

CYNGOR TREF ABERGELE TOWN COUNCIL



Gwanwyn/Spring 2018

Cylchlythyr/Newsletter

Rhif/Issue 46

Neges y Maer

Mae hi bellach yn nesáu at ddiwedd fy nhymor swyddog fel Maer ac uwch-ddinesydd Abergele, ac mae wedi bod yn fraint ac anrhydedd i wasanaethu'r dref unwaith eto. Bu'n flwyddyn hynod o brysur yn cynrychioli Cyngor y Dref, a chwithau, drigolion, mewn amrywiol ddigwyddiadau a chyfarfodydd. Rydw i wedi cyfarfod pobl rhagorol - ble fyddem ni heb wirfoddolwyr sy'n rhoi o'u hamser eu hunain yn barod i helpu eraill? Diolch i chi i gyd yn fawr iawn.

Mae Cynllun Lleoliad Abergele'n cyflymu, ac mae yna brosiectau diddorol i ddod. Fe fydd prosiectau mawr megis rheolaeth trafnidiaeth yn amlwg yn cymryd mwy o amser i ddwyn ffrwyth. Fe hoffwn i ddiolch i'r Cynghorwyr, busnesau, a'r gymuned ehangach am eu hymroddiad i'r gwahanol brosiectau, a fydd yn y pen draw er budd y dref a'i thrigolion. A gaf i ddiolch i chi i gyd am eich cefnogaeth a'ch croeso yn ystod fy mlwyddyn swyddogol.



Mayor's Message

It is now nearing the end of my term of office as Mayor and first citizen of Abergele and it has been an honour and a privilege to serve the town once again. It has been an extremely busy year representing the Town Council and you as residents at various functions and meetings. I have met some wonderful people - where would we be without volunteers who give of their own time freely to help others? thank you all so much.

The Abergele Placeplan is

gaining pace and there are some exciting projects ahead, obviously the larger projects such as traffic management will take more time to come into fruition. I would like to thank the Cllrs, businesses and the wider community for their commitment to the various projects which will ultimately be for the betterment of the Town and its residents.

Could I thank you all for the support and welcome you have given me during my year of office.



CYNLLUN LLEOLIAD ABERGELE

Tra nad oes llawer o arwyddion materol yn y dref yn ymwneud â datblygiad y Cynllun Lleoliad, mae digon yn digwydd. Mae Grwpiau Gwaith Themâu'n gweithio'n galed i gydweddu canlyniadau'r ymgynghoriad cyhoeddus gyda'r adnoddau a'r cyfleoedd sy'n dod ar gael yn awr. Mae archwiliadau parcio a thrafnidiaeth wedi digwydd ac mae'r wybodaeth a gasglwyd yn cael ei dadansoddi. Mae arwyddion y dref, y rhai twristaidd a chyfeiriadol, wedi bod dan y chwydd wydr, ac mae cyfeiriad newydd, wedi ei lunio i gynorthwyo ymlwybro o amgylch y dref, yn cael ei ystyried. Yn y cyfamser mae prosiect blaen siopau'n cael ei ddatblygu, ac yn y pen draw gobeithir y gwiredir cyfleuster Brandio Tref a gwefan ar gyfer Abergele.

Mae oedi wedi bod ar y daith, ac fe all datblygiad weithiau fod yn rhwystredig o araf, ond mae'n mynd yn ei flaen serch hynny.

ABERGELE PLACEPLAN

Whilst there aren't many physical signs in the town regarding the progress of the Placeplan there is plenty happening. Thematic Working Groups are working hard to match the results of the public consultation with the resources and opportunities now becoming available. Parking and traffic surveys have taken place and the information gathered is being analysed. The town's signage, both tourist and directional have been under scrutiny and a new approach, designed to aid footfall around the town, is being considered. In the meantime a shopfront project is being developed and finally it is hoped that a Town Branding and website facility for Abergele Town is coming to fruition.

They have been delays along the way and progress can sometimes be frustratingly slow but it moves ahead nonetheless.

LLOCHES BWS PENSARN

Mae Cyngor y Dref yn ddiweddar wedi codi lloches bws newydd tua'r gorllewin ar Ffordd Tywyn ger Glan Dŵr ym Mhensarn.

Roedd y lloches bws cynt wedi dadfeilio. O ganlyniad i gais llwyddiannus i Gronfa Cymuned Fferm Wynt Glannau'r Rhyl yn 2017 a chyllid cyfatebol gan y Cyngor Dref lleol, fe all trigolion unwaith eto gysgodi rhag yr elfennau tra'n aros am eu bws.



PENSARN BUS SHELTER

The Town Council has recently installed a new bus shelter Westbound on Towyn Road near Glan Dŵr in Pensarn.

The previous shelter had fallen into disrepair. Following a successful grant application to the Rhyl Flats Wind Farm Community Fund in 2017 and match funding from the Town Council local.

residents can once again shelter from the elements while waiting for their bus.

GOSOD BANER R.A.F.A

Fe fydd Cangen R.A.F.A. y Rhyl ac Abergele'n gosod Baner Wreiddiol Abergele yn Eglwys Sant Mihangel, Abergele, ddydd Sul, Mai 6ed, am 3.30y.h.

Croeso i bawb.

LAYING UP of R.A.F.A STANDARD

Rhyl and Abergele R.A.F.A Branch will be laying up the Original Abergele Standard in St Michael's Church, Abergele on Sunday 6th May at 3.30pm.

All are welcome.

Cantorion Gele Ein hymddiheuriadau i Gantorion Gele na chawsant, oherwydd esgeulustod, eu henwi yn erthygl Passchendaele yn rhifyn diwethaf y Cylchlythyr. Mae'r Maer a Chyngor y Dref yn gwerthfawrogi cyfraniadau grwpiau lleol yn y gynuned, yn arbennig felly wrth greu rhywbeth mor arbennig â'r gwasanaeth Passchendaele. Mae gan Gantorion Gele bresenoldeb hirdymor yn Abergele, ac ar achlysur Gwasanaeth Passchendaele fe ychwanegon nhw at greu digwyddiad cofiadwy. I ddysgu mwy am Gantorion Gele a sut i ymuno gwelwch eu herthygl yn y rhifyn hwn.

The Gele Singers Our apologies are due to the Gele Singers who were inadvertently not mentioned in the Passchendaele article in the last edition of the Newsletter. The Mayor and Town Council appreciate all contributions from local groups in the community especially in creating something as special as the Passchendaele service. The Gele Singers have a longstanding presence in Abergele and, on the occasion of the Passchendaele Service, helped to create a memorable event. To learn more about the Gele Singers and how to join please see their article in this edition.

**Mae'r fainc yn ôl yn arhosfan
bws Giatiau'r Castell.**

**The bench is back at
Castle Gates bus stop**

**Mae'r gwaith atal sŵn
hir-ddisgwyliedig wedi
dechrau ar yr A55**

**The long awaited sound
mitigation works have
commenced on the A55**

**Yn dod yr haf yma
'Chwarae Allan' 2018
Parc Pentre Mawr a Parc Gele
Cefnogwyd gan Gyngor Tref Abergele**

**Coming this Summer
'Playing Out' 2018
Pentre Mawr Park & Parc Gele
Supported by Abergele Town Council**



@abergelecouncil



Jean Stubbs

Gyda thristwch y cyhoeddwn farwolaeth ddiweddar y Cyn-gynhgorydd Tref a Sir, Jean Stubbs, a gynrychiolodd Ward Pensarn am lawer o flynyddoedd. Roedd Jean yn gynghorwraig ymroddedig a frwydrodd er gwella cymuned Pensarn, ac roedd yn rhan annatod o brosiect Canolfan Dewi Sant o'i gychwyniad hyd at fod y ganolfan gymuned brysur, yr hyn yw heddiw. Rydym yn meddwl am ei theulu y dyddiau hyn ac yn anfon ein cydymdeilmad mwyaf diffuant atynt.

Jean Stubbs

It is with regret that we report the recent death of former Town & County Councillor Jean Stubbs who represented the Pensarn Ward for many years. Jean was a committed councillor who fought for the betterment of the community at Pensarn and was instrumental on the Canolfan Dewi Sant project from its inception to the busy community centre it is today. We are thinking of her family at this time and send our sincerest sympathy to them.

Corvettes by the Coast 27th May between 11-2pm

In support of Hope House charity and Free to all...



Adam Slater has organised an event in his hometown of Abergele called Corvettes by the Coast. It's to showcase Corvettes but also other classic American Cars. It stems from his nearest club meet being in Preston which is too far away and wanting to do something positive for the local community, so he took the initiative with the support of the owners club to set up an annual event for anyone living in the North West, Cheshire and North Wales.

Adam is looking for as many classic American cars as possible to attend. It will be held Abergele/Pensarn beach, next to the Beach Cafe. If you would like your car to be considered for the event or know anybody that does, please contact him on his Facebook page or at adam.slater@hotmail.co.uk with your name, contact details and details of your vehicle. All cars must be registered.

CLWB RYGBI ABERGELE



The weather has taken a toll on our fixtures with our Ladies team hardest hit as they travel to South and West Wales on a regular basis. The Senior Men's team have a quarter final tie to play at Flint in the Intermediate Plate Quarter Finals on the 17th February which will give them a focus during the 6 Nations competition which starts on the 3rd February. Once again, the Ladies team have shone, providing five players for the RGC squad in two recent matches. (Pictured from top left) Chelsea Symonds-Roberts, Beth Rose, Becki Davies, Shannen Davies and Elz Isaac (centre), were all included in a very talented and competitive squad which has, to date, recorded 2 wins from 2 against the Scarlets and Dragons regions.



Congratulations from all at the club!

Our Junior section held their Christmas Party, where almost 100 young players and siblings were fed, entertained and met Santa, a great time was had by all who attended.

We are currently being supported by the WRU who have ex Wales Ladies Captain, Rachel Taylor, doing coaching sessions in Ysgol Emrys ap Iwan with a view to recruiting more young players for our ever-growing Junior section.

All sections were pleased to be invited to help out on the Annual Christmas Float with the weather, for the most part, being kind. It's a great way for our members to put something back into the community.

We are always on the lookout for players of virtually any age and ability and also volunteers who feel they could find a little time each week to help out. The Club website is: <http://abergele.rfc.wales> please log on to keep up to date with your local rugby team.



Ladies



Gwledd Abergele Food and Craft Festival on Saturday 26th May 2018 11am - 4pm.

150+ stalls throughout Pentre Mawr Park with a lovely balance of local food & craft stalls and Free Entry. We have an allocated Children's Section with amusements and attractions so fun for all the family.

A fun dog show with 7 categories will start at 12pm and be judged by a local dog trainer. Categories are; Most Appealing Eyes, Best Sitter, Best Puppy, Waggiest Tail, Golden Oldie and Judge's Choice. It is £1 per entry, per dog to enter. Rosette's given from 1st to 3rd.

We have a charity raffle with draw at 3pm and all proceeds going to Harrison16Fund who is an Abergele based charity sending children affected by Cancer for an all expenses paid break to see the Blackpool Illuminations.

We are proud to support local community groups and local businesses bringing the event to the whole town.

Another chance to bowl a bowl

Ever fancied trying your hand at bowling? Over the past couple of years dozens of local people have not only tried it, but gone on to become crown green regulars.

Abergele Bowling Club regularly begins its season by offering free taster and coaching sessions at their superb green on Water Street, and this year is no exception.

"The programme has been a great success," says club chairman Trevor Clarke. "It allows people of any age to give the game a try without having to buy any bowls or make any commitment.

"What we find is that most of them enjoy the experience and go on to join the club, to the point where last year we launched a new friendlies team to give these less experienced players the chance to gain real match experience."

And, as further proof of the club's recruitment successes, the club, which celebrates its 80th anniversary this year, is introducing another new team, for less experienced players of 60 or older.

"Crown green bowling is doing well in Abergele and North Wales as a whole, but we can't afford to be complacent because money is always tight," says Trevor. "By bringing in new members we help our finances and we give people a new hobby - it's a win-win."

Anyone interested in bowling should keep an eye on the club's website: www.abergelebowlingclub.com.



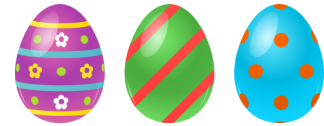
How times change! Seventy years ago, when Abergele Bowling Club was only 10 years old, the game was dominated by men.



While today there is an equal mix of both sexes. Above, a 1947 team with their Vale of Clwyd League Champions Shield, and members of today's ladies' team, looking decidedly less formal.



LENT/EASTER SERVICES



St Michael's

- From
- **16 February**
- Friday Evening Meditation during Lent 6:30pm,
- **Starting 19 February**
- Morning prayer every Monday and Thursday morning during Lent at 8am,
- **25 March**
- Palm Sunday
- 8am Holy Eucharist
- 11am Holy Eucharist and a dramatic reading of the Passion of Jesus Christ
- 2pm Cytun Walk of Witness
- **28 March**
- Holy Wednesday
- 10:30am Holy Eucharist
- **29 March**
- Maundy Thursday
- 7pm Iona style Communion and stripping of the altars
- **30 March**
- Good Friday
- 2pm The Last Hour, Hymns and Readings

1 April

Easter Sunday
11am Holy Eucharist
5pm Cymun Bendigaidd Pasg

St George

25 March

Palm Sunday
9:30am Holy Eucharist and a dramatic reading of the Passion of Jesus Christ

30 March

Good Friday
1pm Good Friday Adoration of the Cross

1 April

Easter Sunday
9.15am Holy Eucharist

Dewi Sant

27 March

Holy Tuesday
10:30am Holy Eucharist

30 March

Good Friday
12 noon Good Friday liturgy



FAIRTRADE STATUS RENEWED

Abergele has successfully renewed Fairtrade Town status for two years, following its continuing commitment to promoting Fairtrade. The Abergele Fairtrade Committee revealed its plans to promote Fairtrade to schools, community groups and businesses in the area by taking part in campaigns, including the UK-wide Fairtrade Fortnight at the end of February.

Rod Brocklehurst, Chairman of the Abergele Fairtrade Committee, said he was very pleased that the Fairtrade Status was to continue. "Our small voluntary committee is encouraged by the response of several local businesses, schools, churches as well as by the increased awareness

of the public at large. We are also very appreciative of the commitment of Abergele Town Council. To get involved in Abergele

Fairtrade visit facebook: 'abergelefairtrade' or phone 01745 824708



For more information about the FAIRTRADE Mark and how to apply for Fairtrade status, visit www.fairtrade.org.uk.

St Paul's English Methodist Church
St Paul's Methodist Chapel
Bridge Street, Abergele
Easter services



Palm Sunday 25th March. Cytun (Churches Together in Abergele) Walk of Witness starting at 2pm from Tescos

Maundy Thursday 29th March 10.30am. Holy Communion service led by Rev. Judith Holliman

Good Friday 30th March. 10.30am Service led by Rev. David Woodward

Easter Day 1st April 10.30am. Holy Communion service led by Rev. David Halstead

(When the rugged cross is transformed with flowers to celebrate the Resurrection) (see photo)

SOUNDS FANTASTIC

The Abergele & District Electronic Organ Society

WE MEET ON THE SECOND TUESDAY EACH MONTH

AT RHYL TOWN HALL

FOR CONCERTS PERFORMED BY INTERNATIONAL ORGANISTS

LISTEN TO MUSIC FOR EVERYONES TASTE.
 BIG BAND SOUNDS, MUSIC FROM STAGE & FILMS, BRASS BAND,
 JAZZ OLD AND MODERN, RAGTIME TO ROCK & ROLL.

ALL ARE MADE WELCOME

10th April Chimo Sunamoto

8th May Nicholas Martin

12th June Mark Thompson

10 July Ian Griffin

15th August Steve Hubble *Wednesday Concert*

11th Sept To be arranged

9th Oct Ryan Edwards

13th Nov Phil Brown

11th Dec To be arranged

PHONE 01745 814192

Coffee & Chat Club, Pensarn.

The club meets at Dewi Sant.
 each Friday morning between 9.30 and 11.30am

Come and join us in a warm and friendly setting. There are plenty of members and the committee organises an event every month to suit all tastes.

We regularly enjoy a lunch either at the Club or one of the local restaurants. In the Club meetings there is always a quiz, bingo or even a beetle drive to keep everyone entertained, but whatever you like there is always room for a chat with friends.



In December we had an excellent lunch at Maenan Abbey Hotel. Good food, good service and a great day out for the members. Our Christmas party on 15th December put everyone in a festive mood and brought 2017 to a happy end.

Barry Shephard: 01745 852308

Abergele Handicapped Club

The members were welcomed back on the 16th January and we wish them all another happy year with the Club.

The latest Newsletters were distributed with all the activities and entertainment for the coming months.

Our Spring Coffee Morning is to be held on the Saturday 7th April at the Old Peoples Room, Church Street 10a.m.-12 noon. with a variety of stalls and a raffle. All proceeds to go toward Club funds.

We now have 40 members including our faithful helpers and our aim is to bring sunshine and friendship into the lives of the disabled and lonely.

PAT PARKER



01745 832273



Abergele Womens
Institute

Forthcoming events for
2018

19th April Speaker Alan Benbow.

Subject :Anecdotes.

17th May Speaker Joan Neal.

Subject :Why I moved to Wales

21st June Speaker Islwyn Parry retired Teacher,

Subject :Tales from the classroom.

19th July Speaker Nia Jones.

Subject: Plastic Soup

August No meeting.

This is a reformed Womens Institute, meeting on the third Thursday each month, at St Pauls Church Schoolroom, commencing at 7pm,

We are a forward thinking group. and have a good mix of educational interests and social activities also, including , monthly reading group, craft group, and most popular of all Ladies that Lunch. Please Ladies come along to our meetings where you will be sure of a warm welcome and make many new friends.

Cantorian Gele Singers.

Mondays 7-9pm

Red Cross Rooms, nr St Michael's

Musical Director: Janice Hopkins

Since the Spring 2017 we have become a group of lady singers and our first engagement was at St Michael's Church taking part in the Memorial Passchendaale Service.

In December we gave our services and support to St. Kentigern's Coffee Morning and we were also invited to Afternoon Tea at the Stroke Unit at Glan Clwyd Hospital to entertain both patients and visitors.

During Spring and Summer 2018 we are aiming to present musical events and have been invited to entertain at Abergele League of Friends Summer Fayre.

Any ladies who would like to join a friendly group would be made very welcome, Croeso i ymuno a ni, no experience is necessary and there are no auditions, just come along and lift your spirit with song.



For any further information please ring Janice on 0780 5996 812



ABERGELE & DISTRICT ROYAL BRITISH LEGION

wish to offer their sincere thanks to all organisations, businesses, Schools and the general public, for their generosity during the 2017 Poppy Appeal.

A special 'Thank You' to all the volunteers for their support, without your help, the Poppy Appeal could not be a success.

The amount raised was :- **£ 14, 346.68**

Thank you also, on behalf of all those who will benefit from your generosity and support.

Yours Sincerely, Geoff Kelsall (Poppy Appeal Organiser)

THE ROYAL BRITISH
LEGION



ABERGELE GARDEN SOCIETY



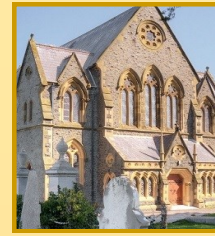
Abergele Garden Society meets the second Monday of every month (except December and January) in Mynydd Seion Chapel Rooms, Llanfair Road, Abergele, LL22 7AW, starting at 7.30 pm.

At every meeting there is a mini-show competition and raffle, and then we round off the evening with a friendly chat over tea, coffee and biscuits.

The Society has a full programme of speakers for this year, covering a range of topics, including
9th April Kevin Bailey - *Fungi*.
14th May Ingrid Millington - *Bulbs All Year Round*,
11th June Dafydd Lloyd Borland - *Prairie Planting*.

For further details of the Society and our Programme of Events, please see our website www.abergelegardensociety.org.uk, or contact our secretary Wendy Price. New members and visitors are always welcome at the Garden Society

Dewch I
ddathlu!



1868-2018

Mynydd Seion Abergele

DEWCH I DDATHLU

Dydd Sadwrn, Mehefin 9^{fed} 2018

Pen-blwydd MYNYDD SEION yn **150** mlwydd oed

Yn ystod y dydd

- Arddangosfa o hanes Mynydd Seion
- Datganiadau ar yr organ
- Tê y Dathlu

Gyda'r nos cynhelir OEDFA'R DATHLU

Cais I aelodau a chyfeillion Mynydd Seion:

Os oes gennych luniau diddorol neu unrhyw daflen o wybodaeth am weithgaredd y Capel, a fydddech yn fodlon eu rhoi ar fenthyl yn yr arddangosfa?

Cysylltwch â un o swyddogion y Capel



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26 Market Street, Abergele, LL22 7AA

Venue	Activity	When	Cost
Hafod y Park Kinmel Avenue Abergele LL22 7LX	FITNESS & WELLBEING with Natasha White ☎ 07919 131516. Instruction and gentle exercise for anyone who wants to improve their mobility, agility and ability to relax.	Monday beginning 8/01 1:30-2:30	5.00
Dewi Sant Community Centre, Pensarn LL22 7RG ☎ 07975 543020	ABERGELE BOCCIA CLUB —seated indoor bowls, fun & suitable for all abilities. ✉ gill.stafford@talk21.com	Wednesday 1:00-2:30	£2.00
	CAFFI CWTCH - Say no to loneliness and pop on down for a cuppa, a biscuit and a chat. Everyone welcome!	Wednesday, 1:00-2:00	Free
Itaca, Hesketh House, Bridge St, Abergele LL22 7HA ☎ 01745 826570	MENS SHED —if you like designing and making things, working on your own or shared project, or just want to come for a cuppa and meet like minded fellas, this is the place for you!	Monday 10:00-12:00	Free
	IT CLASSES FOR BEGINNERS - Limited spaces, call to book a space!	Thursday 10:00 - 12:00	Free
Abergele Youth & Community Centre Abergele LL22 7BP	ABERGELE AUTUMN CLUB A social club for 60+ with coffee, trips and bingo, a great place to connect. ☎ 01745 334794	Tuesday 10:00-12:00	£1.50
Mynydd Seion Hall, Chapel Street, LL22 7AW	LINE DANCING (Absolute Beginners) LINE DANCING SOCIAL (All levels) ☎ 01492 530985 A fun way to exercise the body and mind and make new friends at the same time! Cowboy boots not required!	Thursday 10:00-11:00 11:00-1:00	£3.50
Ysgol Cernwy Llangernwy, LL22 8PW	PILATES (Ffit Conwy) - Breathe with awareness and restore balance. Focus on alignment whilst strengthening the body.	Monday 7:00 - 8:00	£6.00
Kinmel Bay Community Library, Kendal Road, Kinmel Bay, LL18 5BT	MEMORY CAFÉ - a friendly session where you can come along for a cuppa and a chat. Suitable for people living with dementia but everyone is welcome ☎ 01745 772150	Monday monthly 29/01; 26/02; 26/03 2:00-4:00	Free
Gweithgaredd	Pryd	Pris	Pryd
Hafod y Park Kinmel Avenue Abergele LL22 7LX	FITNESS & WELLBEING gyda Natasha White. Cyfarwyddiadau ac ymarfer corff ysgafn ar gyfer unrhyw un sydd eisiau gwella ei symudedd, ystywyther a'i allu i ymlacio. ☎ 07919 131516.	Dydd Llun yn dechrau 8/01 1:30-2:30	5.00
Dewi Sant Community Centre, Pensarn LL22 7RG ☎ 07975 543020	CLWB BOCCIA ABERGELE —Bowlio dan do ar eich eistedd. Hwyllog ac addas i bobl o bob gallu. ✉ gill.stafford@talk21.com	Dydd Mercher 1:00-2:30	£2.00
	CAFFI CWTCH. Gwrthodwch unigrwydd a dewch draw am baned, bisged a sgwrs. Croeso i bawb!	Dydd Mercher 1:00-2:00	AM DDIM
Itaca, Hesketh House, Bridge St, Abergele LL22 7HA ☎ 01745 826570	SIED Y DYNION Os ydych chi'n hoffi dylunio a chreu pethau, gweithio ar eich pen eich hun ac ar brosiectau gydag eraill, neu os oes arnoch chi eisiau paned a chwrdd â phobl o gyffelyb fryd, dyma'r lle perffaith i chi!	Dydd Llun 10:00-12:00	AM DDIM
	DOSBARTHADAU TG I DDECHREUWYR — Mae llefydd yn gyfyngedig, ffoniwch i archebu lle!	Dydd Iau 10:00—12:00	AM DDIM
Ieuencid a chanolfan gymunedol Abergele LL22 7BP	CLWB HYDREF ABERGELE Clwb cymdeithasol i bobl 60 oed neu'n hyn gyda choffi, teithiau a bingo. ☎ 01745 334794	Dydd Mawrth 10:00-12:00	£1.50
Mynydd Seion Hall, Chapel Street, LL22 7AW	DAWNISIO LLINELL (Dechreuwyd Llwyd) gyda Maggie Healy CYFARFOD DAWNISIO LLINELL CYMDEITHASOL (pob gallu) ☎ 01492 530985 Ffordd hwyllog i ymarfer y corff a'r meddwl a gwneud ffrindiau newydd ar yr un pryd! Esgidiau cowboi Dim angen!	Dydd Iau yn dechrau 1/02 10:00-11:00 11:00-1:00	£3.50
Ysgol Cernwy Llangernwy, LL22 8PW	PILATES (Ffit Conwy) — Anadlu gydag ymwybyddiaeth ac adfer cydbwysedd. Canolbwyntio ar aliniad tra'n cryfhau'r corff.	Dydd Llun 7:00-8:00	£6.00
Kinmel Bay Community Library, Kendal Road, Kinmel Bay, LL18 5BT	CAFFI COF — sesiwn gyfeillgar lle gallwch chi alw draw am baned a sgwrs. Addas ar gyfer pobl sy'n dioddef o ddementia, ond mae croeso i bawb ☎ 01745 772150	Dydd Llun bob mis 29/01; 26/02; 26/03 2:00-4:00	AM DDIM

Abergele and District Flower Club

Abergele & District Flower Club Meetings are held on the first Monday of the month at St. Paul's Chapel Hall, St. George Road, Abergele at 7.30 pm except for Bank Holidays when an alternate date is arranged.

We have had a wonderful year of demonstrations and workshops planned that we hope will inspire and refresh your creativity with our new programme for 2018.

This year's programme commences on Tuesday April 10th 2018 after the Bank Holiday. The demonstrator for the evening, **Kathleen Williams** will present her title "**Once In A Blue Moon**".

So come along and join us for a relaxing evening. We will be serving refreshments from 7 00pm..

For any further information contact our chairman Rosemary Gilmartin 01745 582427

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Just

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VaughanLawns.co.uk 0800 29 22 297

Abergele Hospital League of Friends News Update

Happy New year to all our community from the Abergele Hospital League of Friends!

We ended last year with a very successful Carol Service at St Michael's church. The change of venue was so successful that we will repeat it this year. Beulah Brass and the children of Glan Morfa Ysgol were both stunning!

Please make a note in your diary for our events this year 2018 to which all are welcome!:

<u>19th April</u>	<u>6.30pm</u>
	AGM Manchester Lounge Tea Bar
<u>10th May</u>	<u>7.30pm</u>
	Llansannan Male Voice Choir Mynydd Seion Chapel Community Room.
<u>23rd June</u>	<u>1.30pm -4pm</u>
	Summer Fete at Abergele Hospital.



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A

BERGELE RAMBLING CLUB

Celebrate **30** years of Rambling.

Abergele Rambling Club is one of several walking groups in North Wales. It was founded in September 1987 by a newly retired group of friends who were fit and active and wanted to explore the beautiful countryside of North Wales.



We walk most Sundays. Our programme is issued to members twice annually, and you will find the next few walks on our web site

(abergeleramblers.wixsite.com). Our walks are usually 6 to 9 miles in length and vary in character, from mountain top walks to more pastoral settings. We try to be environmentally friendly by meeting in Abergele and car share. Membership costs £10 per year (Oct - Sept)

For our 30th anniversary we enjoyed an excellent meal at Bod Erw, St Asaph where one of our members had written a poem and presented us all with a copy.

ABERGELE AUTUMN CLUB



Meets every Tuesday morning between 10 a.m. and 12 noon at the Abergele Community Centre next door to the Library. Tea/coffee and a biscuit are provided at a charge of £1. There is also a raffle at a cost of 50p per ticket and a game of bingo. All senior citizens are warmly invited to join us.

We try to arrange a day out each month during the Summer and a Christmas lunch in December which last year was at Faenol Fawr and enjoyed by all. After lunch we went to the Tweed Mill for some Christmas shopping.

For further information please phone Norma Jones 01745 334794 or Ann Williams 01745 825882.

Canolfan Dewi Sant Centre, South Parade, Pensarn.



Many local groups and agencies are based at Canolfan Dewi Sant Centre, Pensarn. There are activities every day. From ages 0 to 100 - there is something here for everyone.

We have support groups, social groups, fitness classes, karate, kickboxing, yoga, dance classes for children, Weightwatchers, Job Club, educational classes, boccia classes, choir rehearsals, parent and toddler group, hearing aid clinic, family support groups, a community café on a Monday, pop in coffee shop on a Wednesday afternoon and lots more!

If you would like to be added to our E-mailing list to keep up to date with everything that's happening here, please email Theresa Curran, Centre Co-ordinator on dewisant@btconnect.com or telephone her on 07975 543020.

ABERGELE OVER 60'S CLUB

The Abergele over sixties club would like to take this opportunity to thank all its members and people who supported the club by their generosity during 2017 and are confident that it will continue throughout 2018.

This support has enabled the club members to go on coach trips for lunch or afternoon tea, Bells of St Mary's Cayley Flyer, Gwesty Glyndwr, a Christmas dinner and Christmas party was held at the club.

If you or anyone you know who are on their own and would benefit from a few hours of good company, a chat and a game of bingo then please call at the club on Friday afternoon or phone 07954763422.

The club are expecting three trips out and a couple of lunches in 2018.

Volunteers Needed!

A leading sight loss charity is calling for volunteers to help run an Abergele-based support group for people with macular disease.

Macular Society



The Macular Society is appealing for anyone living locally who would be willing to give up some of their time to help organise and run the group's monthly meetings, with help from the charity's services and volunteering team. The group is also looking for people to assist with general tasks such as booking guest speakers each month.

The Abergele Macular Support Group meets on the third Monday of each month, from 1.30-3.30pm, at 1 Hafod-Y-Parc, Kinnel Avenue, Abergele, Clwyd LL22 7LX. It is one of 25 groups of its kind in Wales and more than 350 in the UK offering vital information, encouragement and friendship to people who are affected by macular disease.

Adele Francis, Macular Society regional manager, said: "With more than 200 people in the UK being diagnosed with macular disease every day, the existence of our support groups has never been more important. If you have some free time and would be willing to help out once a month, either by helping to organise the meetings or assisting in some other way, we would love to hear from you. "We will also be available to support our volunteers as they learn their new roles and provide any guidance they need going forward."

For more information about the Abergele Macular Support Group, please contact Adele Francis on 01639 843236 / 07494 468007, or email adele.francis@macularsociety.org

Gwrych Castle Preservation Trust



Schools have been visiting Gwrych for the last few weeks to get involved in workshops, writing poems about Gwrych and WWII and how to edit their poems.

Each school has a team of pupils that get involved, including the mammoth task of clearing the East Lawn for a wedding in September.

If you would like your school to be involved in anything at Gwrych from physical to more educational times please get in touch with Diane at gwrycheducation@gmail.com

Needed Now

Performers, actors, writers, storytellers for WWI performance in June

Volunteers Wanted

To run guided tours around the castle to members of the public, run events and much more contact Robin on gwrychevents@gmail.com

Keep an eye on the website, more events being added regularly



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Events coming up....

Palm Sunday Walk of Witness 25th March

Gwrych Castle Preservation Trust

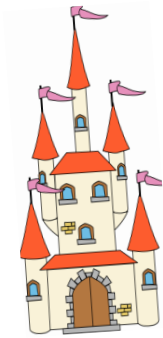
(Return of the) Dragon Easter Egg Hunt

30th March to 2nd April

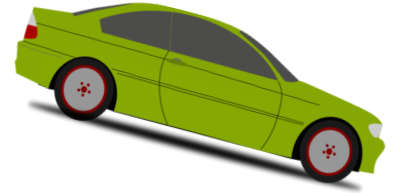
Countess Birthday Bash

April - 21st and 22nd

(Booking essential)



WI—See article



Abergele Handicapped Club Spring coffee morning

Saturday 7th April

Abergele Garden Society, Chelsea, fungi and bulbs

See article for dates

Abergele and District club

2018 programme commences on 10th April

Abergele Hospital League of Friends

Events start 19th April

Church Services—See articles

Gwledd Abergele Food & Craft Festival

Saturday 26th May—11am to 4pm

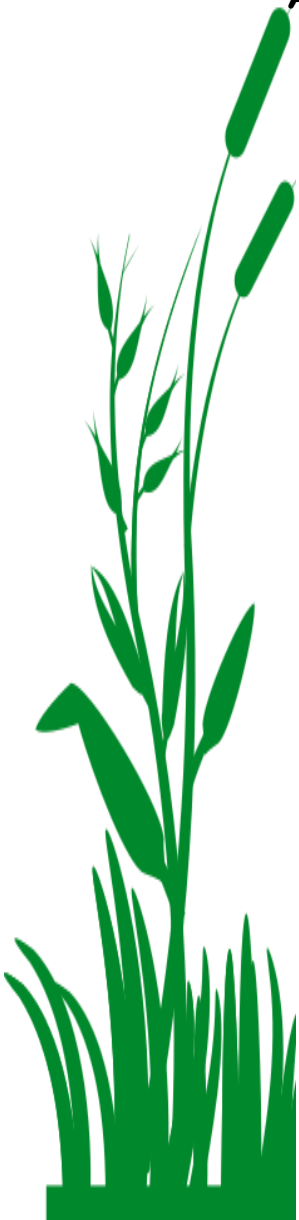
Corvettes by the Coast

27th May - 11 to 2pm



Sounds Fantastic

See article for information about dates



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KNOW YOUR COUNCILLORS:**

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Cllr. Sam Rowlands*

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Gele

Cllr. Dr Mark Baker*

Cllr Pauline Heap-Williams*

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RHEOLAETH GYFFREDINOL NEWYDD GWARCHOD DATA.

Nod y RHGNGD yw cryfhau a chyfuno gwarchod data unigolion sy'n dod i rym ar Fai 25ain, 2018.

O fis Mai fe fydd defnyddio data personol, yn cynnwys ffotograffau a manylion cyswllt, yn agored i broses ffurfiol yn gofyn am ganiatâd penodol ac nid dealliedig.

Ni ellir cymryd yn ganiataol, os bydd ysgrifennydd eich clwb yn cyflwyno llun o'r aelodau neu o dîm i'w ddefnyddio yn y Cylchlythyr, bod pob person unigol wedi cytuno i rannu ei ddata personol yn y ffordd yma. Rhaid cael caniatâd gan bob unigolyn.

Beth y mae hyn yn ei olygu ar gyfer rhifynnau i ddod?

Yn fyr:

a. Fe fydd ar Gyngor y Dref angen caniatâd ysgrifenedig ffurfiol gan bawb o'i gysylltiadau yn y gymuned i gadw eu data personol i'w ddefnyddio ar gyfer pwrpasau arbennig yn unig.

b. Fe fydd angen i sefydliadau sy'n rhannu gwybodaeth yn rheolaidd gyda Chyngor y Dref drefnu caniatâd perthnasol gyda'u haelodau cyn y gellir defnyddio'r wybodaeth yna'n gyfreithlon gan y Cyngor ar gyfer amcanion arbennig, megis y Cylchlythyr.

Am fwy o wybodaeth am RHGDGN a sut y mae'n effeithio arnoch chi ewch i: ico.org.uk/for-the-public/

NEW GENERAL DATA PROTECTION REGULATION

The new GDPR aims to strengthen and unify data protection for individuals and comes into effect on May 25th 2018.

From May the use of personal data including photographs and contact details is now subject to a formal process requiring **explicit** and not **implied** consent. It cannot be assumed that, if your Club secretary submits a photo of the members or team to be used in the Newsletter, that each individual has consented to their personal data being shared in this way. Consent has to be sought from each individual.

What does this mean for future editions?

In short:

a. The Town Council will require formal written consent from all its contacts in the community to store their personal data to use for specific purposes only.

b. Organisations who regularly share information with the Town Council will need to arrange appropriate consents with their members before that information can be used legitimately by the Council for specific purpose such as the Newsletter.

For more information about GDPR and how it affects you visit : ico.org.uk/for-the-public/

CYFARFODYDD I DDOD/FORTHCOMING MEETINGS

Dyddiad / Date	Cyfarfod / Meetings
5 April/Ebrill	Cyffredinol/Ordinary
19 April/Ebrill	GP&P/P&F
3 May/Mai	Cyffredinol/Ordinary
17 May/Mai	GP&P/P&F
7 June/Mehefin	Cyffredinol/Ordinary
21 June/Mehefin	GP&P/P&F
5 July/Gorffennaf	Cyffredinol/Ordinary
19 July/Gorffennaf	GP&P/P&F

Y RHIFYN NESAF/ NEXT ISSUE

Dyddiad cau derbyn erthyglau ar gyfer y rhifyn nesaf fydd:

The closing date for receipt of articles for the next issue will be:

31 May / Mai 31 2018

admin@abergele-towncouncil.co.uk

CYDNABYDDIAETH /ACKNOWLEDGEMENT

Council Articles Translated by
Mr John Ffrancon Griffith