

Merry Christmas



Nadolig
Llawen



abergele

Y Gaeaf / Winter 2023

Rhifyn / Edition 62

Annwyl Ddarllenydd

Roedd yn bleser mawr bod yn bresennol yn yr arddangosfa tân gwyllt ar bromenâd Pensarn ar Dachwedd 4ydd. Er gwaethaf y tywydd anffafriol roedd yn wych gweld cynifer o bobl wedi dod yno, ac rydw i'n arbennig o ddiolchgar am y cyfraniadau caredig a gafwyd i gefnogi fy newis elusen, Cardiac Risk in the Young (CRY). Fe fyddaf i'n cynnal gweithgareddau codi arian eraill yn ystod y flwyddyn gyda'r bwriad o groesawu digwyddiad sgrinio calon ar gyfer dau gant o bobl ifanc lleol y flwyddyn nesaf.

Er gwaethaf amgylchiadau tywydd anodd fe aeth yr arddangosfa tân gwyllt ymlaen yn ddiraffferth, sy'n tystio i waith caled ein staff yng Nghyngor y Dref, tîm digwyddiadau CBSC, ac wrth gwrs nifer o'm cydgynghorwyr a wirfoddolodd ar y noson.

Fe gynhaliwyd fy ngwasanaeth Dinesig Maerol ar Orffennaf 2ail yn Eglwys Gymunedol Dewi Sant ym Mhensarn. Fe gawsom ein diddanu gan gantorion a cherddorion talentog iawn o Ysgol Glan Morfa ac Ysgol Emrys ap Iwan, a'r Band Pres Beulah bythol boblogaidd. Canolbwynt yr achlysur oedd tynnu sylw at waith ardderchog gwirfoddolwyr yn ein sefydliadau chwaraeon lleol niferus. Rydym yn hynod o ffodus yn cael cymaint o unigolion ymroddedig, wedi ymroi i gadw'n pobl ifanc yn hapus ac yn iach.

Fel ag y mae'r nosweithiau'n tynnu atynt a'n meddyliau'n gwyro tuag at dymor yr ŵyl, fe gefais y pleser o ddewis cerdyn Nadolig y Maer o blith cannoedd o gynigion a anfonwyd gan ddisgyblion yn ein hysgolion cynradd lleol. Roedd hyn yn eithriadol o anodd gan eu bod oll yn wych, ac fe hoffwn i ddiolch i bob plentyn a wnaeth gynnig.

Fe fydd Rhagfyr yn fis prysur ac rydw i'n edrych ymlaen at fynd i gynifer o ddigwyddiadau ag y gallaf, gan gynnwys ein cyngerdd Nadolig yn Eglwys Sant Mihangel ar Ragfyr 1af, ac ymweld â'n catrefi gofal a chartrefi cymorth lleol.

Ar fy rhan i fy hun, a'r Faeres, a phawb ar Gyngor y Dref fe hoffwn ddymuno Nadolig Llawen a Blwyddyn Newydd Dda, iach a llewyrchus iawn i chi i gyd

Y Cyngorydd Charlie McCoubrey,
Maer Abergele 2023 - 2024

Dear Reader

It was a huge pleasure to attend the Firework display on Pensarn prom on the 4th of November. Despite the inclement weather it was fantastic to see so many people turn up and I am incredibly grateful for the generous donations people made to support my chosen charity Cardiac Risk in the Young (CRY). I will be carrying out other fundraising activities through the year with the aim of hosting a cardiac screening event for two hundred local young people next year.



Despite the difficult weather conditions the firework display ran seamlessly which is testament to the hard work of our staff at the Town Council, CCBC events team and of course many of my fellow Councillors who volunteered on the evening.

My Mayoral Civic service was held on the 2nd July in the Community Church of Dewi Sant in Pensarn. We were entertained by some very talented young singers and musicians from Ysgol Glan Morfa and Ysgol Emrys ap Iwan and the ever popular Beulah Brass band. The focus of the event was highlighting the fantastic work carried out by volunteers in our many

local sporting organisations. We are really lucky to have so many dedicated individuals, committed to keeping our young people happy and healthy.

As the nights draw in and thoughts turn towards the festive season I had the pleasure of choosing the Mayor's Christmas card from hundreds of entries submitted by pupils at our local primary schools. This was incredibly difficult as they were all brilliant and I would like to thank every one of the children who entered.

December will be a busy month and I look forward to attending as many community events as I can including our Christmas concert at St Michael's Church on the 1st December and visiting our local care homes and assisted living homes.

On behalf of myself, the Mayoress and everyone at the Town Council I would like to wish you all a very Merry Christmas and a happy, healthy and prosperous New Year!

Cllr Charlie McCoubrey,
Abergele Mayor 2023 - 2024



Dydd Sul Dinesig a Dathliadau Cyraeddiadau Cymunedol Civic Sunday and Celebrations of Community Achievements

Fe gynhaliwyd Sul Dinesig Blynnyddol y Maer, y Cynghorydd Charlie McCoubrey ddydd Sul, Gorffennaf 2ail, yng Nghanolfan Dewi Sant. Fe groesawodd y Maer siaradwyr gwadd o'r Gymuned, gan gynnwys Shan Owen o Glwb Pêl-droed Pentre, Adrian Standerwick o CRY (Cardiac Risk in the Young), elusen y Maer am y flwyddyn, a Charlotte Williams o Dreigiau Glannau, sydd yn glwb rygbi merched dan 18 oed, ac wedi eii leoli yng Nghlwb Rygbi Abergele. Fe hoffai'r Maer ddiolch i'r Parch. Kate Johnson, Beulah Brass, Ysgol Glan Morfa ac Ysgol Emrys ap Iwan am fod yn bresennol, ac am ddarparu eu cefnogaeth. Fe gasglodd y gwasanaeth £256.00 ar gyfer elusen y Maer.

Roedd cynulleidfya dda yn y gwasanaeth a fwynhawyd gan yr holl westeion, gan gynnwys nifer o Faerau a Maeresau Cyngorau Tref eraill, a chynrychiolwyr eraill, yn cynnwys y Cynghorydd Ifor Lloyd, Cadeirydd Cyngor Bwrdeistref Sirol Conwy, a ddarllenodd un o'r darnau yn Gymraeg fel rhan o'r gwasanaeth.

The Mayor Cllr Charlie McCoubrey's Annual Civic Service was held on Sunday 2nd July at Canolfan Dewi Sant. The Mayor welcomed guest speakers from the Community including Shan Owen from Pentre Football Club, Adrian Standerwick from CRY (Cardiac Risk in the Young), the Mayor's charity for the year, and Charlotte Williams from Dreigiau Glannau, which is an under 18's girls rugby club hosted at Clwb Rygbi Abergele. The Mayor would like to thank the Rev. Kate Johnson, Beulah Brass, Ysgol Glan Morfa and Ysgol Emrys ap Iwan for attending and providing their support. The service collected £256.00 for the Mayor's charity.

The service was well attended and enjoyed by all guests, including a number of other Town Council Mayor and Mayoress' and other representatives, including Cllr Ifor Lloyd, Chair of Conwy County Borough Council who read one of the readings in Welsh as part of the Service.

CYNGOR TREF ABERGELE TOWN COUNCIL



GWASANAETH DINESIG
Dydd Sul Gorffennaf 2il 2023 am 3yh
ar achlysur ymweliad
Y Maer Y Cyngorydd Charlie McCoubrey
a'r Cyngorwyr
i ofyn am fendith Daw ar weithgareddau
Cyngor Tref Abergele yn ystod y flwyddyn 2023/24

MAYOR CIVIC SERVICE
Sunday 2nd July 2023 at 3pm
on the occasion of the visit of
The Mayor Cllr Charlie McCoubrey
and the Councillors
to Canolfan Dewi Sant, Pensarn
to ask for God's blessing on the activities of
Abergele Town Council during the year 2023/24



Fe hoffai'r Maer fanteisio ar y cyfle hwn i ddiolch i bawb sy'n bresennol yn y Gwasanaeth am eu cymorth, ac yn arbennig felly i'r Parch Kate Johnson am ei harweiniad ysbrydol; i Fand Pres Beulah, Ysgol Emrys ap Iwan a Chôr Ysgol Glan Morfa.
Diolch hefyd i Mrs Mandy Evans, Clerc y Dref, ac i'w staff am helpu gyda'r trefniadau ar gyfer y Gwasanaeth Dinesig hwn.

The Mayor would like to take this opportunity to thank all who have attended the Service for their support, especially Reverend Kate Johnson for her spiritual guidance; to Beulah Brass Band, Ysgol Emrys ap Iwan and Ysgol Glan Morfa School Choir.
Thanks also to Mrs Mandy Evans, Town Clerk, and her staff for helping with arrangements for this Civic Service



Bydd y casgliad wrth y drws yn mynd i Peryglon y Galon yn yr Ifanc.

The Retiring Collection is towards Cardiac Risk in the Young (CRY)



Richard Gwyn Waters,**(26 Tachwedd 1943 - 13 Hydref 2023 / 26 November 1943 - 13 October 2023)**

Gyda thristwch mawr y clywsom ym mis Hydref am farwolaeth y cynghorydd Richard Waters.

Richard oedd yr hiraf ei wasanaeth fel Cynghorydd Tref Abergele, o 1979 hyd at 2022 - cyfanswm o 43 blwyddyn. Yn ystod y cyfnod hwn fe wasanaethodd hefyd fel Cynghorydd Bwrdeistref Colwyn am 13 blwyddyn, Cyngor Sir Conwy am 8 mlynedd, a chafodd ei ethol yn Faer Abergele. Fe gynrychiolodd Gyngor Tref Abergele ar nifer o bwyllgorau, ac roedd yn llywodraethwr ysgol am lawer o flynyddoedd. Roedd yn gadeirydd cenedlaethol o Gymdeithas Cynghorau Cymuned a Thref Cymru, gyda'i amcan o gynrychioli buddiannau cynghorau cymuned a thref llai eu maint, megis Abergele, a rhoi llais amlycach iddyn nhw. Fe helpodd Richard hefyd i sefydlu cangen o'r Cyngor i Amddiffyn Cymru Wledig (CPRW) sef grŵp yn gweithio i hyrwyddo economi wledig a'r dirwedd naturiol. Roedd o'n gefnogwr brwd o gymdeithasau hanes lleol, megis Clwb Maes Abergele, Grŵp Hanes Betws yn Rhos a Llanellian yn Rhos, a Chymdeithas Hanes Sir y Fflint, ble y gwnaed ef yn Is-gadeirydd Anrhydeddus am ei wasanaeth hir.



Fe fydd yn cael ei golli'n fawr gan bawb a wasanaethodd efo fo dros gynifer o flynyddoedd. Gyda'i natur dawel, agos-atoch, barchus roedd o'n ddyn annwyl iawn yng ngolwg pawb, ac roedd ei wybodaeth am y dref a'r ardal leol yn anhygoel.

Pan ymddeolodd Richard o Gyngor Tref Abergele fis Mai y llynedd fe gafodd o, ynghyd â Chynghorydd arall, Brian Roberts, a ymddeolodd ar ôl gwasanaeth hir, yr anrhydedd o fod yn Rhyddfreinwyr cyntaf y Dref. Fe roddwyd yr anrhydedd hon iddo am ei gyfraniad eithriadol i'r dref, ac am ei ymroddiad tra'n gwasanaethu pobl Abergele.

It was with great sadness that we learned in October of the passing of former Councillor Richard Waters.

Richard was the longest serving Abergele Town Councillor, from 1979 until 2022 - a total of 43 years. During this time he also served as a Colwyn Borough Councillor for 13 years, Conwy County Councillor for eight years, and appointed Mayor of Abergele. He represented Abergele Town Council on several committees and was a school governor for many years. He was the national chairman of the Wales Association of Community and Town Councils, whose mission was to represent the interests and give a greater voice to smaller community and town councils, such as Abergele. Richard also helped establish the Conwy branch of CPRW - Council for the Protection of Rural Wales - a group campaigning to promote rural economies and the natural landscape. He was a keen supporter of local historical societies, such as Abergele Field Club, Betws-yn-Rhos and Llanellian-yn-Rhos History Group, and Flintshire Historical Society, where he was made an Honorary Vice-President for his long service.

He will be sadly missed by all who served with him over the many years. His quiet, approachable and respectful manner endeared him to all, and his knowledge of the town and local area was immense.

As Richard stood down from Abergele Town Council in May last year, he was given the honour, along with another long serving retiring Councillor (Brian Roberts), of becoming the first Freeman of the Town. This honour was conferred to him for his outstanding contribution to the town, and dedication while serving the people of Abergele.

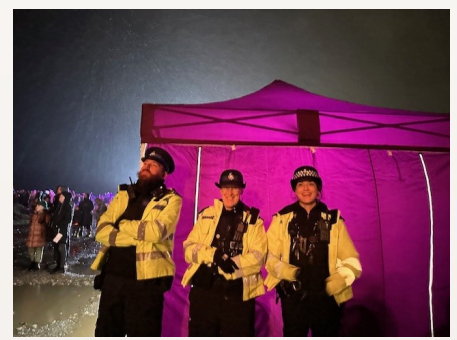
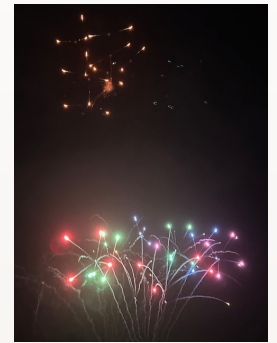


Arddangosfa Tân Gwylt Abergele 2023

Fe ddaeth Cymuned Abergele ynghyd unwaith yn rhagor ar gyfer y Tân Gwylt blyneddol. Eleni oedd y flwyddyn gyntaf i'r Tân Gwylt fod dan reolaeth Cyngor y Dref. Fe hoffai'r Cyngor ddiolch i'r Cyngorydd Andrew Wood am ei fewnbwn gwerthfawr, ac am ofalu bod y dref wedi mwynhau'r achlysur am yr ugain mlynedd diwethaf. Fe hoffai'r Cyngor ddiolch hefyd i Events Conwy a Ffair Knightly a phawb arall a weithiodd yn y cefndir i ofalu bod yr achlysur wedi mynd yn ei flaen yn esmwyth ac effeithiol. Yn anffodus doedd y tywydd ddim o'n plaid. Diolch arbennig i Gasglwyr Pensarn a oedd allan ar y bore Sul yn gwneud eu casglu sbwriel wythnosol. Fe gododd y casgliad er budd CRY (Cardiac Risk in the Young) £2,500, o ganlyniad i'ch cyfraniadau caredig chi.



Thank you to the Emergency Services for supporting our event; Bottom left Abergele Fire Service; Rhyl Coastguard Team (Centre) and PCSOs from Rhyl who came over for the event (Bottom right).



Abergele Firework Display 2023

The Abergele Community once again came together for the Annual Fireworks. This year was the first year that the fireworks were under the management of the Town Council. The Council would like to thank Cllr. Andrew Wood for his valuable input and for ensuring that the Town enjoyed the event for the last 20 years. The Council would also like to thank Events Conwy and Knightly's Funfair and all others who worked behind the scenes to ensure that the event went smoothly and efficiently. Unfortunately, the weather was not in our favour. Special thanks to the Pensarn Pickers who were out on the Sunday morning doing their weekly litter pick. The collection in aid of CRY (Cardiac Risk in the Young) raised over £2500 from your kind donations.



GRANT COFFADWRIAETH GLANIAD

DYDD-D 2024:

CYNLLUN GRANT CYMUNEDOL

Mae Cyngor Tref Abergele'n cynnig grantiau i glwbiau, cymdeithasau, grwpiau cymuned ac ysgolion sy'n dymuno cynnal gweithgareddau megis 'Diwrnod Cenedlaethol Pysgod a Sglodion'

i gofio Glaniad Dydd-D ar Fehefin 6ed, 2024

Cynllun grant un tro ydy hwn ar gyfer hyd at £250

Rhaid i'r weithgaredd ddigwydd yn ystod wythnos Mehefin 1af - 9fed 2024

Gall eich grŵp wneud cais am y grant trwy anfon llythyr cais ar bapur swyddogol i Gyngor Tref Abergele, Neuadd y Dref, Ffordd Llanddulas, Abergele LL22 7BT. Y dyddiad cau ar gyfer ceisiadau ydy Ebrill 5ed, 2024.

Am y nodiadau arweiniad a gwybodaeth bellach edrychwch ar y wefan os gwelwch yn dda <https://abergelepensarn.co.uk> neu ffonio 01745 833242





THE D-DAY LANDINGS COMMEMORATION GRANT 2024:

COMMUNITY GRANT SCHEME

Abergele Town Council is offering grants for Clubs, Societies, community groups and schools wishing to hold events, such as 'National Fish & Chip Day', in commemoration of the D- Day Landings on the 6th June 2024.

This is a one-off **grant** scheme for up to **£250**.

The event must take place during the 1st to 9th June 2024.

Your group can apply for the grant by forwarding a letter of application on headed paper to the Abergele Town Council, Town Hall, Llanddulas Road, Abergele LL22 7BT, **closing date** for applications is **5th April 2024**.

For the guidance note and further information please view the website <https://abergelepensarn.co.uk> or telephone 01745 833242



Ymgynghoriad Cynllun Lleoliad / Place Plan Consultation

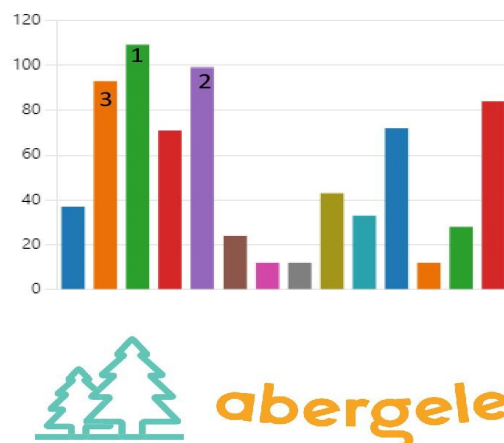
Llawer o ddiolch i bawb a roddodd o'u hamser i gyflwyno'u sylwadau ar gyfer yr ymgynghoriad ar y cynllun cyfredol. Fe dderbyniodd y Cyngor gannoedd o ymatebion, ar lein a thrwy'r cysylltiadau cyhoeddus a'r ffurflenni o'r Cylchlythyr diwethaf wedi eu cwblhau. Fe fydd y Cyngor yn penderfynu ar y blaenoriaethau i ganolbwyntio arnynt yn y misoedd i ddod. Isod fe welwch grynhoad o'r ymatebion a dderbynwyd.

Mae sleidiau canlyniad yr ymgynghoriad ar gael yn y Gymraeg, ar ofyn. Os hoffech gopi, cysylltwch efo ni os gwelwch yn dda ar info@abergeletowncouncil.gov.wales

Many thanks for all who took the time to submit their observations for the consultation on the current plan. The Council received hundreds of responses both online and through the public consultations and completed forms from the last Newsletter. The Council will decide on the priorities to focus on in the coming months. Below is a summary of the responses received.

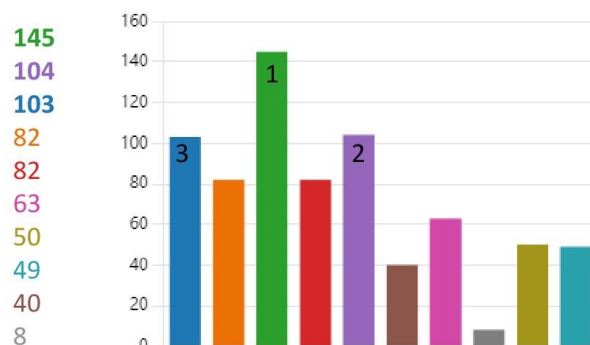
Managed by Place Plan and Abergel Town Council in conjunction with community groups and Conwy Borough County Council.

- | | |
|--|-----|
| 1) Improve shop fronts | 109 |
| 2) Enhance Promenade | 99 |
| 3) Public conveniences | 93 |
| 4) Pensarn and Belgrano development | 84 |
| 5) Improve Pentre Mawr Park | 72 |
| 6) Street Cleaning | 71 |
| 7) Allotments | 43 |
| 8) Waymarker project (Maps and pathway signs) | 37 |
| 9) Promotion of Historical sites (Churches, listed buildings, Gwrych, the Mount) | 33 |
| 10) Men shed/She shed Community hub | 28 |
| 11) Smarter Towns (Business promotion technology) | 24 |
| 12) Wi-Fi for Promenade | 12 |
| 13) Menter Iaith – Welsh Language Promotion | 12 |
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Regeneration projects managed by Welsh Gov, Conwy Borough County Council and the Regeneration Board.

- | | |
|---|-----|
| 1) Traffic management | 145 |
| 2) Western Gateway development | 104 |
| 3) School capacity and improvement plan | 103 |
| 4) Beach management of triple SSI at Pensarn to Ty Crwn | 82 |
| 5) Pensarn and Belgrano development | 82 |
| 6) Active travel schemes (Safer pathways for children) | 63 |
| 7) Pump track – similar to a BMX track | 50 |
| 8) Sea Road and Primrose Hill Bridges | 49 |
| 9) 4G Sports pitch and facilities | 40 |
| 10) Cemetery space | 8 |



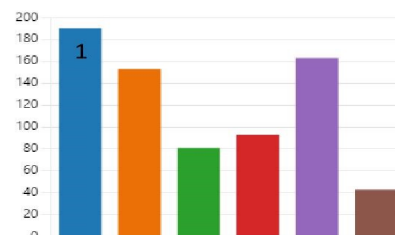
In your opinion what is Abergele's **best selling point**?

- 1) **Beach and Promenade** 171
- 2) Tourism offer - e.g. Gwrych Castle and Manorafon Farm 101
- 3) Woodlands 84
- 4) Parks 71
- 5) Independent high street and architecture 55



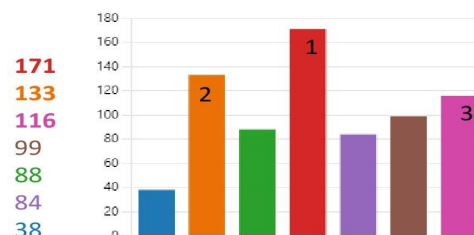
What feature of Abergele should our events celebrate and promote?

- 1) **Beach and Promenade** 190
- 2) Woodlands and walks 163
- 3) Parks and Wildlife 153
- 4) Cultural and Heritage e.g. Manorafon, Gwrych etc 93
- 5) High Street and Architecture 81
- 6) River Gele 43



What are the main areas that Abergele could improve in?

- 1) **The physical appearance of the town centre - a nicer environment** 171
- 2) **Cultural activities/events (Festivals, parades, fairs)** 133
- 3) **Access to public services and banks** 116
- 4) Evening time offer e.g. restaurants, pubs & bars 99
- 5) Retail offer 88
- 6) Leisure and sports facilities 84
- 7) Information on town centre e.g. maps, town guide etc 38



y Codoediad 2023
Armistice Day 2023

Fe ymunodd y Maer ac aelodau o'r Cyngor gyda chyn-filwyr ar yr unfed awr ar ddeg ar unfed dydd ar ddeg o'r unfed mis ar ddeug i nodi Dydd y Cadoediad a'r parch tuag atynt yn y dref, ble yr ymunwyd â hwy gan driglion lleol, a ble y parchwyd y dau funud o dawelwch, pan safodd y strydoedd yn dawel a chofio'r rhai a gollwyd ac a frwydrodd.

The Mayor and Council Members joined with ex service personnel on the eleventh hour on the eleventh day of the eleventh month to mark Armistice day and mark their respects in the town, joined by local residents, where they held the two minute silence when the streets stood still and remembered those who had been lost and had fought for their country.



Gorymdaith a Gwasanaeth Sul y Cofio 2023 Remembrance Sunday Parade and Service 2023

Fe ymunodd y Maer, y Faeres, aelodau o Gyngor y Dref, y Llang Brydeinig Frenhinol, Ysgol Glan Gele, Ysgol Sant Elfod, Ysgol Glan Morfa, Ysgol Emrys ap Iwan, ynghyd â'r Sgowtiaid, yr Heddlu, y Gwasanaeth Tân a grwpiau eraill, ddydd Sul, Tachwedd 12fed, i gofio am y rhai a gollwyd mewn brwydr. Fe arweinwyd yr orymdaith gan yr Everton & District Pipe Band i Eglwys Sant Mihangel, ac er gwaethaf y tywydd fe groesawodd y Parch. Kate Johnson eglwys lawn i'r gwasanaeth arbennig hwn, gan gynnwys anerchiad gan y Deon Linda Brown o Eglwys Fethodistaidd Sant Paul.

Fe gynhalwyd Gwasanaeth o Gofio hefyd yn Eglwys Llansansiôr yr un pryd, wedi ei arwain gan Brian Churchill, a chyda'r Dirprwy Faer, y Cynghorydd Diane Green. yn bresennol.

The Mayor, Mayoress, Members of the Town Council, Royal British Legion, Ysgol Glan Gele, Ysgol Sant Elfod, Ysgol Glan Morfa, Ysgol Emrys ap Iwan, together with Scouts, Police, Fire Service and other groups came together to commemorate those lost in conflict on Sunday, 12th November. The parade was led by the Everton & District Pipe Band to St. Michael's Church and despite the weather Rev Kate Johnson welcomed a full church to this special service, including an address from Deacon Linda Brown of St Paul's Methodist Church.

A Service of Remembrance was also held in St George Church at the same time, led by Brian Churchill, attended by Deputy Mayor Cllr Diane Green.



Chester Marathon 2023 ~ Abergele Residents

Councillor John Jones's marathon odyssey in 2023 unfolded as a triumphant celebration of his 65th birthday, with each race chosen to symbolize both the diversity of the global running community and the resilience that comes with age. The series commenced with an exclusive invitation from the Mayor of Himeji, Japan, setting the tone for a remarkable journey.

In Himeji, John joined just three other Welsh runners in a marathon that not only showcased the city's charm against the backdrop of cherry blossoms but also emphasized the global camaraderie embedded in the running culture. This unique opportunity marked the beginning of his celebratory year, as he embraced the challenge and beauty of an international marathon.

The second chapter unfolded in the heart of London, with the iconic London Marathon in April. Navigating the bustling streets of the British capital, John became part of a diverse sea of runners, cheered on by spectators from around the world. The London Marathon is a testament to the inclusivity of the sport, where individuals of varying ages and backgrounds converge to share the joy of running. For John, it was not just a race against time but a celebration of his enduring passion for running on the grand stage.



Chester played host to the third marathon, where John proudly represented Wales in the V65 category. This race elevated the significance of John's participation, as he ran not only for personal achievement but also for his country. The Chester Marathon, known for its scenic route and historical ambiance, provided a platform for John to showcase his dedication to both personal fitness and national pride.

The grand finale of John's celebratory marathons unfolded in Llanberis with the renowned Marathon Eryri. Nestled in the challenging terrains of Snowdonia, this marathon is hailed as the hardest in the UK and among the most demanding in Europe. Completing this arduous course at the age of 65 demonstrated John's unwavering determination and a defiance of conventional expectations regarding age and physical capability.

Together, the marathons in Himeji, London, Chester, and Llanberis formed a mosaic of experiences, each representing a unique challenge and a celebration of John Jones's remarkable journey into his 65th year. The diversity of these races, from the exclusive international invitation to the iconic cityscape of London, the national representation in Chester, and the formidable terrain of Snowdonia, mirrored the richness of his running narrative and the indomitable spirit that defines his approach to life and marathon running.



Abergele Christmas Fayre

From 10.30am - 2.30pm on Saturday 9th December at The Old People's Club & St Michael's Church, activities to include:

- * Wreath Making
- * Christmas Gifts
- * Charity Stalls
- * Refreshments from the WI

Carols and lighting up of the Gratitude Tree in St Michael's Church Ground at 4pm

Please come along and support your local town



The Hummingbird Project North Wales Expands!

The Hummingbird Project North Wales now has a permanent home at 2 Water Street Abergele, where they have set up a Hub to help and support people in need.



Following on from a successful grant from the National Lottery, the group have secured a five year lease on the former shop, and are already running several campaigns.

Keep Warm

There are free winter coats for everyone available at the Hub. One per person: adults, teens, children or babies, just come in and choose one.

We are giving Keep Warm Packs out to people referred to us as being in fuel poverty and likely to be cold in the home. So far we have distributed over 100, and anticipate doing many more over the cold weather months. On an afternoon in February the Hub plans to hold a 'warm welcoming space' event for anyone who would like to pop in, more information to follow!

Christmas

This Christmas the Hub is going to become a free gift store for families in need. Referred by professionals, families will be able to access toys and gifts to make sure that no children go without a visit from Santa.

Alongside the campaigns the Hummingbirds continue to support people with furniture and bedding, household goods, curtains and towels. Since March they have rehomed almost 60 beds, most going to children who didn't have a bed of their own. Working in partnership with Abergele Food Bank they have helped families with basic kitchen equipment, rugs and more.

You can get involved in helping the Hummingbirds by following them on Facebook, donating to their campaigns, fundraising and sharing their posts and appeals. Pop into the Hub during opening times to find out more. Monday, Wednesday and Saturday 11am to 2pm.

Contact Pam Lake at hummingbirdsNW@mail.com



[The Hummingbird Project North Wales](https://www.facebook.com/hummingbirdsNW)

Canolfan Dewi Sant Centre

Canolfan Dewi Sant Centre in Pensarn has continued to be very busy all through 2023 with a packed diary of various activities and groups available.



Canolfan Dewi Sant Centre

Everyone is welcome to the weekly Church in Wales Service which takes place here on Tuesdays at 10.30am. There are many community support groups here plus Pensarn Food Share; Martial Arts for all ages with Pritchard's Martial Arts; Habit Fitness; Walk Fit Aerobics classes, Yoga and Chair Yoga; Children's Clothes Share; Citizens Advice Conwy; Abergele Stroke Club; Abergele U3A groups; Welsh Blood Service; Singsation Pop Choir; Hearing Aid Clinic; Eat Well Spend Less programme.

The Dewi Sant Drop In takes place here every Thursday from 9.30am to 12 noon. This is open to everyone to drop in for a cuppa, cake, and some good company.

Jo Leslie of the North Coast of Wales Centre of Mission also has various community groups here including a Community Meal, Young at Heart for over 55s, a Menopause Café, BB's Brunch Bunch and a Transform Service at 11am on Sundays.

To find out more about any of these activities or to enquire about booking rooms here, please contact Theresa Curran on 07975 543020, find Canolfan Dewi Sant Centre on Facebook, email dewisant@btconnect.com or go to www.dewisantcentre.com

We would like to take this opportunity to thank you all for your support during 2023 and we send our best wishes to everyone for 2024.

St Paul's Church Abergele

Dear Friends

I wonder if like me December often takes you by surprise? I always feel after the sombre and reflective time of remembering others on Remembrance Sunday it is not too long before we start thinking about Christmas! and in many churches we begin the season by preparing ourselves during the season of Advent.

The coming of Christ as a baby came as a surprise to many - not least Mary and Joseph. During the weeks ahead we begin to focus on the greatest gift the world has ever been given.

His name is Jesus!

He came that we might know life, and life to the full. As we prepare ourselves for this season, take this opportunity to embrace this gift for yourselves.

Maybe you'd want to consider inviting family and friends to one of the services we offer here at St. Paul's? Take a few moments to look at what we have planned, you will be offered a very warm welcome

On behalf of our Church, I hope and pray that this coming Christmas will be filled with joy and peace.

May God bless you

Deacon Linda



Church of St Therese of Lisieux, Abergele / Plwyf Santes Therese, Abergele

Church of Christ the King, Towyn / Plwyf Crist Frenin, Tywyn

Papal Honours for North Wales Ladies

Pope Francis has awarded important medals to two ladies in North Wales. The medal, known as the Benemerenti, is a major honour awarded for long and exceptional service to the Catholic Church. The recipients are Maureen Harrison from Abergele and Angela Davies of Towyn.

The medals were presented by Bishop Peter Brignall of Wrexham at 7pm on Friday 27th October 2023. Maureen Harrison was Sacristan at St Joseph's, Birkdale for twenty years followed by more than twenty years of service at St Theresa's Catholic Church in Abergele.

Maureen was both a Reader and Eucharistic Minister over this period. Maureen also took part in teaching the RCIA programme for adults wishing to enter the Catholic Church and made and repaired many of the vestments and altar linens used in the Church.

Angela Davies has been active in the Church of Christ the King in Towyn for over forty years. She went to the old wooden Church in Towyn and raised money for the new building completed in 1974. Angela was involved in the clean up and rebuilding of the Church after the disastrous flooding of 26th February 1990 when the Church was submerged under four feet of sea water. Angela was Sacristan, Reader and Eucharistic Minister over this period of time and was Chair of the Governors of Blessed Edwards Jones' School in Rhyl for over twenty years as well. Angela also helped to organise the bi-annual fayres that were held at Towyn to raise money for the parish.



Church Services Information



St Paul's Church

- ♦ Sunday 17th December 10.30am - Carol Service
- ♦ Christmas Eve - Sunday 24th December 10.30am - Family Service including lighting of Christingles
- ♦ Christmas Day - Monday 25th at 10.30am - Service held jointly with our Church at Old Colwyn, Wynn Avenue LL29 9RF

St Michael's Church

- ♦ Sunday 17 December 11am - Nine Lessons & Carols
- ♦ Christmas Eve - Sunday 24th December 11am - Eucharist
- ♦ Christmas Eve - Sunday 24th December 6pm - Christingle
- ♦ Christmas Eve - Sunday 24th December 10pm - Christmas Eucharist



St George Church

- ♦ Tuesday 19th December 7pm – Nine Lessons & Carols
- ♦ Christmas Eve - Sunday 24th December 9.30am - Eucharist
- ♦ Christmas Eve - Sunday 24th December 6pm - Christingle
- ♦ Christmas Day 10am – Christmas Eucharist



NADOLIG YM MYNYDD SEION

- ♦ Nos Sul, Rhagfyr 10fed:- Yng Nghapel Mynydd Seion Naws Nadolig 6 o'r gloch - Dan nawdd Cymdeithas Emrys ap Iwan
- ♦ Dydd Mawrth, Rhagfyr 12fed:- Gwasanaeth Nadolig Yn y Ganolfan 10.30 Y Cylch Meithrin
- ♦ Dydd Iau, Rhagfyr 14eg:- Gwasanaeth Nadolig Ysgol Glan Morfa Yn y Capel 2 yr prynhawn a 6 yr hwyr
- ♦ Bore Sul, Rhagfyr 17eg:- am 9.45 yn y Eglwys Gwasanaeth plant a phobl ifanc
- ♦ Bore Sul, Rhagfyr 24ain:- Oedfa Nadolig yn y Festri am 9.45 a phaned wedyn
- ♦ Bore Nadolig, Rhagfyr 25ain:- Oedfa Nadolig am 9 o'r gloch

Cymdeithas y Chwiorydd

- ♦ Dydd Mercher Rhagfyr 13eg:- Cinio Nadolig am hanner dydd yng Ngholeg Llandrillo yn Rhos

Dementia Friendly Abergele

In September we held the first Abergele Memory Walk, with a lap around Pentre Mawr Park. It was a great turnout with over £500 raised. These funds covered the Alzheimer's Society fundraising target and the remaining funds to Dementia Friendly Abergele (DFA) to be used locally.

Abergele Town Council (pictured) completed their Dementia Friends Information Session over the summer. This was a refresher for some, and for others this was their first time learning the information, this enabled the Town Council to retain Dementia Friendly status. Great feedback was received. A number of local organisations have now planned their sessions for the coming months. We will be encouraging these sessions to be open to the public to capture a wider audience. So look out for the posters, the more in attendance the merrier!



We were thrilled to be invited to Ysgol Emrys ap Iwan recently, where we welcomed 46 new Dementia Friends. These were Health & Social Care learners initially and we look forward to returning and delivering more sessions to high school students. We also hope to be working with the primary schools very soon.

To become a member of DFA as a group/organisation/school there is a simple form to complete and pledges to be made to improve three areas: People; Processes; Place. We look forward to seeing more people come forward and register their interest with the view to becoming more Dementia Friendly. A recognition ceremony will take place in 2024 for those who are making a difference in the community.

For further enquiries, please visit our Facebook page 'Dementia Friendly Abergele' <https://www.facebook.com/AbergeleDFC> or website <https://abergeledementiafriendly.org/> or contact Melanie Gizzi 07584 050269





Dementia Friends
An Alzheimer's Society initiative

Become a Dementia Friend

Join us for this free interactive Information Session to learn how dementia affects a person and what you can do to make a difference. Become a Dementia Friend and join more than 3 million others taking action. From being more patient in a shop queue to campaigning for change, every action counts. Anyone of any age can become a Dementia Friend.

DATE **Every month**

START TIME **Various times/days**

DURATION **1 hour**

VENUE

**StudiOMG,
Water Street,
Abergele,
LL22 7SH**

This venue is wheelchair accessible.

OTHER INFORMATION

These sessions are specifically designed for those aged 14 and above and are open to the public. If you would like a workplace session to take place please get in touch.

NAME **Melanie Gizzi**

CONTACT DETAILS

07584 050269

melanie@omgfabulous.co.uk

 dementiafriends.org.uk

 [@DementiaFriends](https://twitter.com/DementiaFriends)

 [/DementiaFriends](https://facebook.com/DementiaFriends)

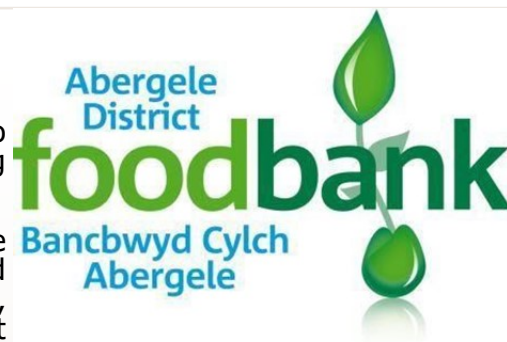


Alzheimer's Society
United Against Dementia

Abergele District Foodbank

We are so grateful for the donations received from the community and to the growing number of volunteers who give up their time processing stock and organising our warehouse and 'shop'.

Since July we have provided record numbers of food parcels and people seeking help from our debt advice service is on the increase. We need donations more than ever. Look out for us in Tesco on 30th November, 1st and 2nd December. Donations of food can be left in the permanent collection points in Tesco and Asda or you can drop off at the Foodbank from 9am – 5pm, Monday – Friday in the Booking Office, Pensarn Station.



Please consider joining us in our campaign organised by the Trussell Trust and Joseph Rowntree Foundation "[Guarantee Our Essentials](#)" calling on UK political party leaders to make sure Universal Credit protects people from going without the essentials.

If you are, or you know someone who is, in crisis and struggling to put food on the table and to heat their homes you can contact us and we will try to help.

We have several different opportunities for volunteering so why not consider it and give it a try?

Contact us: 07851 982512 info@abergeledistrict.foodbank.org.uk or see our website for information www.abergeleaction.co.uk



Wedi ei ariannu gan
Llywodraeth y DU



TÎM LLES CYMUNEDOL CONWY

Darparu cyngor a gwybodaeth i oedolion sy'n byw yn Sir Conwy, ar amrywiaeth o weithgareddau a grwpiau sydd ar gael yn yr ardal leol, er mwyn cefnogi eich lles.

"Roeddwn yn nerfus cyn dod ond roeddwn eisio dod gan fy mod yn gallu bod yn hynod o unig ac yn diflasu gartref. Ni allwn gredu pa mor hyfryd ydoedd a bod modd i mi wneud ffrindiau ar unwaith!"



"Rwyf wedi cwrdd â phobl hyfryd ac wedi cael llawer o wybodaeth. Rwyf bellach yn mynychu'r grŵp gwau a sgwrs ac mae hyn yn fy helpu i deimlo'n llai unig"



Ffôn: 01492 577449

Ebost: arosyniach@conwy.gov.uk

WEDI'I YARU GAN
**FFYNIANT
— BRO —**



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CONWY COMMUNITY WELLBEING TEAM

Providing advice and information to adults living in Conwy County, on a range of activities and groups available in the local area, in order to support your wellbeing.

"I was so nervous before I came but I wanted to come as I can get so lonely and bored at home. I couldn't have believed it was going to be just so lovely and that I would make friends straight away!"



"I met some lovely people and found out a lot of information I am now attending the knit and natter and this is helping my loneliness"



Call: 01492 577449

Email: stayingwell@conwy.gov.uk

POWERED BY
**LEVELLING
— UP —**



Llyfrgell Abergele Library

Reading Road Map



If you have a child who is either Key Stage 1 (KS1) or Key Stage 2 (KS2) age, why not get them to sign up for Conwy libraries' new Reading Road Map scheme?

This scheme (the first of its kind in Wales) encourages children to read books allowing them to choose their own reading path on the Map from funny books to mystery books, adventure to sport and many more!

Each milestone is celebrated with stickers and a certificate for Bronze, Silver, Gold and Platinum achievements.



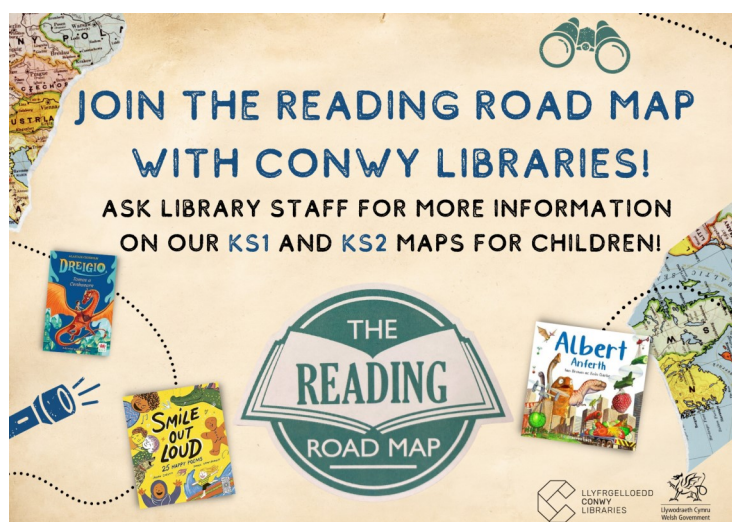
Christmas

Whether you fancy a cosy Christmas read, books for festive food or Christmas crafts, Abergele library has a wide range of books for readers and makers alike!

Come and choose your festive read. Save money by borrowing books!

Our Christmas story time is on Saturday 9th December at 10 a.m. (and every Monday at 10 a.m. in December). Come and listen to some festive stories and jingle some bells!

Remember, you're always welcome in the library - we look forward to seeing you - come and say hello!



Abergele Young Writer's Group

The Abergele Young Writer's Group ran from 26th July till 30th August and then every Wednesday in October from 6.15-7pm at Abergele Library. Unfortunately due to funding issues we are unable to continue.

We covered various writing topics and ideas; point of view, character development, gender, using all senses, not enough female writers [the group was predominately girls], great opening paragraphs, how to end well, and a lot about how hard it is to publish, especially with the group being under 13 years old and not allowed to be active on social media. There was also lots of fun and laughter as well as writing.

Here are some excerpts from some of the work that the girls were happy to share:

Grace – Title "*The Broken Phone*" [an idea expanded on from another participant's work] 'Harrison watched with grief as his phone tumbled off the side of the cliff'

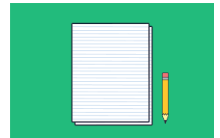
Lily – Title "*The Woods*" [again expanded from another participant's work] 'She maybe a Grandma but she's still in shape'

Kasie – 'Beyond her sweet and innocent look lies a strong determined young woman'

Esme – 'You soon realised you only heard one side of the story. The one where I'm the bad guy. Maybe things would have turned out differently if he wasn't always as thorough, empathy was a liability'

As a group we would very much like to thank the staff at Abergele library, Creu Conwy (Conwy County Borough Council), ADAG, Arts Council of Wales, Welsh Government and Families First for their support.

If anyone is interested in helping to fund a group of enthusiastic young writers from the Abergele area, please get in touch with me, Diane Woodrow, via email: barefootatthekitchentable@gmail.com



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HYSBYSEBU RHAD AC AM DDIM!

Fe hoffai Cyngor Tref Abergele (CTA) groesawu busnesau newydd sydd wedi agor yn ddiweddar yn Abergele / Pensarn.

Mae hawl gan unrhyw fusnes lleol i restru rhad ac am ddim ar ein gwefan, ac fe gaiff eich cyflwyniad ei bostio hefyd ar ein tudalennau cyfrwng cymdeithasol.

Mae CTA yn dymuno i chi haf prysur i ddod, ac yn diolch i chi am leoli yn ein hardal.

FREE ADVERTISING!

Abergele Town Council (ATC) would like to welcome new businesses which have recently opened in Abergele/Pensarn.

Any local business is entitled to a free listing on our website and your submission will be posted on our social media pages too.

Don't delay, visit our website today...

WWW.Abergelepensarn.co.uk



CLWB STRÔC ABERGELE ABERGELE STROKE CLUB

(covering Abergele, Pensarn, Kinmel Bay & Towyn)

Have you survived a stroke or know someone that has?

Would you be interested in joining in with other stroke survivors who meet fortnightly on Thursday afternoons at the Dewi Sant Centre in Pensarn?

With talks, quizzes, outings, entertainment and anything else that adds to the fun that members enjoy together — why not find out more?

We would love to hear from you so, for further details, please contact either:

Barbara Pilley on 01745 823534 or
Sharon Makin on 01745 608318

Find us on Facebook 'Abergele Stroke Club'

Website: www.abergelestrokeclub.co.uk



CLWB RYGBI ABERGELE

The Senior Men's team continue to improve and are currently in the top half of a very competitive league and will soon start on their North Wales Cup journey.



The Senior Women's team currently sit at the top of their League and have an away trip down to Penarth in the WRU National Plate Competition. A lack of fixtures is still a problem but hopefully some cross border matches can soon be arranged. The Dreigiau Glanau Hub continues to thrive, giving girls across the age groups an opportunity to play their national game.

The Junior section, all 10 age groups, have matches against clubs from all corners of North Wales and will shortly be beginning their Christmas parties and also helping out on the Christmas Float.

We currently have over 300 players across the 3 sections but we are always on the lookout for players of virtually any age and ability and also volunteers who feel they could find a little time each week to help out. The Club website is: <http://abergele.rfc.wales> and Facebook page: <https://www.facebook.com/CRAbergele/> please log on to keep up to date with your local rugby team.



ABERGELE DISTRICT FLOWER CLUB

We would like to extend a warm welcome to anyone who may wish to come along to our Club to enjoy a night of friendship and flowers. You are very welcome to come as a visitor, entrance fee is £5. We hold our meetings at St Paul's Chapel Hall, Abergele, on the first Monday of the month.

The demonstrations commence at 7.30pm. The gifted demonstrators will be able to show you how to make the most of the flowers, giving rise to inspiration for the new and experienced flower arrangers alike.



Any further information is available from our Chairman, Mair Bissell Tel: 01745 825906

Abergele Town Council would like to offer all clubs, associations, and charities the opportunity to inform our readers what is available to them in Abergele. We ask you to send no more than a 150 word article in a Word document together with one jpeg file of your logo or a photo no later than the closing date on the rear page of the Newsletter.

Abergele Women's Institute



Abergele Women's Institute now meets on the **third** Friday in the month at the Old People's Centre, Church Street, Abergele at 7 p.m.

We would like to invite all ladies to come along to one of our meetings to check us out, where they will be assured of a friendly and welcoming atmosphere.

During 2024 we plan to have a variety of speakers, including the Air Ambulance, Detectorists, Line Dancing and more.

We have many sub groups that meet each month, including the craft group - Craft and Chatter, Book Club, and of course the famous 'Ladies that Lunch'. Our reading group is informal and friendly, with every person's point of view taken into consideration. Theatre and films, together with walking with, or without your dogs are included in our list of growing activities. Outings and coach trips etc. are also in the planning stage.

For any further information please contact the Secretary on **0795 846 0733**



Abergele 1st Rainbows for ages 4 - 7 meet on Wednesdays (term time ONLY) 5.30pm - 6.30pm in the Old People's Club, Church Walks, Abergele. For more information please contact:

2ndabergelerainbows@gmail.com

07752745421 - Helen

1st Abergele Rainbows have had an exciting first year, with 11 girls earning their bronze award. They had a great experience going to Waddow Hall, Clitheroe, to take part in the Magic and Mayhem fun day learning lots of new circus skills.

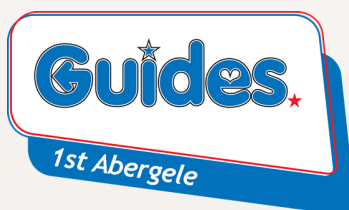


Abergele 2nd Brownies for ages 7 - 10 years, meet on Wednesdays (term time ONLY), 6.45pm - 7.45pm in the Old People's Club, Church Walks, Abergele. For more information please contact:

2ndabergelebrownies@gmail.com

07752745421 - Helen

Brownies - 2nd Abergele Brownies have been busy earning bronze awards this year, with 12 girls gaining their award. Some of the brownies also went to Waddow Hall, Clitheroe to take part in Adventure Camp; building a raft, rock climbing, zip wire and archery are just a few of the activities that they were able to take part in.



Abergele 1st Guides for ages 10 - 14, meet on Wednesdays (term time ONLY), 8pm - 9pm, in the Old People's Club, Church Walks, Abergele. For more information please contact:

2ndabergeleguides@gmail.com

07752745421—Helen

Guides - 1st Abergele Guides joined up with 1st Colwyn Bay Guides and 1st Colwyn Rangers to attend Wellies and Wristbands at Waddow Hall, Clitheroe. The girls had to put up their own tents on arrival and spent 3 days with live music, outdoor activities and got to meet lots of other guides and rangers from across the UK.

Abergele Scouts



1st Abergele (St Michael's) Scout Group have two small sections of Cubs running at the moment (aged 8 to 10½) on a Thursday 6:30pm to 7:30pm term time only, and Scouts (aged 10½ to 14) on a Monday 6:30pm to 7:30pm term time only.

We are looking to increase numbers of young adults, but that depends on volunteers to assist running the sections. For the rôle, a DBS check is required and training is provided. It may be as simple as just giving one hour a week, but it is rewarding seeing the young adults learn new skills for life.

Activities can include: cooking, camping, climbing, hiking, archery, or abseiling, for example.

For more information please contact me either on: twohootsnow@aol.com or 07769 255022.

Nick (Lead Volunteer)



Here at Abergele Youth Shed we run activities throughout the week and half term including our workshops and activities based between ages of 10-20.

We include general sessions all with fun and educational values, a place to meet new people and learn social skills. We also work with ages 16 plus looking to gain skills to support with employability.

We also have our workshops learning digital skills, sports training, & breakfast clubs, these are all run by expert and qualified youth workers.



Wedi ei ariannu gan
Llywodraeth y DU

GWEITHGAREDDAU LLES Abergele a'r ardal gyfagos



Mae'r Tîm Lles Cymunedol yn helpu i gysylltu oedolion â'r gweithgareddau sydd ar gael yn eu hardal leol. Methu dod o hyd i'r hyn yr ydych yn chwilio amdano? Cysylltwch â'r tîm heddiw i gael mwy o wybodaeth am gyfleoedd eraill sydd ar gael lle'r ydych chi'n byw.

Ffôn: 01492 577449 E-bost: arosyniach@conwy.gov.uk Ewch i: www.dewis.wales

DYDD LLUN

Ioga - 6pm - 7pm
Kinmel Arms, Pentref Llan San Sior. £5
Cyswllt: Danielle 07825 251 120

Canu am Hwyl - bob pythefnos 1.30pm
Eglwys Sant Sannan, Llansannan.
£2 yn cynnwys lluniau
Cyswllt: Eifion 07584 413 400

DYDD IAU

Ioga i bawb (yn cynnwys yoga Hatham, Vinyasa a Yin)
7:50pm - 8:50pm
Canolfan Gymunedol Bae Cinnel, y Sgwâr, ger Ffordd Foryd, Bae Cinnel. £7 neu £25 am pedwar ddosbarth
Cyswllt: Hong 07443 924 063

Côr Singsation - 7.30pm
Canolfan Dewi Sant, Rhodfa'r De, Pensarn, Abergele.
£3.50 - mae'r ffi'n cynnwys y gerddoriaeth Yn daladwy â cherdyn yn unig. Mae'r sesiwn gyntaf am ddim.
Cyswllt: Jamie 07805 753 770

Dawnsio Llinell i ddechreuwr - 10am
Capel Mynydd Seion, 2 Chapel Street, Abergele. £4
Cyswllt: Maggie 07765 607 097

Crafty Beggars - 11am - 1pm
Clwb Cymdeithasol Bae Cinnel, 2 Crugan Avenue, Bae Cinnel. AM DDIM - tâl am y lluniau yn unig.
Cyswllt: Anna 07410 623 979

DYDD MAWRTH

Swim Fit - 8pm
Canolfan Hamdden Abergele, Faenol Avenue, Abergele.
Aelodaeth Ffit Conwy
Cyswllt: Canolfan Hamdden Abergele 0300 456 9525



DYDD GWENER

Clwb yr Hydref Abergele - 10am - 12pm
Clwb Henoed Abergele, 3 Stryd yr Eglwys, Abergele.
am de, coffi a bisgedi. £1 Bingo a raffi. £6 am danysgriadau blynyddol.
Cyswllt: Ted 01745 825235

DYDD MERCHER

Ioga Cadair - 11:15am - 12pm
Canolfan Dewi Sant, Rhodfa'r De, Pensarn. £4
Cyswllt: Wendy 07443 456 109

Cymysgu a Chymdeithasu - 2pm - 4pm
Festival Church, 87 Gors Road, Towyn.
AM DDIM - croesewir rhoddion
Cyswllt: Cyng Bernice McLoughlin 01745 361 318 /
Cyng Lynda Griffiths 01745 355 714

Noson Gymdeithasol - 7pm - 9pm
Festival Church, 87 Gors Road, Towyn. £3
Cyswllt: Sian 01745 343781



PENWYTHNOS

Côr Cymunedol Festival
Dydd Sadwrn 10.30am - 11.30am
Festival Church, 87 Gors Road, Towyn.
£1
Cyswllt: Vicky 01745 343781

Abergele Incredible Edible
Mae'r grŵp yn cyfarfod mewn gwahanol leoliadau yn Abergele dros y penwythnos. AM DDIM
Cyswllt: Pam 07740 302 894

Gwybodaeth yn gywir ar adeg cyhoeddi, fodd bynnag, gall fod yn destun newid. Gall ddyddiadau'r sesiynau amrywio dros wyliau banc, cysylltwch â threfnwyr y gweithgaredd yn uniongyrchol i gael rhagor o wybodaeth. This document is also available in English



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UK Government

WELLBEING ACTIVITIES Abergele & surrounding area



The Community Wellbeing Team help connect adults to activities available in their local area. Can't see what you're looking for? Contact the team today to find out about other opportunities available where you live.

Call: 01492 577449 Email: stayingwell@conwy.gov.uk Visit: www.dewis.wales

MONDAY

Yoga - 6pm - 7pm
The Kinmel Arms, The Village, St George. £5
Contact: Danielle 07825 251 120

Singing for Fun - fortnightly 1.30pm
Eglwys St. Sannan Church, Llansannan.
£2 including refreshments
Contact: Eifion 07584 413 400

THURSDAY

Yoga for All (includes Hatha yoga, Vinyasa and Yin yoga)
7:50pm - 8:50pm
Kinmel Bay Community Centre, The Square, Off Foryd Road, Kinmel Bay. £7 or £25 for 4 classes
Contact: Hong 07443 924 063

Singsation Choir - 7.30pm
Dewi Sant Centre, South Parade, Pensarn, Abergele.
£3.50 - Fee includes music. Payable by card only. First session free.
Contact: Jamie 07805 753 770

Line Dancing for beginners - 10am
Capel Mynydd Seion, 2 Chapel St, Abergele. £4
Contact: Maggie 07765 607 097

Crafty Beggars - 11am - 1pm
Kinmel Bay Social Club, 2 Crugan Avenue, Kinmel Bay.
FREE - Just pay for refreshments
Contact: Anna - 07410 623 979

TUESDAY

Swim Fit - 8pm
Abergele Leisure Centre, Faenol Avenue, Abergele.
Ffit Conwy membership
Contact: Abergele Leisure Centre 0300 456 9525



FRIDAY

Abergele Autumn Club - 10am - 12pm
Abergele Old Peoples Club, 3 Church Street, Abergele.
£2 for tea, coffee Biscuits. £1 Bingo and raffle. £6 annual subscription.
Contact: Ted 01745 825235

WEDNESDAY

Chair Yoga - 11:15am - 12pm
Dewi Sant Centre, South Parade, Pensarn. £4
Contact: Wendy 07443 456 109

Mix and Mingle - 2pm - 4pm
Festival Church, 87 Gors Road, Towyn.
FREE Donations welcome
Contact: Cllr Bernice McLoughlin 01745 361318 /
Cllr Lynda Griffiths 01745 355714

Social Evening - 7pm - 9pm
Festival Church, 87 Gors Road, Towyn. £3
Contact: Sian 01745 343781



WEEKEND

Festival Community Choir
Saturday 10.30am - 11.30am
Festival Church, 87 Gors Road, Towyn.
£1
Contact: Vicky 01745 343781

Abergele Incredible Edible
The group meet up at various locations in Abergele over the weekend. FREE
Contact: Pam 07740 302 894

Information correct at the time of publishing, however, may be subject to change. Session dates may vary over bank holidays, please contact activity organiser direct for further information. Mae'r ddogfen hon ar gael yn Gymraeg hefyd





CYNGOR TREF
ABERGELE



Neuadd y Dref a Swyddfa'r Cyngor/
Town Hall & Council Offices
Ffordd Llanddulas / Llanddulas Road
Abergele Conwy LL22 7BT
info@abergeletowncouncil.gov.wales
01745 833242

CYFARFODYDD I DDOD / FORTHCOMING MEETINGS

Fe gynhelir cyfarfodydd y Cyngor sydd i ddod ar y nosweithiau Llun ac Iau canlynol, gan ddechrau am 6.45y.h. Mae croeso i aelodau o'r cyhoedd ymuno â'r cyfarfodydd yn rhithiol, a dylent gysylltu â'r Clerc i gael linc y cyfarfodydd wedi ei anfon iddyn nhw trwy e-bost.

Forthcoming meetings of the Council will be held on the following Monday and Thursday evenings commencing at 6.45pm. Members of the public are welcome to join the meetings remotely and should contact the Clerk for the meeting link to be sent to them by email.

Dyddiad / Date	Cyfarfod / Meetings
14eg Rhagfyr / 14th December 2023	General Purpose & Planning / Amcanion Cyffredinol A Chynllunio
21ain Rhagfyr / 21st December 2023	Ordinary / Cyfarfod Cyffredinol
11eg Ionawr / 11th January 2024	General Purpose & Planning / Amcanion Cyffredinol A Chynllunio
18fed Ionawr 2024 / 18th January 2024	Ordinary / Cyfarfod Cyffredinol
8fed Chwefror / 8th February 2024	General Purpose & Planning / Amcanion Cyffredinol A Chynllunio
15fed Chwefror / 15th February 2024	Ordinary / Cyfarfod Cyffredinol
14eg Mawrth / 14th March 2024	General Purpose & Planning / Amcanion Cyffredinol A Chynllunio
21ain Mawrth / 21st March 24	Ordinary / Cyfarfod Cyffredinol

ADNABOD EICH CYNGHORWYR / KNOW YOUR COUNCILLORS:

Pentre Mawr

Cyngh/Cllr. Maria Davies
Cyngh/Cllr. Diane Green
Cyngh/Cllr. Trevor Jones
Cyngh/Cllr. Paul Luckock*
Cyngh/Cllr. Charles McCoubrey*
Cyngh/Cllr. Ann Williamson

Gele

Cyngh/Cllr. Paul Fletcher
Cyngh/Cllr. Pauline Heap-Williams
Cyngh/Cllr. John Jones
Cyngh/Cllr. Shirley Jones-Roberts
Cyngh/Cllr. Andrew Wood*
Cyngh/Cllr. Keilah Yarwood

Pensarn

Cyngh/Cllr. Tracey Brennan
Cyngh/Cllr. Alan Hunter*
Cyngh/Cllr. Nick Williams

Llansansiôr/St. George
Cyngh/Cllr. D Fetherstonhaugh

*hefyd Cyngorwyr Bwrdeistref Sirol Conwy

*also Conwy County Borough Councillors

Clerc y Dref / Town Clerk Mrs Mandy Evans

Ffôn / Tel 01745 833242



CYDNABYDDIAETH / ACKNOWLEDGEMENT

Council articles translated by
Mr John Ffrancon Griffith



@AbergelePensarn



Y RHIFYN NESAF/ NEXT ISSUE

Dyddiad cau derbyn erthyglau ar gyfer y rhifyn yr Haf fydd:
The closing date for receipt of articles for the Spring issue will be:

31.01.2024

admin@abergeletowncouncil.gov.wales



@abergelecouncil



Cyngor Tref Abergele Town Council

CYNGERDD NADOLIG CHRISTMAS CONCERT 2023

Gyda / Featuring

**Côr Alaw, Beulah Brass ac ysgolion lleol
am noson o gerddoriaeth a dathliadau i
bawb eu mwynhau!**

**Côr Alaw, Beulah Brass and local schools
for an evening of music & festivities
for all to enjoy!**

**TOCYNNAU/
TICKETS £5**

Under 16's Free

ar gael o Neuadd y
Dref /available from
the Town Hall & on
the night!

(CASH ONLY)

Rhif Fon/
Phone:01745
833242

Nos Wener 1af Rhagfyr

Friday 1st December

7yh/7pm

**St Michael's Church,
Abergele**

CROESO I BAWB ~ ALL WELCOME!

abergele