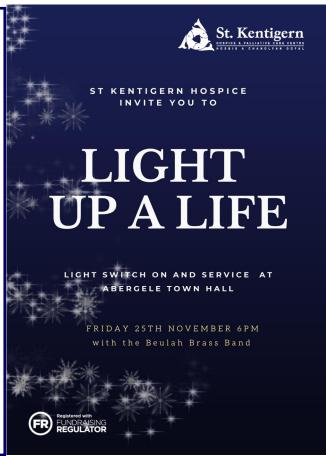
Dedicate a light on our tree to remember and celebrate the life of your loved one.

Light up a Life is a special time for families and friends to join together and remember loved ones at such a difficult time of year.

Please remember that *The Tree of Lights* and our *Light up a Life* services are for everyone who has experienced loss, not just those who have been affected by hospice care.

Each dedication received before 20th November will be entered into our printed Dedication Brochure available at the hospice or in St Asaph Cathedral Service.

By dedicating a light, you are helping St Kentigern Hospice to provide free specialist end-of-life care to local people living with life-limiting illnesses.



#### London Marathon 2022 ~ Abergele Residents

Sunday 2nd October, after months of hard training, local runners from Abergele were taking part in the London Marathon, not even train strikes could stop them getting to their goal.

The morning on Blackheath, grey clouds and a cool breeze created the runners' perfect temperature for the 26.2 miles to the Mall in central London, where by the time they finished was bright sunshine. James Yarwood (husband of Abergele Town Councillor Keilah Yarwood) from Abergele Harriers, took part in his first London marathon. Putting all his training to the test, he had an excellent time and a new PB with 466th place and a time of 2:43:30, James commented that the race was tough but the crowds lifted him at every mile.

Dr Sean McCormack, after a very tough year of losing his wife, then a few months ago his mother, ran a fantastic marathon in their memory raising funds for a charity close to his wife Majella's heart, Hearing Dogs for Deaf People, finished in 4626th place: 3:24:07.

Councillor John Jones was also trying to match his time of last years but was just outside finishing in 7166th place: 3:37:52, he was pleased with the result and perhaps one of the fastest Town Councillors in Abergele Town Council since his election in May, it was also his 6th London Marathon.



#### **Abergele Camera Club News**



#### **Mal Hughes Trophy Challenge**

Abergele Camera Club held the Mal Hughes Trophy Challenge on the 8<sup>th</sup> August 2022. Due to work being carried out at St Paul's our usual venue, we were very pleased that the Pen-Y-Bont came to our assistance and provided the upstairs room for our meeting. We were also very pleased that the Mayor and Mayoress were able to attend the event.

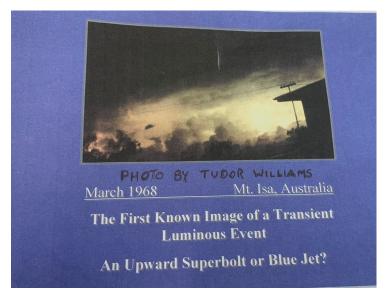
The challenge this year was 'Landscapes and Seascapes', the member that produced the most liked photo this year was Anthony Seabridge's landscape picture. Anthony was presented the trophy by the Mayor of Abergele Cllr. Alan Hunter.

As we approach the winter months a lot of our activities will be indoors with different challenges for the club's membership.

The club's website is www.abergelecameraclub.co.uk, we can be contacted via the site's contact us page.

#### **Tudor Williams Insect Close-Up Trophy**





Trophy.

Close up / Macro photography.

Tudor still follows the club online as a life member and is keen to see the work of the members. He sponsored the close-up insect challenge so that once a year the members would be taken out of their comfort zone, (Not all) to do something they would probably not normally do.

from its earliest days. People of Abergele of a certain roof of his home. age will know him when they were taught by Tudor at

On Monday the 24th of October the Abergele Camera Abergele Grammar school. Tudor left to work as a Club held its annual Tudor Williams Insect Close-Up Geologist in Australia with his wife Jean and gained notoriety as being the first person to photograph Upward Lightning. A Welsh geographer Tudor This year the award went to Katherine Waters, the Williams, who in 1968 was residing near Mount Isa, trophy was presented by the Mayor of Abergele. Tudor Queensland, Australia, visually observed a series of is a keen photographer, and his main passion was lightning-like channels rising at least several kilometres above the top of a large nocturnal thunderstorm. He photographed several of the approximately 15 events (using 50 ASA 35-mm transparency film, long exposures) that occurred at regular intervals over a 45 -min period. In Mr Williams's words, "the outstanding thing that I remember about the upward strokes which I saw was how slowly they formed. The spark rose slowly from the top of the cloud and took a full two Tudor Williams Claim To Fame.

Tudor Williams has been a member of the Camera club

Seconds to achieve its full height . . . it faded away rather than shutting off abruptly. This pattern was consistent for every stroke I saw" the right was the

#### **Church Services Information**

#### St Paul's Church

- Carol Service Sunday 18th December at 10.30am. Preacher Deacon Linda Brown
- Christingle Service Saturday 24th December at 4pm children especially welcome.
   Preacher Deacon Linda Brown
- Christmas Day Sunday 25th at 10.30am. Preacher Deacon Denise Creed

#### St Michael's Church

- Saturday 3 December, 11-1pm Christmas Fayre
- Sunday 11 December, 7pm CYMDEITHAS EMRYS AP IWAN NAWS NADOLIG
- Sunday 18 December, 11am 9 Lessons & Carols
- Christmas Eve, 4pm Carols around the tree
   11:30pm Midnight Mass

#### St George Church

- Tuesday, 13 December 7pm 9 Lessons & Carols
- Thursday, 15 December Afternoon and evening Ysgol St George Christmas Service
- ◆ Christmas Eve 6pm Christmas Crib service
- ♦ Christmas Day 10am Christmas Eucharist with Carols

#### NADOLIG YM MYNYDD SEION

- Dydd Gwener, Rhagfyr 2ail:- Yn y Ganolfan am 10 o'r gloch Paned a Sgwrs
- Dydd Mawrth, Rhagfyr 6ed:- Yn y Festri am 10.30 Cylch y Brodyr
- Dydd Mawrth, Rhagfyr 6ed:- Yn y Ganolfan am 9.15 o'r gloch y bore Gwasanaeth Nadolig Y Cylch Meithrin
- Dydd Gwener, Rhagfyr 9fed:- Yn y Capel Cyngerdd dan nawdd Y Cyngor Tref 6.30
- Dydd Mawrth, Rhagfyr 13eg:- Yn y Capel 2 yr prynhawn a 6 yr hwyr Gwasanaeth Nadolig Ysgol Glan Morfa
- ♦ Bore Sul, Rhagfyr 18fed:- Yn y Capel am 9.45 Gwasanaeth plant a phobl ifanc
- ♦ Bore'r Nadolig, Rhagfyr 25ain:- Oedfa Nadolig am 9 o'r gloch yn y Capel

#### Cymdeithas y Chwiorydd

- Dydd Mercher Rhagfyr 7fed:- yn y Festri am 2yh Sgwrs gan Eiddwen Jones
- Dydd Mercher Rhagfyr 14eg:- Cinio Nadolig am hanner dydd yng Nghlwb Golff Rhuddlan
- ♦ Cymdeithas Emrys ap Iwan:-
- ♦ Nos Sul, Rhagfyr 11eg:- Yn Eglwys San Mihangel am 6 o'r gloch Naws Nadolig − ar lafar ac ar gân



#### **Newyddion Lleol**

#### **Local News**



Canolfan Dewi Sant Centre in Pensarn continues to become busier and busier with a packed diary of various activities and groups available.

Everyone is welcome to the weekly Church Service which takes place here on Tuesdays at 10.30am. At the time of writing, the activities/groups include many community support groups, Welsh Classes; Food Share; Play Through Sound and Little Movers for babies and toddlers; Martial Arts for all ages with Pritchard's Martial Arts; Habit Fitness; Yoga; Children's Clothes Share; Citizens Advice Conwy; Abergele Stroke Club; Abergele U3A; Welsh Blood Service; Singsation Pop Choir and much more!!

The Dewi Sant Drop In takes place here every Thursday from 9.30am to 12 noon. This is open to everyone to drop in for a cuppa and a chat. No need to be sat at home feeling lonely – pop on down here on a Thursday morning for some good company. To find out more about any of these activities please contact Theresa Curran on Tel: 07975 543020, find Canolfan Dewi Sant Centre on Facebook, or go to <a href="https://www.dewisantcentre.com">www.dewisantcentre.com</a>

#### St Paul's Church Abergele

At St Paul's Methodist Church on Bridge Street, in a recent year we held an Advent day with the Advent spiral on the hall floor (as in the photograph below) We will be holding a similar day on Saturday November 19th from 10am to approx. 4pm. This year the event will be at Old Colwyn Church, Wynn Avenue, Old Colwyn LL29 9RF. If you are not able to stay all day you can come for part of it, you're welcome to bring your packed lunch and we will provide drinks. There will be various activities including crafts, and meditation etc.

During our services in Advent we light a candle on the Advent ring each week until Christmas day when the white candle is lit, like in the photograph of a previous year ~ You will be made very welcome if you would like to join us at any of our Christmas Services.











#### https://www.abergelepensarn.co.uk

Mae gwefan 'ma i helpu i hyrwyddo diddordebau, gweithgareddau a gwybodaeth am ardal Abergele i bawb sydd eisiau gwybod.

Os ydych chi am gyfleu'ch neges i'r gymuned, ewch i'r wefan i weld sut y gallai weithio i chi. P'un a yw'n ddigwyddiad cymunedol, apêl am wirfoddolwyr neu dim ond poster yn dweud pwy ydych chi a beth rydych chi'n ei wneud, anfonwch eich gwybodaeth:

The website is here to help promote interests, activities and information about the Abergele area to all who want to know.

If you want to get your message out to the community, visit the website to see how it could work for you. Whether it's a community event, an appeal for volunteers or just a poster saying who you are and what you do, send your information to:

info@abergeletowncouncil.gov.wales



#### **Newyddion Lleol**



Now that we are facing a cost of living crisis, here at the Foodbank, we are continuing to provide compassionate support to people facing increasing difficult situations.

But we're not on our own. As a Trussell Trust Foodbank we are part of a team, a team that reaches across and around the UK. There are thousands and thousands of us.

To change policy, we come together repeatedly to push for policy decisions that get money to people on the lowest incomes – helping to successfully build the public pressure that led Rishi Sunak to commit to the £15bn cost of living support package.

But we know that this isn't enough, we need to continue to lobby for change so that people have enough money for the essentials without having to rely upon the Foodbank.

#### **Local News**

#### hummingbird project



Community Support Along the North Wales Coast

Since beginning here in North Wales last year we have been reliant on the generosity of people engaged with our Facebook Group to support a huge number of local people with much needed items. Working with helping services, Family Teams, Social Workers and Voluntary Sector groups we have been able to provide for dozens of families and individuals. People have been incredibly generous offering white goods, furniture and much more.

We have also been fortunate for the support of local businesses who have allowed us to use shops as drop off points for our appeals.

As the group is growing and the need for support is increasing we are now fundraising to raise money to enable us to purchase items we struggle to get donated, this will also enable us to purchase necessary items as and when required.

For more information or to make a donation please contact Pam Lake at <a href="https://www.hummingbirdsnw@mail.com">hummingbirdsnw@mail.com</a> or through the Facebook page **The Hummingbird Project North Wales** 







#### HYSBYSEBU RHAD AC AM DDIM!

Fe hoffai Cyngor Tref Abergele (CTA) groesawu busnesau newydd sydd wedi agor yn ddiweddar yn Abergele / Pensarn.

Mae hawl gan unrhyw fusnes lleol i restru rhad ac am ddim ar ein gewfan , ac fe gaiff eich cyflwyniad ei bostio hefyd ar ein tudalennau cyfrwng cymdeithasol.

Mae CTA yn dymuno i chi haf prysur i ddod , ac yn diolch i chi am leoli yn ein hardal.

#### FREE ADVERTISING!

Abergele Town Council (ATC) would like to welcome new businesses which have recently opened in Abergele/Pensarn.

Any local business is entitled to a free listing on our website and your submission will be posted on our social media pages too.

Don't delay, visit our website today...

WWW.Abergelepensarn.co.uk

# Warm Spaces for our Community this Winter

### Warm Spaces Abergele

Working with our local partners to create a network of Warm Spaces, a group of places where people can come together to stay warm, perhaps enjoy a cup of tea and a biscuit.

We have created a directory of all the places available to our residents across the public, health and voluntary sectors so that anyone who is cold knows where they can go to get warm, stay warm and enjoy a little company and some hot refreshments.

#### Abergele Library

- Monday, Thursday and Friday 9:30am to 5:00pm
- Tuesday 9:30am to 1:00pm
- Wednesday 1:30pm to 7:00pm
- Saturday 9:30am to 12:30pm

#### St Michael's Church

• Tuesday, Wednesday and Sunday 10.30am to 11.30am (Prayer service)

#### St Paul's Church

• Thursday and Sunday 10.30am to 11.30am (Prayer Service)

#### **Dewi Sant Centre - Pensarn**

- Thursday 9.30am to 12pm Coffee morning
- Friday 10 to 1pm Food share and Citizens advice

#### Canolfan Dinorben (Behind the Community College)

- Wednesday 9am to 10.30am Parents Cuppa and a Chat
- Wednesday 3pm to 4.30pm Let's Get Busy After school drop in

There are lots of activities going on all week for families at the Family Centre, please get in touch with the team to find out more 01492 577757 <a href="mailysupport.east@conwy.gov.uk">familysupport.east@conwy.gov.uk</a>

#### Abergele Youth Shed

Events all week, see www.abergeleyouthshed.org for more info

#### Abergele Men Shed

Monday - Wednesday 10am to 12 noon at the Silverthorne Hall, Groes Llwyd, LL22 7SU

#### Abergele She Shed

Friday 4—6pm at the Silverthorne Hall, Groes Llwyd, LL22 7SU

#### Old Peoples Club

Thursday 12– 2pm Tea and chat session



# Warm Spaces for our Community this Winter



## **WARM WELCOME**



#### Your local library is here for you!

This winter, your local library has lots to offer. Come and spend time in our warm, welcoming and supportive spaces.

- Relax with a book
- Enjoy some quiet time
- Chat with friends

- Read the newspaper
- Do your homework
- Play a game or do a jigsaw



## A free warm drink and snack are available during these times:



Abergele Library Wednesdays 3:30 - 6:30 Cerrigydrudion Library Tuesdays 2:00 - 4:30 Colwyn Bay Library Tuesdays 3:30 - 6:30

Conwy Library Tuesdays 3:30 - 6:30

Kinmel Bay Library Wednesdays 2:00 - 5:30

Llandudno Library Thursdays 3:30 - 6:30 Llanfairfechan Library Fridays 10:45 - 12:45

Llanrwst Library Wednesdays 3:30 - 6:30 Penmaenmawr Library Tuesdays 2:00 - 4:30 Penrhyn Bay Library Thursdays 3:00 -5:30

To find out more about our activities including Storytimes, Reading Friends and Shared Reading visit -

www.conwylibraries.com or call 01492 576139

#### Llyfrgell Abergele Library

Mae gan lyfrgell Abergele nifer o bethau ar gael dros fisoedd y Gaeaf.

Rhowch gynnig ar un o'n cyrsiau newydd RHAD AC AM DDIM i oedolion.

Llwybr yr Artist - prynhawn Mercher o 2 - 4 o'r gloch, o 23/11/2022 - 21/02/2023

Ysgrifennu Creadigol - prynhawn Mercher o 4:30 i 6:30 o'r gloch, o 23/11/2022 - 18/01/2023

Nid oes angen profiad i ymuno â'r cyrsiau. Am fwy o wybodaeth, cysylltwch â'r llyfrgell.

Cofiwch am ein grwpiau Ffrindiau Darllen -

mae'r grwp i ddysgwyr Cymraeg yn cyfarfod bob pythefnos ar brynhawn Iau rhwng 2 - 3 o'r gloch,

grŵp i blant rhwng 8 - 12 oed yn cyfarfod bob yn ail bore Sadwrn rhwng 11 - 12 o'r gloch.

grwp Ffrindiau Darllen i oedolion yn cyfarfod yn fisol. Ym mis Tachwedd, byddwn yn sgwrsio am baratoi at y Nadolig. Ymunwch â ni am baned a sgwrs. Bydd croeso cynnes i bawb.

Fel rhan o'r cynllun Croeso Cynnes, rydym yn cynnig diod poeth a snac a'r brynhawn Mercher rhwng 3:30 a 6:30.

Dewch draw i ddarllen y papurau newydd, chwaraewch gêm neu gwnewch jig-so, gwnewch eich gwaith cartref neu bori trwy ein llyfrau.

Mae'r llyfrau i gyd ar gael i'w benthyg yn rhad ac am ddim ac os ydach chi'n mwynhau darllen ar-lein, gallwch lawrlwytho ein e-lyfrau a'n llyfrau llafar yn ogystal.

Cofiwch fod croeso i chi o hyd yn y llyfrgell.

'Da ni'n edrych ymlaen at eich gweld.

Abergele Library has plenty of things available over the winter months.

Why not try one of our new FREE learning courses for adults?

The Artist's Way - every Wednesday afternoon from 2 - 4 p.m, from 23/11/2022 - 21/02/2023

Creative Writing - every Wednesday afternoon from 4:30 - 6:.30 p.m, from 23/11/2022 - 18/01/2023

No experience is necessary for either group, so if you're interested please contact the library for more details.

Don't forget about our **Reading Friends** groups too -

the Welsh learners group meet once a fortnight on Thursday afternoons at 2 - 3 p.m.

the children's group for ages 8 - 12 meet every other Saturday morning from 11 - 12 p.m.

our Reading Friends group for adults meet monthly. In November, we'll be discussing preparing for Christmas. Join us for a cup of tea and a chat. Everyone's welcome!

As part of the Warm Spaces project, a warm drink and a snack is available every Wednesday afternoon from 3:30 to 6:30

Call by to read the newspapers, play some board games or do a jigsaw, do your homework or browse our books.

All books are free to borrow and if you prefer to read online, we have downloadable e-books and audio books.

Remember, you're always welcome in the library - We look forward to seeing you - come and say hello!



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- MOTOR
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- LANDLORDS
- **TRAVEL**
- STATIC CARAVANS
- MOTOR BREAKDOWN

Contact us on: 01745 825142

Email us at: enquiries@abergeleinsurance.co.uk Call in to: 17 Chapel Street, Abergele LL22 7AW

Abengels Insurance Cancultants Littlis Authorised and Regulated by the Pinancial Conduct Authority







Be the first to receive our Newsletter...

Prefer to receive a digital copy of the Newsletter straight to your inbox? Please email on the address below and we will add you to our electronic mailing list.

info@abergeletowncouncil.gov.wales

#### Flamingo Babywear

We offer stylish babywear at affordable prices as well as some "treasures"- picture frames, christening gifts, ladies scarves, trinket boxes......



Visit us at Glanrafon House Bridge Street Abergele LL22 7HA

Or online at www.flamingobabywear.com

E-mail: flamingobabywear@gmail.com

Phone: 07599981668









#### Abergele Stroke Club / Clwb Stroc Abergele

We meet in The Canolfan Dewi Sant centre, Pensarn every other Thursday afternoon between 2pm until 4pm except the month of August.

It is a social club for stroke and stoke survivors and their families, we have a variety of activities, speakers, chair aerobics and guizzes and meals out.

At each meeting, we have refreshments and a raffle.

So if you have had a stroke or care for someone who has, do get in touch or come and visit us at the stroke club, you may be assured of a warm welcome.

The club have a bus with a tail lift, so help with transport may be possible.

We very much look forward to hearing from you.

Joan Mason 01745 825738 or David Woodward 01745 823915



All sections completed their first full season after the pandemic, with the Ladies section winning their league and adding some silver ware to the cabinet.



The junior section is very much thriving, with new faces showing every week. Nine players from the U15's, after some very hard work were selected to represent RGC West and East U15's. For the first time in the club's history we are on the cusp of developing a youth team, which is a really exciting place to be in. We also very proud to support Dreigiau'r Glannau girls' rugby hub, we have seen our very first player transition into the ladies from this hub.

Many thanks to the 80+ volunteers who turn up week in week out to ensure the youngsters are able to enjoy their rugby in a safe, fun filled environment. We have players within the club who have also stepped into coaching roles, which greatly assists the juniors' progression. All sections are in the first half of their seasons and progressing well, with weekly training underway. We currently have over 300 players across all 3 sections but we are always on the lookout for players of virtually any age and ability. Also we are always on the lookout for any volunteers who feel they could find a little time each week to help out. To keep up to date with the club, follow them on Facebook, Instagram and Twitter.



#### ABERGELE DISTRICT FLOWER CLUB

We would like to extend a warm welcome to anyone who may wish to come along to our Club to enjoy a night of friendship and flowers. You are very welcome to come as a visitor, entrance fee is £5. We hold our meetings at St Paul's Chapel Hall, Abergele, on the first Monday of the month.

The demonstrations commence at 7.30pm. The gifted demonstrators will be able to show you how to make the most of the flowers, giving rise to inspiration for the new and experienced flower arrangers alike.



Any further information is available from our Chairman, Mair Bissell Tel: 01745 825906

Abergele Town Council would like to offer all clubs, associations, and charities the opportunity to inform our readers what is available to them in Abergele. We ask you to send no more than a 150 word article in a Word document together with one jpeg file of your logo or a photo no later than the closing date on the rear page of the Newsletter.



Cefnogaeth a chyfeillgarwch i deuluoedd Support and friendship



for families

Community
Clothes Share
Project

Free pre-used children's clothing in good, clean condition.

Held at Canolfan Dewi Sant Centre, South Parade, Pensarn, Abergele, Conwy, LL22 7RG

Held on the Second Tuesday of every month from 1:00pm – 2:30pm Starting again from 11<sup>th</sup> October 2022 Term time only.



## A year in the life of 1st Abergele Cubs 2022.

The 1st Abergele Cubs have had a busy year, including trips to Colwyn Bay Zoo, joint camps held with upper Colwyn Cubs/Scouts and a District Camp

trip to Capel Curig. Trips to Llyn Brenig with the Scouts Water Adventure Team, other activities have included den building, mini raft building, pioneering, meeting the Vikings/orienteering and hot air balloon.



Contact Nick Tel: 07769 255022 or twohootsnow@aol.com

#### Abergele Field Club and Historical Society

Update for Membership from Jo Hughes

After all bills paid, this left £2000 which we needed to give to like minded Societies as written into our constitution.

I am pleased to say we gave £1000 to the Cymdeithas Hanes - Betws and Llanelian History Society to assist with a project of producing a pictorial history book of the surrounding area.

Deganwy History Society received £500, and the Llandudno History Society the other £500.

In reciprocation, we would like to offer you and any other members of the Abergele History Society free attendance at any of our meetings for the rest of this year, and for the whole of 2023 you will be most welcome. All details of the meeting can be found on the Deganwy History website (www.deganwyhistory.co.uk).

The committee commissioned Abergele Men's Shed to build a bench to commemorate the Abergele Field Club. Fantastic news we have had permission to site the bench outside Abergele Library.

It is with great sadness I have to report the death of my friend Diana Barnes a committed member of the Club who was always full of good ideas and advice she will be very sadly missed.



#### Abergele Garden Society



It has been with much pleasure that Abergele Garden Society restarted its monthly meetings in May, and we have a varied and interesting programme of speakers planned for the year ahead. Topics will interest gardeners as well as those who just love the outdoors, and everyone is welcome to come along to our meetings.

Abergele Garden Society meets the 2nd Monday of every month (except December and January) in Mynydd Seion Chapel Rooms, Llanfair Road, Abergele, LL22 7AW, starting at 7.30 pm, and new members and visitors are always welcome, so please come and join us. For further details of the Society and forthcoming events, please see our website:



www.abergelegardensociety.org.uk





Here at Abergele Youth Shed we run activities throughout the week and half term including our workshops and activities based between ages of 10 -20

We include general sessions all with fun and educational values, a place to meet new people and learn social skills. We also work with ages 16 plus looking to gain skills to support with employability.

We also have our workshops learning digital skills, sports training, & breakfast clubs, these are all run by expert and qualified youth workers.

#### **CONWY COMMUNITY WELLBEING TEAM**



Really enjoyed the session, after the session I felt very calm and had no anxiety all day!

Living through challenging times participant

The first night of the course I slept until 6amresult!

Sleep therapy participant

I go to all sorts now, in fact I don't think there is a class I don't go to!

Duty referral attended mind, body and dance sessions.

· 99 —

#### ARE YOU OVER THE AGE OF 65?

Would you like to find out what groups, activities and services are available in your local area or online to support your wellbeing such as:



Befriending services

- 99 —



Community transport schemes



Social groups



Exercise classes



Walking groups



Mindfulness and relaxation



Arts and crafts



Singing and dance

#### **Contact the Community Wellbeing Team today for more information:**



01492 577449



stayingwell@conwy.gov.uk

Monday - Friday 9am - 4pm





https://www.facebook.com/conwywellbeing/ https://w nwy.gov.uk/en/Resident/Leisure-sport-and-health/Communitywellbeing/Community-wellbeing-team.aspx



Dewis Cymru https://www.dewis.wales/

Mae'r ddogfen hon ar gael yn Gymraeg hefyd







Neuadd y Dref a Swyddfa'r Cyngor/ Town Hall & Council Offices Ffordd Llanddulas / Llanddulas Road Abergele Conwy LL22 7BT info@abergeletowncouncil.gov.wales 01745 833242

Fe gynhelir cyfarfodydd y Cyngor sydd i ddod ar y nosweithiau Llun ac Iau canlynol, gan ddechrau am 6.45y.h. Mae croeso i aelodau o'r cyhoedd ymuno â'r cyfarfodydd yn rhithiol, a dylent gysylltu â'r Clerc i gael linc y cyfarfodydd wedi ei anfon iddyn nhw trwy ebost.

Forthcoming meetings Council will be held on the following Monday and Thursday evenings commencing at 6.45pm. Members of the public welcome to join the meetings remotely and should contact the Clerk for the meeting link to be sent to them by e-mail.

#### CYFARFODYDD I DDOD / FORTHCOMING MEETINGS

Dyddiad / Date	Cyfarfod / Meetings
17th November / 17eg Tachwedd	Policy & Finance / Pwyllgor Polisi A Chyllid
24th November / 24eg Tachwedd	Place Plan / Cynllun Lleoliad
1st December / 1ain Rhagfyr	Ordinary / Cyfarfod Cyffredinol
8th December / 8eg Rhagfyr	General Purpose & Planning /Amcanion Cyffredinol A Chynllunio
15th December/15eg Rhagfyr	Policy & Finance / Pwyllgor Polisi A Chyllid
5th January /5eg Ionawr 2023	Ordinary / Cyfarfod Cyffredinol
12th January / 12eg Ionawr	General Purpose & Planning /Amcanion Cyffredinol A Chynllunio
19th January / 19eg Ionawr	Policy & Finance / Pwyllgor Polisi A Chyllid

#### ADNABOD EICH CYNGHORWYR / KNOW YOUR COUNCILLORS:

#### Pentre Mawr

Cyngh/Cllr. Maria Davies Cyngh/Cllr. Diane Green Cyngh/Cllr. Gwyn Hughes Cyngh/Cllr. Paul Edwin Luckock\*

Cyngh/Cllr. Charles McCoubrey\*

Cyngh/Cllr. Ann Williamson

#### Gele

Cyngh/Cllr. Ros Griffiths-Williams\* Cyngh/Cllr. Pauline Heap-Williams

Cyngh/Cllr. John Jones

Cyngh/Cllr. Shirley Jones-Roberts

Cyngh/Cllr. Andrew Wood\* Cyngh/Cllr. Keilah Yarwood

#### Pensarn

Cyngh/Cllr. Tracey Brennan Cyngh/Cllr. Alan Hunter\* Cyngh/Cllr. Nick Williams

Llansansiôr/St.George Cyngh/Cllr. D Fetherstonhaugh

\*hefyd Cynghorwyr Bwrdeistref Sirol Conwy

\*also Conwy County Borough Councillors

Clerc y Dref / Town Clerk Mrs Mandy Evans

**Ffôn / Tel 0**1745 833242

#### CYDNABYDDIAETH /ACKNOWLEDGEMENT



Council articles translated by Mr John Ffrancon Griffith







Dyddiad cau derbyn erthyglau ar gyfer y rhifyn yr Haf fydd:

The closing date for receipt of articles for the Spring issue will be:

Y RHIFYN NESAF/ NEXT ISSUE

31.01.2022

admin@abergeletowncouncil.gov.wales



@abergelecouncil

## Cyngor Tref Abergele Town Council CYNGERDD NADOLIG CHRISTMAS CONCERT 2022

YMUNWCH GYDA'N UNAWDYDD CYMRAEG MEZZO-SOPRANO LLEOL SIONED TERRY, BRES BEULAH AC HYSGOLION LLEOL AM NOSON O GERDDORIAETH A DATHLIADAU I BAWB EI MWYNHAU!

DYDD GWENER, RHAGFYR 9fed, 2022, am 6.30y.h, YNG NGHAPEL MYNYDD SEION, STRYD Y CAPEL, ABERGELE.







Compere for the evening Mr Prys Jones



JOIN WITH LOCAL MEZZO-SOPRANO WELSH SOLOIST SIONED TERRY,
BEULAH BRASS AND LOCAL SCHOOLS FOR AN EVENING OF MUSIC AND
FESTIVITIES FOR ALL TO ENJOY!

FRIDAY 9th DECEMBER 2022 at 6.30pm
MYNYDD SEION CHAPEL, CHAPEL ST, ABERGELE

MYNEDIAD AM DDIM / FREE ENTRY



Casgliad wrth y drws i Banc Bwyd Abergele
Retiring Collection for Abergele Foodbank









